# 2022 Summer Camp Guide

# (585)

Babies and books p. 26

Family board games p. 29

Heaven is a halfpipe p. 32

FREE!
PLEASE TAKE ONE
585KIDS.COM

SPRING 2022 Volume Two - Issue Two CAMP FAIR GUIDE

There's a camp for absolutely everyone p. 15 BOOK NOOK Graphic novels take center stage p. 24 FEEDING YOUR
FAMILY
Spring salad for
warmer days
p. 28

JUST FOR KIDS Mindfulness moments, "Audrey Asks" and more—

p. 35



# CANANDAIGUA SAILBOARD

SCAN THE QR CODE TO LEARN ABOUT OUR SUMMER 2022 KIDS SUMMER CAMP

We have one key mission at Canandaigua Sailboard-connect you and your family to nature through exceptional experiences. Whether you're looking to take a light SUP tour around the Finger Lakes, learn to wakesurf, or are simply looking to kayak around the north-end of the lake - Canandaigua Sailboard is your gateway to the chosen place.

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# Camp Stella Maris Rochester's premier



# summer camp since 1926

Located on only 30 minutes from Rochester on Conesus Lake, CSM's Overnight and Day camps are week-long sessions held throughout the summer.





SUMMER INTENSIVES

#### **ADVANCED INTENSIVE**

2 Weeks: August 1-12 Monday - Friday 9:30am - 2:30pm

#### **INTERMEDIATE INTENSIVE**

2 Weeks: July 11-22

and/or

2 Weeks: August 1-12 Monday - Friday 9:30am - 2:30pm

#### CHILDREN'S INTENSIVE

2 Weeks: July 11-22 Monday - Friday **Level 2** 9:30am - 12pm Level 3 9:30am - 1pm

#### YOUNG CHILDREN'S DIVISION

Saturdays: July 9-30

Pre-Ballet: Saturdays 9:15am - 10am Level 1A: Saturdays 9am - 10am Level 1B: Wednesdays 4pm - 5pm and Saturdays 9am - 10am

lutcracker

**AUDITIONS** in July 2022

Our beautiful and spacious studios are located in the Wegmans Country Club Plaza in East Rochester at 821 Fairport Rd.

Call 585-203-1763 or (585) 704-1903 now to enroll!



# Cinderella



Saturday, April 2 @ 2pm & 7pm Sunday, April 3 @ 2pm



#### Roberts Wesleyan College

Howard Stowe Roberts Cultural Life Center Andrews B. Hale Auditorium 2301 Westside Dr. Rochester, NY 14624

#### **Live Performance Tickets:**

Dance Recital Ticketing: Phone: (706) 550-1416 https://29023.danceticketing.com Or scan the QR code



#### **Virtual Performance Tickets:**

Eventbrite: www.eventbrite.com Or scan the QR code



All tickets are also available on our website: www.newyorkstateballet.org Or call NYSB at (585) 704-1903

Group Discounts Available

Come in costume!

# Hello (585) families



I never went to summer camp. My mother had been traumatized by it, for one thing, and so refused to foist it upon me, and anyway I grew up in the woods, far away from . . . everything.

My friend Beth's mother, conversely, threatened her with summer camp as a punishment for bad behavior—and did send her one year! She hated it.

But back then, summer camp meant one thing: sleepaway camp. Nowadays, there are dozens of choices, both day camps and overnight—the variety is astonishing. That's what this issue, and our annual Summer Camp & Activity Fair, is all about. Whether kids are into sports, science, art, or opera—or a combination

of many things—you'll be able to find a camp to suit.

From all of us at (585) Kids, have a super summer!

—Jane Milliman, Publisher

PS) Interested in gardening? Check out our sister publication, *Upstate Gardeners' Journal* (upstategardenersjournal.com).

PPS) Love food, drink, culture, and all the adventure our area has to offer? Pick up (585) magazine (585mag.com).

# **K**(585)**O**S

**Publisher** Jane Milliman

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Managing Editor Christine Green

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Tony Zanni

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#### **FEEDBACK**

We'd love to hear what you think! Write to jmilliman@585kids.com or letters to the editor, (585) Kids, 1501 East Avenue, STE 201, Rochester, NY 14610.

### DEADLINES FOR LISTINGS

Calendar listing deadlines for our upcoming issues are as follows:

For Summer 2022 issue: May 10 For Fall 2022 issue: Aug. 10 For Winter 2023 issue: Nov. 10 For Spring 2023 issue: Feb. 10

#### **ADVERTISING**

If you'd like to learn about advertising in an upcoming issue of (585) Kids or on our website, please call (585) 413-0040.

### PLEASE RECYCLE THIS MAGAZINE

## PRINTED BY FreeportPress®

#### WHAT WE DO:









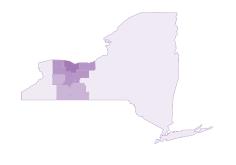
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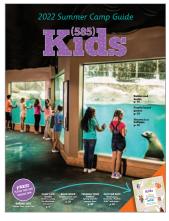






**SPRING 2022** 





ON THE COVER
Photo by Tomas Flint
Design by Cathy Monrad
Special thanks to MTF Models and the
Seneca Park Zoo.

#### **Features**

#### 15 Camp Guide

Summer is just about here, and it's time to pick a summer camp option. Will it be horseback riding, rock climbing, or camping in the woods? The decision will be easy with our handy 2022 Camp Guide.

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#### **CONTRIBUTORS**

**Megan Colombo** connects the community to top-rated spaces and places in the 585 as Yelp Rochester's senior community manager.

**Emily DiCesare** is an E.R. doc by trade, salad blogger by passion, who lives in Brighton with her family.

**Lenora Kasper** is an intern for (585) magazine and (585) Kids. She is a junior at SUNY Brockport majoring in journalism and broadcasting.

**Sarah Mead** is a writer who loves children's books and dance parties

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**Terri Ercole** is an elementary school teacher and community volunteer with the Center for Youth in Rochester.

**Deena Viviani** is the young adult services librarian at Brighton Memorial Library.



**Tony Zanni** is an adrenaline junkie, owner of Type High Letterpress, an "old guy" on a little bike, and a rally car driver.



**Audrey Mead** is a curious fifth grader with a passion for reading. She loves legos, performing in musicals, and writing stories.

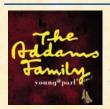
#### SUMMER 2022 THEATER CAMPS @ STAGES



Urinetown the Musical
Entering Grades 7 - 12
(3 weeks) June 27 - July 1,
July 5 - 8, July 11 - 15 (M - F)
9:00 a.m. - 4:00 p.m.

Magic Treehouse
The Knight at Dawn, KIDS
Entering Grades 1 - 5
July 18 - 29 (M - F)
9:00 a.m. - 4:00 p.m.





The Addams Family YAP
Entering Grades 4 - 8
August 1 - 12 (M - F)
9:00 a.m. - 4:00 p.m.

Newsies, JR
Entering Grades 6 - 10
August 15 - 24 (M - F)
9:00 a.m. - 4:00 p.m.
Performances:
August 26 & 27

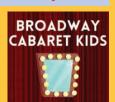


Stages Theater 875 East Main Street Suite 380 Auditorium Center Rochester, NY 14605

MJTStages.com 585-935-7173

# STAGES SUMMER 2022 THEATER CAMP @ JCC

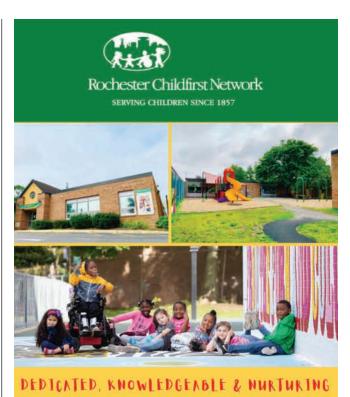
Broadway Cabaret Kids Entering Grades 2 - 5 August 1 - 5 (M - F) 8:30 a.m. - 12:30 p.m. Showcase on final day



(to add on afternoon camp available through JCC, email tykes@jccrochester.org)



Stages Camp @ the JCC 1200 Edgewood Ave www.MJTStages.com 585-935-7173 email Stages@MJTStages.com



Rochester Childfirst Network is a not-for-profit agency dedicated to advancing the quality of early education and care in Western New York, through leadership, advocacy, and innovative direct services to children.

#### 6 WEEKS TO 12 YEARS OLD

- Infant Care
- Toddler Care
- Universal Pre-K
- Before & After School Care
- Special Education Services
- Summer Camp
- Training for Family Child Care
   Providers

### **ENROLL NOW!**

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www.rcn4kids.org | 585-473-2858







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H&M • abercrombie kids
Janie & Jack • Build-A-Bear
LEGO • The Children's Place
GAP Kids • Von Maur







#### BY JINELLE VAIANA



**RocVentures** 



Lilac Fest parade



Lego Expo

#### TAKE YOUR CHILD TO NEW HEIGHTS

Are your kids scaling the walls at home, looking to burn an endless supply of energy? Take them to RocVentures, where they can scale rock climbing walls instead.

The business, which has been locally owned since 1995, is offering a Youth Club program to get kids climbing in a non-competitive group setting of eight to twelve participants. Climbers between the ages of ten and seventeen sign up for a recurring youth membership, pay club dues and first two months upfront, and sign up for one to three days a week (days to choose from include Tuesday, Thursday, and Saturday).

Harnesses and climbing shoes are provided with club dues, or kids can use their own equipment. Warmups and cooldowns are led by youth coaches and involve a variety of stretching activities before kids hit the walls.

For a trial run drop in for \$25, then sign up for the program at a cost of \$54 per month for membership plus \$40 per club day, per month (e.g., \$120 for Tuesday, Thursday, and Saturday).

RocVentures, 1044 University Ave., 442-5462 (rocventuresclimbing.com)

#### **LILAC FEST '22**

If you haven't been to the granddaddy of local festivals, what are you waiting for?

Peruse original artwork made by artists from around the country at Art in the Park, a juried art show. Stay for the Lilac Parade on May 7, featuring more than 2,500 participants—think marching bands, dancers, and much more!

And since you're bringing the kiddos, take them by the many areas throughout the park for little ones: explore bounce houses, a zipline ride, and more. Once appetites are raging, there will be more options to choose from than you'll ever need, from festival favorites to international cuisine. Past food vendors have included Eat Greek, Rob's Kebobs, Marty's Meats, and more. Highland Park (rochesterevents.com/lilac-festival)

#### **LEGO EXPO COMING TO ROCHESTER**

Hosted by the Main Street Armory on April 23 and 24 this year, BrickUniverse LEGO Fan Expo will bring all things LEGO to town.

Impressive LEGO buildings, built by professional artists and skilled fan builders, will be on display, and there will also be an opportunity to meet the professionals in-person. See recreations of world landmarks including an entire country built out of LEGOs. Other sculptures include Star Wars mosaics and NASA-themed creations.

If you're feeling inspired by the art at the event, try your hand at creating magic with the plastic bricks at the Building Zone area. Keep your phone nearby for photo opps at each zone along the way and share by tagging @brickuniverseofficial and using #BrickUniverse.

Tickets are available online for \$14.99 ahead of time or \$18 at the door (if the event doesn't sell out first). Children under two years old will be admitted for free when accompanied by a paid adult.

Main Street Armory, 900 E. Main St., 232-3221 (mainstreetarmory.com)

#### FAIRIES, ACTORS, AND LOVERS—OH MY!

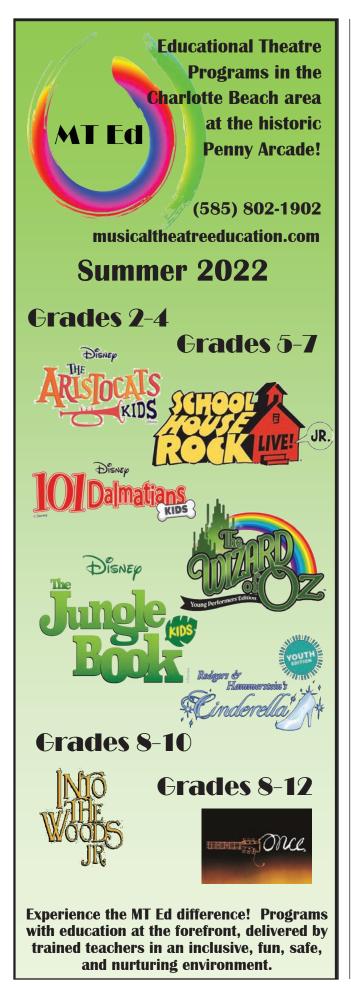
As part of their ArtSmart Educational Theatre Series, the Smith Center for the Arts is bringing Shakespeare's *A Midsummer Night's Dream* to their stage in Geneva.

National Players, a touring theatre company based out of Maryland, is producing the play, which will be condensed into an hour-long show to keep your little ones from wiggling out of their seats.

The story features mischievous fairies, stressed actors rehearsing for their next production, and runaway lovers, all venturing through the forest at night.

The concessions stand at this 127-year-old theater will be open for the event and will offer popcorn, soft drinks, and candy. Ample parking can be found across the street in the municipal parking lot.

Smith Center for the Arts, 82 Seneca St., (315) 781-5483 Geneva (thesmith.org)





#### **APRIL 5**



L.O.L. Surprise!

**APRIL 16** 

Easter Bunny train rides

# MAY 6

Kids Zone

#### APRIL 5

#### L.O.L. SURPRISE! LIVE: CALLING ALL B.B.'S

This show will feature some of your kid's favorite L.O.L. characters and now they're able to interact with the audience! Groundbreaking holograms will be taking over the Kodak Center with singing and dancing. It's a show your child will not want to miss.

6 p.m. Kodak Center, 200 W. Ridge Rd. (kodakcenter.com)

#### **APRIL 10**

#### SENSORY FRIENDLY SUNDAY

The Strong Museum of Play will be open exclusively for children with special sensory, developmental, and physical needs. Explore the museum in a comfortable and accepting environment that features fewer guests, light and sound reduction, extra visual safety signage, and designated quiet areas with sensory friendly toys. Due to limited space, tickets are required. A visit to the relaxing Dancing Wings Butterfly Garden and rides on the Strong Express Train are included. 8-10 a.m. Strong Museum of Play, One Manhattan Square (museumofplay.org)

#### **APRIL 15**

#### SPRING BREAK VACATION CLIMBING **PROGRAM**

This spring break course is designed for kids eight to twelve and welcomes children of all abilities and skill levels. All kids who take the course will develop basic climbing skills as well as technique and kinesthetic training. The experienced instructors will provide a fun-filled fitness

adventure while they're off of school. 9 a.m.-2 p.m. Through April 22. Central Rock Gym, 725 Averill Ave. (centralrockgym.com)

#### APRIL 16

#### **EASTER BUNNY TRAIN RIDES**

Celebrate spring with the Easter bunny! Ride a real train for a mile and a half round trip followed by an Easter egg hunt for the kids. Families will be able to tour the museum and get pictures with the Easter bunny.

10-10:30 a.m. and 10:30-11 a.m. Rochester & Genesee Valley Railroad Museum, 282 Rush Scottsville Rd. (rgvrrm.org)

#### **APRIL 18**

#### MAKERS & MOVEMENTS—SPRING **BREAK CURIOSITY CAMP**

Bring your little scientists to learn, experiment, and explore for a whole week. They'll become inspired by some of the greatest minds in history and learn how to follow in their scientific footsteps. From inventing to engineering, this camp offers the ultimate spring experience.

This curiosity camp is designed for campers aged nine to eleven years old. 9 a.m.-4 p.m. Through April 22. RMSC, 657 East Ave. (RMSC.org)

#### MAY 1

#### KIDS RUN THE BASES

The Red Wings baseball game is an exciting family adventure and Sundays make it that much more fun. Kids will have the opportunity to run the bases with Spike and Mitsy after every Sunday home

Also May 8 and May 20. Frontier Field, 1 Morrie Silver Way (milb.com/rochester)

#### MAY 3

#### TEEN/TWEEN MOTHER'S DAY CRAFTS

The best gifts are always handmade, especially when they're for a parent. These Mother's Day crafts are great projects for both teens and preteens to work on.

Supplies limited, registration required. 6:30–7:30 p.m. Gates Public Library, 902 Elmgrove Rd. (gateslibrary.org)

#### MAY 6

#### KIDS ZONE

Get some fresh air, take in the warm weather, and experience the blooming lilacs at the Lilac Festival. The kids will have the time of their lives playing outside and exploring the zipline, bounce houses, and rides in the Kid Zone. May 6-8, 12-15, 19-22 Rochester Lilac Festival, Highland Park (rochesterevents.com)

#### **MAY 14**

#### PAW PATROL EXHIBIT

Paw Patrol is coming to Rochester! Kids will be able to help Marshall, Chase, and the rest of the gang on their adventures in the new exhibit. The experience is a solution hands on adventure for any kid who loves by the solution of the the new exhibit. The experience is a great

Also May 15. Strong Museum of Play, One Manhattan Square (museumofplay.org)

#### **MAY 27**



Harry Potter and the Goblet of Fire in concert

#### **MAY 15**

#### SYMPHONY IN SPACE

Watch and listen as Captain Enrico races to stop the villainous Lieutenant Tritone in this fun musical adventure. The symphony will take viewers on a space mission to save the galaxy while playing the beautiful instruments the Rochester Philharmonic Orchestra is known for.

2 p.m. Hochstein Performance Hall, 50 N. Plymouth Ave. (rpo.org)

#### **MAY 27**

#### HARRY POTTER AND THE GOBLET OF FIRE IN CONCERT

The Triwizard Tournament is coming to Rochester with the help of the Rochester Philharmonic Orchestra. Watch as Harry flies across the screen in high definition while the live symphony orchestra performs Patrick Doyle's score from the *Goblet of Fire.* The movie's score captures the adventure from the books in a way that leaves a lasting impression, especially when performed live.

7 p.m. Also May 28. Kodak Hall, 26 Gibbs St. (rpo.org)

#### JUNE 2

#### **BOOK BUDDIES**

The Book Buddies program allows children to practice their reading in a judgment-free zone and have the opportunity to read to only the best listeners—cats and other small pets. The reading also helps the animals to become better socialized before they get adopted.

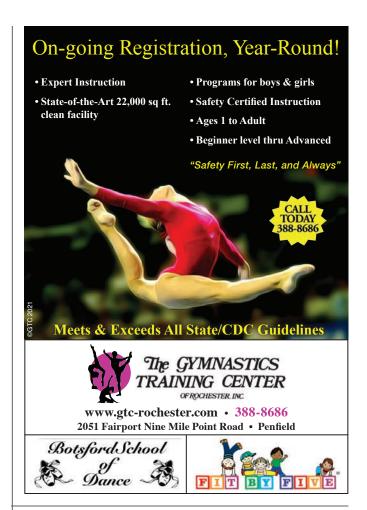
Registration required. Lollypop Farm, 99 Victor Rd. (lollypop.org)

#### **ROCDOG VISIT!**

RocDog will be bringing therapy dogs to the library to spend time with people of all ages—say hello to the furry friends in the children's area of the library. Prepare to shed yourself of any unnecessary stress, because petting a dog is good medicine.

Drop-ins welcome!

6:30—7:30 p.m. Also June 16. Gates Public Library, 902 Elmgrove Rd. (gateslibrary.org)







2022 SUMMER PROGRAMS NOW ONLINE

www.rochesteryc.com | 585.342.5511





Children's Dance Classes

**JUNE 28-JULY 21, 2022** 

Creative Movement\* (Ages 3&4)
Pre-Ballet\* (Ages 5&6)
Level 1 (Ages 7-10)

Two Week Junior & Senior Dance Intensive (Ages 7+)

**JULY 11-22, 2022** 

Four Week Senior Dance Intensive (Ages 12+)

**AUGUST 1-22, 2022** 

Photos by Tim Wilkes

drapercenter
Official Training School of the Rochester City Ballet
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Call 585-461-2100 or visit www.drapercenter.com









# (585)



Map your route for some wild summer fun!

COLENCE (S.A.R.A.





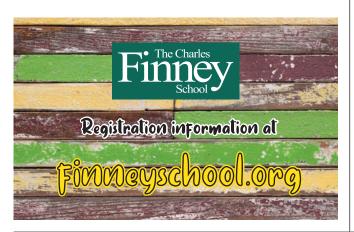


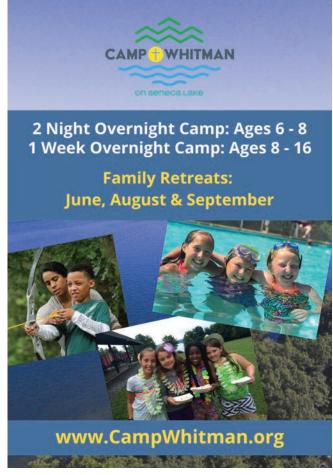


Summer fun in Penfield at The Charles Finney School!

Sports camps and more throughout the summer.

All camps held on The Charles Finney School campus: 2070 Five Mile Line Road, Penfield, NY 14526









## 2022 Summer Camp & Activity Guide

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# A one-stop look at the summer camps and activities featured in this issue

#### **ACTIVE AND SPORTS**

#### **CANANDAIGUA SAILBOARD**

11 Lakeshore Dr., Canandaigua • 394-8150 • cdgasailboard.com Get out on the water this Summer with Canandaigua Sailboard. This all-ages kid's camp offers lessons in wake surfing, public water protection, sustainability, and fishing.

#### **DICK'S HOUSE OF SPORT**

200 Eastview Mall, Victor • 282-0000 dicks.com/houseofsport/events

Dick's House of Sport has everything a young sportsperson could want from Outdoor Expedition Quest to Not Your Average Sports Series. Learn about being healthy, active, and having fun with its large variety of summer camp otions.

#### **FAST BREAK**

121 Lincoln Ave., Rochester • 285-7064 • fastbreakkids.com Check out Fast Break Sports for your child's Summer camp spot. They offer a variety of sports camps for children of all ages.

#### LAKESHORE HOCKEY ACADEMY

123 Ling Rd., Rochester • 865-2800 • Ishaice.com
Offers two camps focusing on skill development for a variety of ages July 11–22.

#### MASTER KIM'S TAEKWONDO

Locations in Penfield, Greece, and Irondequoit • 377-2000 masterkims.com

Help your child develop self-confidence, self-esteem, and leadership skills. Master Kim's Taekwondo is a landmark of Rochester martial arts. Weekly camps June 24–August 30 include Taekwondo classes, games, arts and crafts, and weekly field trips.

#### MIDTOWN ATHLETIC CLUB

200 E. Highland Dr., Brighton • 461-2300 • midtown.com Camp Midtown kids enjoy a variety of games, crafts, and weekly themed sessions, from the pool to the tennis courts and everything in between. For ages 3–13.

#### **ROCHESTER FENCING CLUB**

3335 Brighton-Henrietta Town Line Rd., Rochester • 654-6047 rocfencing.com

Rochester Fencing Club offers a variety of camps throughout the summer months for the beginner and intermediate levels. Fencing is a great way for children to develop memory and focus and to improve their mood while learning the traditions of respect and courtesy of the sport. Campers are grouped by age level and experience. Sessions run Monday through Friday 9 a.m.—12 p.m.

#### **ROCHESTER PARKOUR**

1344 University Ave, Rochester •-204-7537 • rochesterparkour.com From movement games to nerf battles, co-owners Charles and Nicole have created a space for kiddos to explore this interesting form of movement and exercise. Programs for all ages of movers are available, starting as early as age four.

#### **ROCHESTER YACHT CLUB**

5555 St. Paul Blvd., Rochester • 342-5511 • rochesteryc.com For ages 6–17, summer programs teach and promote an interest in yachts and yachting and the principles of seamanship and navigation.

#### **ROCVENTURES**

1044 University Ave., Rochester • 442-5462 rocventuresclimbing.com

Every week during the summer there is a climbing camp for ages 6–14, with daily climbing instruction, arts and crafts, games, and high ropes course. Full-day and half-day options are available.

#### SODUS BAY JUNIOR SAILING ASSOCIATION

7433 Clover St. P.O. Box 117, Sodus Point • (315) 333-2079 • sbjsa.org This association's sailing curriculum is designed to provide all levels of instruction from beginner to advanced. Each camper how to sail as well as how to care and use of canoes, stand-up paddle boards, and kayaks. All classes will be offered as a one-week session, Monday through Friday, 9:30 a.m.-4 p.m. starting on June 27. Participants can sign up for as many sessions as they would like and should follow the camp curriculum progression to optimize their experience. For ages 8–18.

#### SPORT INTERNATIONAL HOCKEY ACADEMY (SIHA)

80 Lyndon Rd., Fairport • (800) 724-6658 or julie.napieralski@gmail.com
123 Ling Rd., Rochester • (800) 724-6658 or grizzlap@yahoo.com

Forty hours of hockey for ages 6–17! SIHA is a fast-paced program perfect for any level of hockey player. The Fairport camp will be held at the Rochester Ice Center July 11–15. The Rochester camp will be held at the Lakeshore Hockey Arena Aug. 1–5.

#### **TENNIS CLUB OF ROCHESTER**

570 Kreag Rd., Pittsford • 381-2529 • tcr1886.com

For ages 5–13, a week-long camp is designed to create an interest in tennis, golf, and swimming, while promoting an active lifestyle. Instruction daily includes field activities, other sports, and arts and crafts projects. Half-day and full-day options available.

#### THE GYMNASTICS TRAINING CENTER OF ROCHESTER

2051 Fairport Nine Mile Point Rd., Penfield • 388-8686 gtc-rochester.com

Summer programs run June 27 to Aug. 9, with half-day and full-day camps. GTC offers structured and progressive instruction for boys and girls, age preschool through teen, plus tumbling, custom field trips, and programs for students with special needs.

#### TOTAL SPORTS EXPERIENCE

880 Elmgrove Rd., Rochester • 458-4263 435 West Commercial St., East Rochester • 203-0367 totalsports-experience.com

A variety of camps for kids interested in sports such as soccer, basketball, baseball, lacrosse, and more. Sessions vary in length and programs are available for ages 2–18 plus.

## 2022 Summer Camp & Activity Guide



YMCARochester.org

The largest summer camp provider in our region, the YMCA of Greater Rochester offers a wide range of experiences at various locations, in an active, safe, and nurturing environment.

#### DAY CAMPS:

Camp Arrowhead (Pittsford) 383-4590
Camp Bay View (Webster/Penfield) 341-4001
Camp Corning (Corning) (607) 936-4638
Camp Eastside (Penfield) 341-4000
Camp Northpoint (Hilton/Greece) 723-5489
Camp Thunderbird (Genesee Valley Park) 263-4283

#### **OVERNIGHT CAMPS:**

**Camps Cory** and **Gorham** are detailed in the "Overnight Camps" section on page 20.

#### ANIMALS AND NATURE

#### **FOXHALL FARM**

2332 State Rte. 444, Bloomfield • 585-259-9516 foxhallfarm.wordpress.com

Foxhall Farm Training & Sales offers up a variety of camps throughout the year for horseback riding and equestrian exploration. The camp offers lessons in riding, stable management, equipment, and horsemanship. They operate out of City View Equestrian.

#### LOLLYPOP FARM

99 Victor Rd., Fairport • 223-1330 • lollypop.org

Lollypop Farm offers a variety of summer camps for kids interested in learning more about animals and the animal welfare community. Make new friends, learn together, play games, and hang out with amazing animals. Fun for animal enthusiasts entering second through ninth grade.

#### SENECA PARK ZOO

2222 St. Paul St., Rochester • 336-7213 • senecaparkzoo.org
Summer ZooCamp is a week-long session where campers ages
3–12 explore nature and animals. Every camp includes daily
animal experiences, nature hikes, outdoor play, hands-on creative
exploration, citizen science, real-world conservation projects,
and in-depth thematic inquiry.

**ARTS** (*Please note: theater camps are on page 23*)

#### **BACH TO ROCK**

2160 Penfield Rd., Penfield • 364-3766 • penfieldb2music.com Half- and full-day camps for spring break and in summer. As students develop their skills through music instruction, they can go any place their musical interests take them. Experiences include performing before audiences.

#### BLAKERYAN

Eastview Mall, 7979 Pittsford Victor Rd., Victor • 425-0585 TheBlakeRyan.com

We offer painting classes, yoga, birdhouse building and macrame workshops for kids ages 5+ throughout the months of July and August. A great space for kids to learn basic crafting techniques, develop creative expression, and have fun!

#### CREATED BY US POTTERY SUMMER CAMP

3 Railroad St., Fairport • 223-8210 • createdbyuspottery.com Half-day or full-day camps July 11—Aug. 19 (9 a.m.—noon or 9 a.m.—4 p.m.). For ages 5—9: weekly themed camps/painting pottery and canvas, plus crafts and games. For ages 10—15: learn a variety of painting techniques on pottery, canvas, and wood.

#### **DRAPER CENTER**

1326 University Ave., Rochester • 461-2100 • drapercenter.com All levels of study and intensity for children wishing to improve their abilities or train to become a professional dancer. Summer programs: Creative Movement (ages 3–4) and Pre-Ballet (ages 5–6) June 28–July 24: two-week programs July 11–22; and fourweek intensive Aug. 1–26.

#### **EASTMAN COMMUNITY MUSIC SCHOOL**

26 Gibbs St., Rochester • 274-1000 • esm.rochester.edu
Spend a week at Eastman July 27—Aug. 5 making music with people just like you—who love playing, learning, and creating music, all in a supportive and fun environment. A full-day program for those in grades 5 to 9—all instruments, all ages, all abilities.

#### **ELITE STUDIO OF DANCE**

1387 Fairport Rd., Suite 900, Fairport • 425-7975 elitestudioofdance.com

Registration is underway for summer classes including tumbling, hip hop, themed camp weeks, and competition-level classes for boys and girls from tots to teens.

#### **HOCHSTEIN SCHOOL OF MUSIC AND DANCE**

50 N. Plymouth Ave., Rochester • 454-4596 • hochstein.org
Hochstein has a wide range of summer offerings for all ages, including Arts In Action camps, musical theater vocals and dancing, and an array of instrumental instruction, including rock, jazz, percussion, and composition. Camps run July 9–Aug. 27

#### KANACK SCHOOL OF MUSICAL ARTISTRY

2077 South Clinton Ave., Rochester • 244-6910 • kanak.org
Kanack hosts multiple summer camps for kids ages 5–17,
centered around piano, chamber music, vocal technique, musical
theater, orchestra, and Suzuki.

#### MEMORIAL ART GALLERY

500 University Ave., Rochester • 276-8960 • mag.rochester.edu
Join us at the MAG this Summer for museum based creative
workshops for children and adults of all ages. Try your hand at
painting, drawing, or jewelry design!

#### NEW YORK STATE BALLET TRAINING ACADEMY

821 Fairport Rd., E. Rochester • 203-1763 or 704-1903 newyorkstateballet.org

Offers certified professional dance instruction in a welcoming and nurturing environment. The brandnew, spacious studios feature state-of-the-art dance floors that reduce the potential for injury. Many performance opportunities are available for your child to showcase the skills learned and joy experienced while dancing alongside the professional dancers of the New York State Ballet.

### 2022 Summer Camp & Activity Guide

#### **ARTS** CONT.

#### THE ART STOP

1822 Penfield Rd., Penfield • 872-5710 • artstopllc.com

Campers age 5–12 will work on a variety of art projects using different mediums such as acrylics, clay, gouache, watercolor, marker, pastels, colored pencils, and more. Full-day, half-day (morning or afternoon), and extended care offered.

#### MODELING AND ETIQUETTE

#### **ETIQUETTE CHICS**

Jefferson Park Lodge • 413-7206 or etiquettchics@gmail.com
Offers classes on a variety of topics such as Mealtime Manners,
Out of this World Etiquette (Star Wars-themed), Frozen-themed
tea party, and Making a Good First Impression. Classes are
available for ages 5–14.

#### MARY THERESE FRIEL, LLC

1251 Pittsford Mendon Rd., Mendon • 625-5510 • mtfmodels.com Mary Therese Friel's fun-filled modeling camp is available for girls ages 9–19. Camp includes instruction in runway modeling, print modeling, hair and makeup, self-presentation and speaking, your child's own photo shoot, and more!

#### THE REFINEMENT STUDIO

494 East Ave., Rochester • 244-2228 • therefinementstudio.com Offers youth etiquette programs focusing on the principles of common courtesy and basic social etiquette. They also include age specific lessons and coaching. For children ages 5–17.

#### **OVERNIGHT CAMPS**

#### **CAMP CHERITH**

9534 Short Tract Rd., Hunt • 468-3850 • campcherithwny.org Get outdoors this Summer and sign up for one of seven camping experiences at Camp Cherith. Open to ages 7-18, children get the chance to hike, swim, slip n slide, play gaga ball, canoe and more.

#### **CAMP CORY**

140 East Lake Rd., Penn Yan • 325-2889 • campcory.org

A branch of the YMCA of Greater Rochester, Camp Cory has been serving families for more than ninety years. Situated on the shores of Keuka Lake, Corey offers campers a variety of land and water activities and experiences.

#### **CAMP GORHAM**

265 Darts Lake Rd., Eagle Bay (The Adirondacks) • (315) 357-6401 campgorham.org

A branch of the YMCA of Greater Rochester, Camp Gorham has welcomed campers for more than fifty years to overnight camp experiences in a picturesque Adirondack Mountains setting with a private lake.

#### **CAMP HICKORY HILL**

2970 Kohler Rd., Varysburg • 535-7832 • camphickoryhill.org
These faith-based summer camps are filled with excitement
and packed with activities to help campers grow spiritually and
socially. There is worship, prayer, and Bible teachings throughout
the day. Each camp offers add-on activities like go-carts, laser tag,
high ropes challenge courses, canoeing, and more.

#### **CAMP STELLA MARIS**

4395 East Lake Rd., Livonia • 346-2243

For more than ninety years, Camp Stella Maris has been a home away from home for campers to try new and exciting things, challenge themselves, and make friends that will last a lifetime.

#### **CAMP WHITMAN**

150 Whitman Rd., Penn Yan • 315) 536-775 • campwhitman.org This is a traditional overnight summer camp experience focused on exploring the outdoors, developing friendships, and growing in connection to faith. There is a session for those with developmental disabilites, a music and arts focussed camp, and several other camps with different themes.

#### SCIENCE AND NATURE

#### ADIRONDACK WOODCRAFT CAMPS

285 Woodcraft Rd., Old Forge • (315) 369-6031

woodcraftcamps.org

Adirondack Woodcraft Campo's mission is to help young people grow in courage, build resilience, and see the natural world with caring eyes. Ages 6–17 for two to seven weeks.

#### **CORNING MUSEUM OF GLASS**

One Museum Way, Corning • (607) 937-5371

Activities for children, including free evening Family Nights, to introduce little ones to the museum.

#### MARVELOUS MIND ACADEMY

274 N. Goodman St., Rochester • 210-8554

Marvelous Mind Academy is an educational cooperative for exploratory learning that uses the world as its classroom.

#### **ROCHESTER MUSEUM AND SCIENCE CENTER**

657 East Ave., Rochester • 271-4320

Discover science as a fun and creative way to explore the wonders of our world with Summer Curiosity Camps for ages 2–15—with experienced educators at a museum filled with hundreds of interactive exhibits to explore.

#### SPECIAL NEEDS

#### **AUTISMUP**

50 Science Parkway, Rochester • 248-9011 • autismup.org Innovative social clubs, sensory exploration classes, personal fitness, and recreation programs for individuals of all ages and abilities. Plus, Social Skills Summer Camp and the Summer Speech Boot Camp.

#### **CAMP EAGR**

Presented by Epilepsy-Pralid, Inc. • 442-4430 • epiny.org
Camp EAGR is a week-long, overnight camp for youth with
epilepsy who gather for a week of swimming, horseback riding,
rock wall climbing, and laughing and fun. For ages eight—
seventeen.

#### **CAMP PUZZLE PEACE**

10 Rockhurst Dr., Penfield • 371-5018 • familyautismcenter.com The Family Autism Center's family camp is a place that families with children on the Autism Spectrum can go to relax and spend quality time together in the Adirondack wilderness. The program targets families with school aged children, but can accommodate preschoolers and young adults as well. Session 1: June 26–29. Session 2: Aug. 15–18.

TEACHING AND INSPIRING DANCERS AROUND ROCHESTER SINCE 2009.



DANCE WITH US THIS SUMMER!
THEME CAMP WEEKS (Ages 3+)



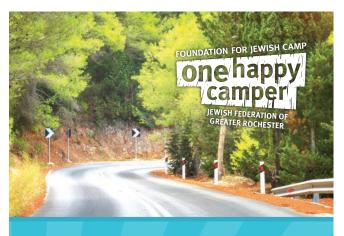
July 25-29

Registration starts in March for for ALL summer classes including tumbling, hip-hop, and competitive level classes. Boys and girls, tots to teens - there's something for everyone at Elite!

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### THIS WAY T

for an unforgettable summer!

One Happy Camper is a program of the Foundation for Jewish Camp (FJC), in partnership with Jewish Federations, foundations, and camps across North America. In Rochester, the program is administered by the Jewish Federation of Greater Rochester and funded by the Max and Marian Farash Charitable Foundation.

Marissa Barashi at mbarashi@jewishrochester.org or at (585) 241-8642 for more information.







### 2022 Summer Camp & Activity Guide

#### **SPECIAL NEEDS CONT.**

#### **ROCHESTER ROTARY SUNSHINE CAMP**

809 Five Points Dr., Rush • 533-2080 • sunshinecampus.org
This campground is the only of its kind in the area. The fully accessible residential summer camp helps meet the needs of children ages 7-21 with paralysis or other disabilities. This camp features a fully accessible treehouse and the Grizzi Family Sensory Center. This camp offers activities such as boating, fishing, mini golf, swimming, and much more.

#### **VARIETY OF OFFERINGS** (from arts to STEM to sports)

#### **ALFRED UNIVERSITY**

1 Saxon Dr., Alfred, NY • (607) 871-2111 • alfred.edu

Each summer Alfred welcomes high school students from all over the country to participate in academics and sports, to learn more about their fields of interest, to sample life on a college campus, and to meet other students with similar interests and academic ability.

#### **BOY SCOUTS OF AMERICA SENECA WATERWAYS COUNCIL**

2320 Brighton Henrietta Town Line Rd., Rochester • 244-4210 senecawaterways.org

Come and enjoy the outdoors this Summer at Boy Scouts of America. They offer a wide variety of programs at three different camps across Western N.Y. for children of all ages.

#### **CAMP GOOD DAYS**

Branchport, Rochester, Buffalo, Syracuse 624-5555 or (800) 785-2135 • campgooddays.org

Programs for children with cancer or sickle cell anemia and their families. Activities range from sporting and concert events to fishing, land aser tag. All of the programs and services are offered free of charge. No child with cancer is ever turned away.

#### **CHALLENGE ATHLETICS**

25 Parce Ave., Fairport • 678-9434 • challengerochester.com
Offers a variety of camps throughout the summer for ages 6 and
up. Martial Arts Camp runs 9:30–11:30 a.m., tumbling camp 9:30–
11:30 a.m., 11:30 a.m., 11:30 p.m., and 1:30–3:30 p.m., and dance
camp 1:30–3:30 p.m. A mini camp is also available for children ages
4–7, and is offered 9:30 a.m.–12 p.m.

#### **CITY OF ROCHESTER**

Genesee Valley Park Field House • 428-8820 • cityofrochester.gov Summer adventures await at Rochester Community Centers, including field trips to local parks and cultural sites, arts and crafts, and STEM activities and experiments. For ages 6–13.

#### **CODE NINJAS**

3040 Monroe Ave., Rochester • 900-2633 • codeninjas.com
Offers a variety of programs for ages 5–14 focusing on technology
and STEM skills. Programs include A Bit of Micro:bit Magic,
Adventures in 3D Printing, Building the Beat: A Music Coding
Camp, Stop Motion Animation, Code Your Own Arcade from
Scratch, and much more.

#### **COURAGEOUS EVOLUTION**

5 South Main St., Pittsford, NY • 425-0338 • courageousevolution.com Programs for adults and camps for teens! Have fun with role playing, journaling, and artistic expression while making new friends, building self-confidence, developing leadership skills, letting go of being cool, releasing perfectionism, becoming more assertive, and more you!

#### **GENERATIONS CHILDCARE**

Fairport, Gates, Rochester, Irondequoit • generations-care.com Generations Summer Adventure for Kids provides a great way to learn new skills and experience exciting summer fun, all in a nurturing environment during the ten weeks of summer. A new theme every week, plus summer reading, music, art, science, and fun. For ages 5–10.

#### **GENESEE COUNTRY VILLAGE AND MUSEUM**

1410 Flint Hill Rd., Mumford • 538-6822 • gcv.org

Immersive historical camps—If the location has you wary, did you know that GCV&M has a supervised bus from Rochester for some of its camps? Hiking the museum's beautiful nature trails, playing games, and engaging with the museum's townspeople is all on the menu at this interactive camp experience.

#### **GIRL SCOUTS**

100 Elmwood Ave., Rochester • 888) 837-6410 • gswny.org Girl Scouts offers a summer camp for girls to explore leadership, build skills, and develop a deep appreciation for nature. There are day and week-long camp options, with swimming, hiking, horseback riding, archery, and ropes course.

#### **HARLEY SCHOOL**

1981 Clover St., Brighton • 442-1770 • harleyschool.org Summers at Harley include Harley Day Camp for ages 4–12, Summer Nursery Program for 3-year-olds, and Summer Academy for all ages, including sessions in academics, art, dance and sports.

#### **JCC DAY CAMP**

1200 Edgewood Ave., Brighton • 461-2000 • jccdaycamp.com
The Louis S. Wolk JCC of Greater Rochester's day camp aims to
build a formative and fun program for grades K–6 that welcomes
all campers into a safe community of respect and inclusion.
Activities include nature, sports, arts and crafts, and theater.

#### **OUR LADY OF MERCY**

1437 Blossom Rd., Rochester • 288-7120 • mercyhs.com Summer camps for girls focused on friendship, challenges, and growing their talents.

#### **R-CENTER SUPER CAMPS**

57 St. Paul St., Rochester • 428-9777 • cityofrochester.gov Sign your child up for a fun and active summer at the City of Rochester's ArtSmart East & West and Youth Sports Camps. Offers a diverse group of friends, caring staff, affordable prices, and convenient locations.

#### **RIT CAMP TIGER**

300 Lomb Memorial Dr., Rochester • 496-4562 • rit.edu Camp Tiger—formerly known as Kids on Campus—is a summer day camp based on science, technology, engineering, art, and mathematics (STEAM). For kids in grades K–12.

#### ROCHESTER CHILDFIRST NETWORK

942 South Ave., Rochester • 473-2858 • rcn4kids.org
Rochester Childfirst Network offers infant and toddler care as
well as summer camp options for children ages six weeks to
twelve years. Enrollment is open for camp at their convenient
South Ave. location.

#### THE CHARLES FINNEY SCHOOL

2070 Five Mile Line Rd., Penfield • 387-3770 • finneyschool.org Learn the fundamentals or refine your skills in volleyball (June 20–23, grades 7–12), basketball (July 15–19, grades 3–6), soccer (July 22–26, grades 3–6), and musical theater (Aug. 5–9, grades 3–12).

### 2022 Summer Camp & Activity Guide

#### **WRITERS & BOOKS**

740 University Ave., Rochester • 442-9333 • wab.org

If your children enjoy reading, writing, acting, Harry Potter, Shakespeare, poetry, social justice, storytelling, and more, then there is certainly something for them at the Writers & Books SummerWrite 2022.

#### **THEATER**

#### A MAGICAL JOURNEY THRU STAGES

875 East Main St., Auditorium Center, Third Floor, Rochester 935-7173 • mjtstages.com

Be in a show this summer—all experience levels and each session culminates in a full performance.

#### **BEST FOOT FORWARD**

100 Cobblestone Ct. Dr., Victor • 727-2438

Through the production of *Beauty and the Beast* and *Aladdin* participants from ages 5–15 will study dances, music, group choreography, vocal techniques, and perform acting exercises. Auditions will be held on the first day of camp and performances take place each Friday. There are four back-to-back sessions beginning July 12.

#### MT ED (MUSICAL THEATRE EDUCATION)

4785 Lake Ave., Rochester • 802-1902

Campers will spend their days rehearsing for their chosen show, playing theater games, and participating in vocal, acting, and dance rehearsals. Runs 9 a.m.—4 p.m. to provide time for a longer lunch, in which campers will walk to Ontario Beach State Park.

Before and after care is offered at no additional charge. Musicals offered for age 4 up through 10th grade. Productions include *The Aristocats* (July 5–15), *101 Dalmations* (July 18–29), *Night At The Wax Museum* (July 19–30), *The Jungle Book* (August 1–12), *School House Rock* (July11–22), *Cinderella* (July 25–August 5), *The Wizard of Oz* (August 8–19), and *Into the Woods* (August 15–26).

#### **ROC SUMMER THEATRE EXPERIENCE / OFC CREATIONS**

Kodak Center Studio Theater 200 West Ridge Rd., Rochester 667-0954 • ofccreations.com

They offer camps for ages 4-7, focusing on skills in acting, singing, and dance. Campers will learn a short 12-15-minute full-stage production. Campers will be introduced to costumes, sets, props all while having fun on stage! Each camper is guaranteed a role in the show. Summer productions include *Alice* in Wonderland Pint Sized (July 5-9), Goldilocks And The Three Bears (July 25–30), The Tortoise And The Hare Pint Sized (August 1–6), and Snow White Pint Sized (August 15–20). Also offers camps for kids ages 7–12. Children will be introduced to every aspect of theater. Productions include *Madagascar* (July 5–16), *The Lion King* (July 11-23), The Sound of Music (July 18-30), Moana (July 25-August 6), The Wizard of Oz (August 1–13), Frozen Jr. (August 8–20), and Velveteen Rabbit (August 22-27). Teen camps offered for ages 13-18. Campers work alongside professional directors and designers while learning different styles of dance and new genres of vocal selections. Productions include You're A Good Man Charlie Brown (July 5–9), Heathers: Teen Edition (July 11–23), The Addams Family: School Edition (July 25-August 6), Something Rotten (August 1-13), and Head Over Heels: School Edition (August 15–27). Kids



# **Nurturing Students for a Lifetime of Success**



- ★ Infant, early childhood, K-12 Regents-based programs
- Vibrant, bilingual (ASL and English) learning community
- ★ Teaching and services in ASL by caring, committed staff
- **★** Athletics, arts and clubs complement academics
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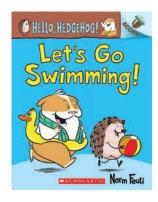


# Graphically speaking

## Graphic novels take center stage

BY DEENA VIVIANI

omics are not just for superhero fans or Sunday newspaper readers anymore. From early readers and middle grade novels to teen fiction and nonfiction, this format is taking the children's literature community by storm! Best of all, reading graphic novels helps kids develop the same reading skills as any other books. Check out some of these titles this spring—or any time!



#### Let's Go Swimming!

By Norm Feuti Scholastic, 2021, paperback, \$4.99 **Ages 4–6** 

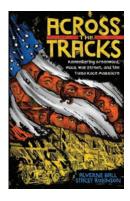
Hedgehog is hot, so what better way to cool off than a swim at the pond? She invites Harry, her guinea pig friend, who learns how to put his head underwater with Hedgehog's help. The pair collects rocks and shells, searches for treasures, and ends the day with ice cream. Hedgehog and Harry are the stars of the *Hello, Hedgehog!* series, which contains six adorable books. *Let's Go Swimming!* has three short "chapters" that give readers good bookmarking spots, especially if they are learning to read—or it is time for bed. The last page has drawing instructions so kids can create their own picture of Harry and follow-up discussions about the text. Those who enjoy Mo Willems's Elephant and Piggie will like moving up to the "next level" of comic-style books with Hedgehog and Harry. Dive in!



#### Allergic

Written by Megan Wagner Lloyd; illustrated by Michelle Mee Nutter Graphix, 2021, hardcover, \$24.99 Ages 8–12

Ten-year-old Maggie's life is about to change. In addition to having younger twin brothers who drive her nuts, a baby sibling will be added to the chaos. Lucky for Maggie, her parents finally agree that she can get a dog! She finds the perfect pup... and then has a terrible allergic reaction, learning that furry and feathery animals make her sick. To add insult to injury, she must get allergy shots—ouch! As she tries to find herself the right furless pet, Maggie makes a new friend and learns that having three little siblings may not be so bad after all. This story has relatability written all over it. Sibling stress, pet denial, and friendship drama are prevalent, but Maggie perseveres in that way tweens do. This colorful graphic novel will appeal to readers of *Smile* by Raina Telgemeier. Cuddle up with your favorite dog or cozy stuffed animal to read this one!



#### Across the Tracks

Written by Alverne Ball; illustrated by Stacey Robinson

Abrams, 2021, hardcover, \$15.99 **Ages 12–16** 

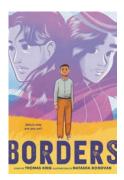
In the early 1900s when oil was found in Tulsa, Oklahoma, the city quickly became the territory to settle in. O. W. Gurley, a Black businessman, bought forty acres of land there and opened Tulsa's first grocery store for African Americans. This began the development of Greenwood Avenue, which ran north of the railroad tracks and that Booker T. Washington called "the Negro Wall Street." The area grew and prospered, but it was only a matter of time before the racism sweeping the country would swoop in. In 1921, a Black man from Tulsa was accused of attacking a white woman, so a mob of white men descended upon the Greenwood district and started a violent sixteen-hour riot. By the end of the massacre, 4,000 people were homeless and more than 300 African Americans were killed, yet the strong survivors would rebuild. This concise graphic nonfiction volume has powerful illustrations that will leave the reader understanding and feeling what happened better than words alone. A large portion of the fifty pages are dedicated to the triumphant Black settlers of the area. Unillustrated information about Oklahoma's history is at the back of the book, and the pairing gives readers a start if they want to learn more. A fantastic work of non-fiction that will get readers fired up.

#### **EARLY READERS**



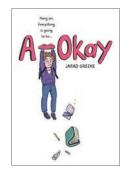
Narwhal's School of Awesomeness By Ben Clanton Tundra, 2021, hardcover, \$12.99 Ages 4–6

#### MIDDLE GRADE



Borders
Written by
Thomas King
; illustrated by
Natasha Donovan
Little, Brown,
2021, hardcover,
\$24.99
Ages 8–12

**YOUNG ADULT** 



A-Okay By Jared Greene HarperAlley, 2021, hardcover, \$22.99 Ages 10–14



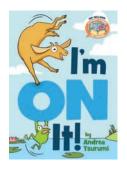
Pizza and Taco: Best Party Ever! By Stephen Shaskan Random House, 2021, hardcover, \$9.99 Ages 4–6



Cat Kid Comic Club: Perspectives By Dav Pilkey Graphix, 2021, hardcover, \$12.99 Ages 8–12



Yummy: A History of Desserts By Victoria Grace Elliott Random House, 2021, hardcover, \$19.99 Ages 10–14



I'm On It! By Andrea Tsurumi Hyperion, 2021, hardcover, \$9.99 Ages 5–8



City of Dragons: The Awakening Storm

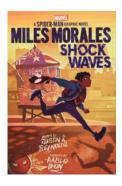
Written by Jaimal Yogis; illustrated by Vivian Truong Graphix, 2021, paperback, \$12.99 Ages 8–12



Between Shades of Gray: The Graphic Novel Written by Ruta Sepetys and Andrew Donkin; illustrated by Dave Kopka Philomel, 2021, paperback, \$12.99 Ages 12–18



Haylee and Comet: A Tale of Cosmic Friendship By Deborah Marcero Roaring Brook Press, 2021, hardcover, \$17.99 Ages 6–8



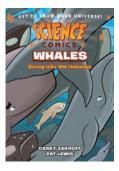
Miles Morales: Shock Waves Written by Justin A. Reynolds; illustrated by Pablo Leon Graphix, 2021, paperback, \$12.99 Ages 8–12



The Girl from the Sea By Molly Knox Ostertag Graphix, 2021, paperback, \$14.99 Ages 12–18



This Little Piggy: An Owner's Manual By Cyndi Marko Aladdin, 2021, hardcover, \$18.99 Ages 6-8



Whales: Diving Into the Unknown Written by Casey Zakroff; illustrated by Pat Lewis First Second, 2021, hardcover, \$19.99

Ages 8-12



Wonderful Women of the World Edited by Laurie Halse Anderson DC Comics, 2021, paperback, \$16.99 Ages 12–18





Irondequoit Public Library's Baby Time Kit

# Pandemic babies enter the world Babies and books

BY: DEENA VIVIANI



Devin Barret, the children's librarian at Brighton Memorial



Family at Little Explorers at Play at Brighton Memorial

ots of places have closed and programs have been suspended over the past two years, but one thing that hasn't stopped is that babies are being born! The caregivers of these "pandemic babies" may be at a loss of how to give them nurturing experiences while being safe from COVID. Whether the child in your life is an infant, crawler, or toddler, the Monroe County Library System (MCLS) has something to offer for in-person, virtual, and grab-andgo options.

"It can be hard to find social activities for babies and toddlers at an age when it is so important to do so," says Elissa Schaeffer, children's services manager, Brighton Memorial Library (BML). "That's why we offer Little Explorers at Play (LEAP)." LEAP offers toys in the program room for socially distant play. Many other libraries have returned toys and manipulatives to their children's centers so babies can explore while caregivers search for books and media.

These in-person experiences are not just important for babies, but for their parents, too. "They can share tales of sleepless nights, diaper mishaps, and a slew of other baby things," says Tonia Burton, children's services consultant for MCLS. "Story time is a place to expose babies to early literacy skills, but it also supports caregivers in their quest to build the best foundation they can for their child."

Annalise Ammer, the mother of a "pandemic baby" as well as children's librarian at the Henrietta Public Library, says, "Before my baby was born, I dreamt of taking him to the story time at my library. I was heartbroken when the pandemic put a stop to that. But as vaccines, masking, and social distancing have become commonplace, we are once again offering baby story times. My baby loves attending, and I am so grateful that we can do so safely!" A number of libraries have resumed their in-person baby story times for just these reasons.

Librarians also realize that their target age group is not yet eligible for vaccination. "We have continued g one weekly virtual all-ages story time for anyone not yet comfortable with returning to in-person programming," 5 says Lauren Seaver, children's librarian, Fairport Public Library, also known as the ukulele playing "Miss Lauren" to her audiences.

In addition, new grab-and-go options are popping up throughout MCLS. "We টু created Baby Time Kits that include those awesome 'Indestructibles' books, a sheet &

Across the county, MCLS libraries are working hard to offer families with young children a friendly, happy, healthy environment for learning and play.



Children's services staff at Brighton Memorial Library: Lara Ford, Elissa Schaeffer, and Caitlyn Stahovic-Barnes



Baby Story Time at Henrietta Public Library

of activities, and a link to our YouTube channel where we have a playlist of baby-time songs and rhymes," says Matt Krueger, children's services Librarian at the Irondequoit Public Library.

BML added Talking is Teaching kits to its offerings, which contain a calendar of activity ideas, sheets of songs and rhymes, books, and music CDs. Adults can register once and do curbside pickup each month for their thematic bag. "These came about because so many parents of

young children were looking for ideas of what to do," says Schaeffer. "As an adult, it can feel awkward to have a one-sided conversation, but babies need to hear words and language very early on."

MCLS has also joined with a number of state departments to form a local Talking is Teaching coalition. They will lead the "Talk, Read, Sing Greater Rochester" effort. "Books, stories, songs, and games help build a foundation for babies and children to become strong readers and writers when they enter school," says Burton. More information on this new program is forthcoming at libraryweb.org/kids/home.

Across the county, MCLS libraries are working hard to offer families with young children a friendly, happy, healthy environment for learning and play, no matter what the future of COVIDor other challenges-may bring. "We often hear that parents are making tough decisions and foregoing lots of activities. The one thing they're keeping is the library and story time," says Kelly Paganelli, assistant children's librarian at the Mendon Public Library. "It makes you realize how much people appreciate the library and value the chance to share a story, sing a song, and grow young and happy readers." Kids

#### **MCLS PROGRAMS**

Here is a small selection of MCLS programs for babies and their caregivers. For a complete list of libraries, their services (including all ages story times and registration information), and for any updates that may have occurred between the writing of this article and its publication, please visit libraryweb.org.

#### **BABY STORY TIMES**

Brighton Memorial Library Tuesdays 10:00 a.m.

**Brockport Seymour Library** Thursdays 11:30 a.m.

Chili Public Library Thursdays 10:30 a.m.

Fairport Public Library Mondays 9:30 and 11:00 a.m. Thursdays & Saturdays 9:30 a.m.

Gates Public Library Mondays 9:30 a.m.

**Greece Public Library** Fridays 9:30 a.m.

Henrietta Public Library Tuesdays, Wednesdays, Thursdays 9:30 a.m.

**Irondequoit Public Library** Mondays 10:30 a.m.

**Ogden Farmers' Library** Tuesdays 11:00 a.m.

**Parma Public Library** Fridays 10:30 a.m.

**Penfield Public Library** Fridays 11:30 a.m.

Pittsford Public Library Tuesdays 9:30 a.m.

Webster Public Library Mondays 9:30 & 10:00 a.m.

#### **BABY PLAY TIMES**

Brighton Memorial Library Wednesdays 9:00 & 10:15 a.m.

**Greece Public Library** First Friday of the Month 9:30 a.m.

**Henrietta Public Library** Saturdays TBA

**Penfield Public Library** Fridays 10:00 a.m.

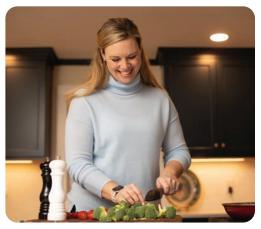




BY EMILY DICESARE

As temperatures rise and we start to emerge from our homes, it's time to fire up those grills again!

Here is a quick and easy recipe that is a great side dish with grilled meats or seafood. It can also stand alone as a vegetarian main dish or as a delicious salad with grilled chicken, shrimp, or tofu mixed in the next day. This dish is nice at room temperature or even as a cold leftover. It's also an easy dinner for warm summer nights when you don't want to heat up the kitchen or stand in front of a hot grill. Kids



#### Tortellini salad



#### **INGREDIENTS**

1 package refrigerated cheese tortellini 2-3 broccoli crowns 1 bell pepper Cherry tomatoes 15 oz. can chickpeas Fresh greens such as spinach, basil, or kale Cheese such as feta, goat, mozzarella, or blue Olive oil Lemon

Cooking time: 20 minutes | Serves 6–8

#### **INSTRUCTIONS**

- 1. Cook tortellini according to package directions.
- 2. I like to add chopped broccoli right to the pasta for the last minute of cooking then strain all together.
- 3. Toss with chopped bell pepper, cherry tomatoes, and chickpeas.
- 4. Drizzle with olive oil and the juice of a fresh lemon. You could also substitute bottled salad dressing if you prefer.
- 5. Top with crumbled cheese, salt, and pepper. Chiffonade (thinly slice or mince) several large handfuls of fresh greens and/or basil and toss in just before serving.

Feel free to add in any other veggies—grilled or fresh. Add feta, Kalamata olives, and Greek dressing to give it a Mediterranean flair. Or add sundried tomatoes and fresh mozzarella for an Italian feel. Play with flavors that appeal to your family and use what you have on hand. Enjoy!

Salt and Pepper

# Bust boredom with a board game

# Old-fashioned board games are never out of style



e play everything from Candy Land to Dungeons and Dragons in our house and I'm here for all of it! Children who love strategy, logic, and problem solving activities can often attribute that enjoyment to hours and hours spent with family members around the table playing board games. No offense, flashcards, but you're just not as fun. So grab that dusty cardboard box off the shelf or go out and pick a new one. Here's why...

- Games include the entire family. There are appropriate games for every age and skill level, but I love it when we find a game that the whole family can play. Our youngest child always felt included. She would either move the game piece for us or roll the dice. When playing Scattergories, she can write any word while we write words that start with a certain letter. Simply playing with the trains in Ticket to Ride or the farm animals in Agricola kept her happy, but she was soaking in everything around her and was part of the conversation and the laughter.
- **2** Games create happy memories. Board games provide us with an easy way to be present, connect with our kids, and enjoy our families. Adding board games to your routine will naturally eliminate hours of screen time which is linked to low test scores, anxiety, and depression. If you're up for the

challenge, make one day on the weekend a game day and no screens allowed. If you stick to it, your kids will come to look forward to this day. I know mine do. And they love yelling at us to put our phones away! Board games can lead to great conversations and much laughter, especially with our tweens and teens. Add to the fun by hosting another family for game night or let each family member take turns picking a game to play. Games that make us belly laugh: Exploding Kittens, Telestrations, and Codenames.

- Games build confidence. Board games allow us to socialize with others while eliminating the pressure of needing to find things to talk about. When kids come up with a strategy on their own, they start to see themselves as intelligent and capable. Cooperative games, where you win or lose as a team, are perfect for building self-assurance and developing communication skills as everyone works together toward a common goal. Our favorite co-op games: Forbidden Island, Pandemic, and Scotland Yard.
- 4 Games foster creativity and increase attention spans. Games bring out our creativity and individuality. Waiting your turn, listening to directions, and anticipating future events are just a few of the skills games provide children. And they increase a child's attention span and ability to focus on a task. Sitting for an entire game with no screens to entertain builds patience. Games that encourage creativity: Concept, Mysterium, Cranium, and Dixit.
- 5 Strategy and decision-making skills. Game play allows us to practice decision making and problem solving without the stakes being too high. Healthy opportunities to face stressful situations lead to better coping skills that kids can take with them. These games are helping our kids build logic, reason, planning, and memory. Our favorite strategy games: Kingdomino, Dominion, and Settlers of Catan.

If you want to try before you buy, you'll love Just Games in Penfield because they let you rent them. The best part: if you find a game you love and decide to purchase a brand-new box, you get your rental fee back. The staff are all avid players and love to take the time to help you find something perfect for you. We have found so many great games there that we would have never tried otherwise! Learn more at justgamesrochester.com.

BY MEGAN COLOMBO



# Camp Life!

### Five unconventional camps to check out in 2022

t's no secret that some of the best childhood memories stem from exciting experiences at summer camp. Camp is all about discovering new ideas, making friends, and spending

time away from school. We have no shortage of incredible camp experiences here in the 585—whether your child is a budding scientist, curious historian, future thespian, or artist in the making, there's undoubtedly a camp to suit their interests. We've got a roundup of five top-rated camps to spark inspiration and find the right fit for your kiddo! For more summer camp content visit our 2022 Camp Directory on page 17.



Owned by Jami Cimino, Created by Us Pottery offers up exciting week-long art camps for kids ages five to fifteen. Cimino and the team at Created by Us Pottery bring forward multimedia art techniques for kids through fun themes (think Willy Wonka or Secret Life of Pets weeks), dance parties, ice cream Fridays, and much more. The business and camp are both located on Railroad Street in Fairport, and week-long camps are currently open for registrations July—August.

Created By Us Pottery 223-8210 3 Railroad St. createdbyuspottery.com

#### FOXHALL FARM—Horseback Riding Camp

Owned and operated by Taylor Foxhall, Foxhall Farm Training & Sales offers up a variety of well-loved camps throughout the year for horseback riding and equestrian

exploration. The camp offers up lessons in riding, stable management, equipment, and proper horsemanship. Foxhall Farm Training & Sales is located in Bloomfield and operates out of City View Equestrian.

Foxhall Farm 259-9516 2332 NY-444 foxhallfarm.wordpress.com

#### **BACH TO ROCK PENFIELD—Music Summer Camp**

Currently offering camps online and in-person, Bach to Rock Penfield provides full-service music instruction rooted in fun and play for all ages. Owned by Nick and Amy Valente, Yelpers love the staff and high-quality equipment available for students. From viola to voice and everything in between, these camps are a

great way to strengthen your child's love of music at any age or level. Bach to Rock Penfield

364-3766 2160 Penfield Rd. penfield.b2rmusic.com



Learn all about horses at Foxhall Farm

Explore the world at parkour camp



Rock out at Bach to Rock

### ROCHESTER PARKOUR—Movement & Parkour Summer Camp

From movement games to nerf battles and movement games, co-owners Charles Moreland and Nicole Suchy have created a space for kiddos to explore this interesting form of movement and exercise. Their website goes into detail about their safety procedures and what you as parents can expect from the experience doing parkour at camp or in lessons. Programs for all ages of movers are available, starting as early as age four.

Rochester Parkour 204-7537 1344 University Ave. rochesterparkour.com

### GENESEE COUNTRY VILLAGE 8 MUSEUM—Immersive Historical Camps

Did you know that Genesee Country Village and Museum has a supervised bus from Rochester for some of their camps? Hiking the museum's beautiful nature trails, playing games, and engaging with the

museum's townspeople is all on the menu at this interactive and immersive camp experience. Camps available currently for ages four to fourteen.

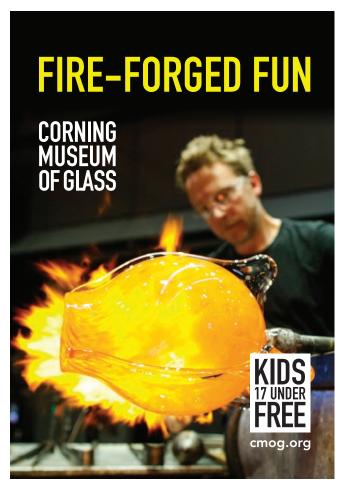
Genesee Country Village & Museum 538-6822 1410 Flint Hill Rd. gcv.org Kids

Enjoy writing and looking to spread that (585) love? Nominate yourself for the Yelp Elite Squad at yelp.com/elite.











### Kids and parents find fun at skateparks

BY TONY ZANNI

rowing up I didn't really get along with team sports. I had to play little league with my brother, but I was usually just out in left field physically and mentally. But then, in 1988, I got my first real BMX freestyle bike, a Dyno Detour, with mag wheels, flip down front pegs, trick nuts on the back, and two hand brakes. It was on. I immediately started trying to imitate tricks I saw in magazines, build jumps, and fall down. I had found my sport.

Millions of kids have this same reaction when they get their first set of wheels, be it a skateboard, a BMX bike, scooter, roller blades, or skates. I was part of the explosion of action sports from back yard jams to the ESPN XGames during the late 1990s and early 2000s. It's wild to think that skateboarding and freestyle BMX are part of the Olympic Games now.

Despite the popularity of action sports, they aren't at the top of any parent's list of things they're super excited about their kids doing. But I can tell you that these sports are rad for kids and parents alike.

Parents, think about it. There are no schedules to follow. No 5 a.m. practices. No uniforms to buy. No carpooling nightmares. Pack the kid a sammie and send them to the park. Sure, there's the occasional chipped tooth or broken wrist but that can happen with little league or football as well. Another bonus: skatepark parents are just cooler. I promise you they'll love you more if you bring them to the park . . . and then leave them alone.

On a recent trip to ROC City Skatepark I ran into my friend Carrie Principe and her ten-year-old son Dash, who is now my Padawan learner. Principe was looking for something her son could do,

and I suggested going to the park. Dash immediately took to riding and skating.

"Dash goes on and on about showing Tony his latest tricks. He has shown a side of himself that I wouldn't have seen otherwise. It's making our relationship and lives better," says Principe.

Skateboarding, BMX riding, and the other wheeled mayhem kids can get into at skateparks teach them a world of skill. On the practical side, kids learn how to maintain their ride. I had to learn how to fix a flat tire and adjust my brakes. Skateboarders must change wheels and bearings and adjust their trucks. These sports take a toll on equipment and kids need to learn how to use the tools to keep them rolling.

Alan Presutti, executive director for Friends of Roc City Skatepark says, "These sports teach perseverance and resilience. Fall, get back up, and try again until you succeed, which is at the essence of what it is to be successful in life."

Most importantly, these sports teach kids how to have fun and be creative in ways other sports don't. There are no rules. Your only limit is your imagination. The amount of positive change I have seen over the years is amazing. Things I only dreamed of are now commonplace in contest runs. You can see this happen right in front of you at skateparks when a group of kids start vibing off one another.

One of the biggest changes in action sports is the respect among riders. In my day, skaters and BMX riders didn't always get along. Where we did get along was in our disdain for rollerbladers. That's changed now thanks to things like the Nitro Circus, a traveling show that highlights wheeled action sports. It is great to see kids give a shout out to a rad trick pulled no matter what the athlete is riding.

Got an awkward kid who'd rather kick the heads off dandelions than fetch a ground ball? Grab a bike, board, and or scooter—and a helmet—and head out to your nearest park. Breaking Free Skatepark has beginner sessions every Saturday from 10 a.m to 1 p.m. ROC City Skatepark has plenty of smaller features for new riders, and there are always older riders to help show the newbies the ropes of riding at a park.



Ian with a kickflip to fakie at Breaking Free



Doing it for the photo op! Kids love to show off. Here's a scooter flip by Graham At Breaking Free.

#### **RESOURCES**

#### **Breaking Free Skatepark**

1044 University Ave. breakingfreeskatepark.com Instagram: @BreakingFreeSkatepark

#### **ROC City Skatepark**

Corner of South Ave.w and Woodbury St. cityofrochester.gov/roccityskatepark

#### Friends of the ROC City Skatepark

A guide to Western New York skateparks can be found at roccitypark.org/resources/parksin-western-and-central-ny-state



Soul Carve in the deep end at Roc City Skatepark as spectators watch.







#### Attica & Arcade Railroad

278 Main Street, Arcade, NY 14009 (585) 492-3100 • aarailroad.com



#### Kids Dav Weekend

July 9 & 10 at 1pm

KIDS DAY WEEKEND IS BACK! Bring the kids to ride the train as they celebrate the end of another school year. Kids activities include bounce houses, face painting, a dunk tank and more! This day is all about them!



#### **Haunted Halloween Express** October 29th & 30th at 1pm

Ride in costume to our Haunted Curriers Station. Go through the A&A Haunted House while you are there but be careful of the lurking creatures.



#### **Santa's Wonderland Express**

5 Weekends before Christmas All aboard Santa's Wonderland Express! Where you will travel to the North Pole to visit Santa Claus, meet his reindeer, mail your wish lists and more! This event is a can't miss and will sell out!



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585-586-5882 **HOBBYHOUSETOYS.COM** 





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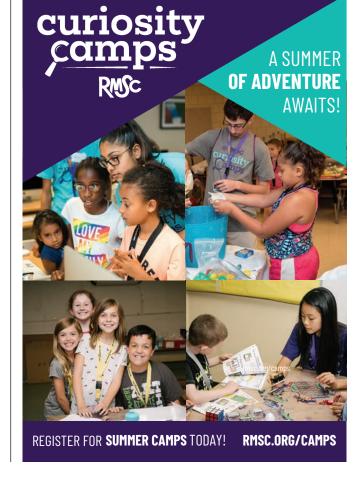
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Audrey Asks...

# an actor!

BY SARAH MEAD WITH AUDREY MEAD

**Audrey is a curious ten-year-old** who wants to learn more about everything. So, she is searching for kids in the Rochester area who are doing big things.

Today, she interviews thirteen-year-old Eliza Kostecki, who recently starred in *SpongeBob the Musical* at Victor Junior High School. Eliza loves sushi, pop music, and horror films. She lives with one brother, two dogs, and two guinea pigs. Math and Spanish are her favorite subjects.



Eliza Kostecki

#### What was your very first role in a play?

My very first role was as Gracie Shin in the *Music Man* with Spotlight in Fairport. I was seven years old. I have been in around ten plays since then.

Wow. That's a lot of plays! What made you want to start acting?

When I first did *Music Man*, I loved watching the older kids and knew acting was something I wanted to do. It allows me to meet tons of people and be different people. It's an escape from the real world and allows me to be creative.

#### What was your favorite role you've ever had?

My favorite role was Willy Wonka because he was both evil and nice. I also loved the music.

#### What's the best part of being in a play?

Becoming close with the character and bonding with castmates. I meet people and make friends from different schools, towns, and grades.

#### What's the hardest part?

The hardest part, but also the most fun, is working with new people. It takes time to get to know each other and act together.

You play Spongebob in *Spongebob the Musical*. How many lines do you have?

Hundreds!

#### How do you remember ALL of those lines?

I read over my script a ton of times and I run lines with friends and family. For school plays, we rehearse every day for several hours each day. However, I also take voice lessons and other private lessons in order to learn more, so I put in a lot of time towards practicing theater and singing.

#### What is the secret to a great audition?

My motto is "loud and proud," which helps you be confident and project during your audition.

#### Do you have any hidden talents?

I play the flute. Also, I'm very flexible and double jointed in my thumbs!

#### What kind of role is the most fun to play?

I love playing comedic roles and making people laugh.

#### What advice do you have for aspiring actors?

Always add your own touch to the character. It really helps to make the character your own.

#### What would be your dream role/musical to be in?

I have always wanted to be Tracy Turnblad from *Hairspray*. It's such a fun role.

#### What is next for you?

I'm not sure yet. After *SpongeBob*, I'll take a bit of a break and hope to check out some of the spring productions at Spotlight. After high school, I want to go to college for music or acting.



# Reach for the sky with a goal-setting plan

BY TERRI ERCOLE -

s there something you hope to achieve, create, or learn?

Set a goal, make a plan, and get to it!

For some, setting goals and following through are easy. For others, even getting started seems difficult. Here are three guides to setting, moving forward with, and achieving your goals no matter what they are. Let's get started together!

#### 1. THE PLAN

- Steps make the path easier to see. Think of what you need to do first, second, and so on.
- Your plan can be in words, pictures, or even a video of what you need to do step by step.

#### 2. RESOURCES

• These can be anything from a pencil for ideas, to expert advice, to people encouraging you!

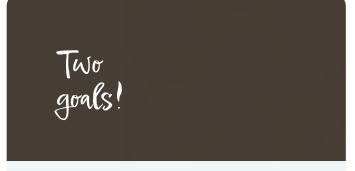
#### 3. CHECK IN

- How are you doing?
- Have you made progress and how do you know?
- If you are stuck, can you make your goal more specific? Can you try a smaller step? Find someone you trust to help you get moving again.

Let's check in with some goal setters in the 585! Learn how they are setting and moving toward their dreams.



Micah Hiley is a fifth-grade student at Cobbles Elementary School. His goal is to make his town's all-star baseball team. When asked why, Micah is quick to answer that he would love to represent his town as a standout in his favorite sport and it would be cool, too. Micah has been a player on the all-star two times before but says to make the team again he needs to be mentally, physically, and socially ready for the challenge. He knows that at any point others can show that they too are ready to be on the team. He has a plan! Mentally, Micah says he plans to wake up ready to play every day—even when he's tired. Physically, he's taking on a more specific goal of becoming a stronger hitter by practicing drills his coaches have given him. His social goal is to be a good teammate, respect the coaches, and have friends around him. Micah ends by stating that working on these smaller goals will help him to achieve his big goal of making the team. He's got a dream and a plan!



MaKayla Jones, a fourth-grade student at Rochester Prep, shares two goals with me. First, her school-related goal, is to get more math problems correct at school. Her plan: every day after school she will ask her family to create ten or eleven math problems to solve and explain if necessary. At school her teacher will be her resource, rereading problems to her so that she can better understand the problem.

MaKayla's second goal is to complete a backflip. She's already mastered a front flip using Youtube videos to show her the way. Her plan: watch instructional videos, practice, and try them out first on her father's trampoline. MaKayla says if she needs help, her dad can hold her back and flip her around

Makayla is well on her way to achieving both of her goals with a plan in place.



Jahmere Brown is a freshman at Rochester Prep high school. His goal is one that many people, young and old, share. He'd like to feel more confident and take more chances. As we talk, we find that it is the perfect time to bring the goal to a more specific, measurable point. His first step toward his goal is to be more engaged at school. The plan begins by Jahmere raising his hand during class. Making the goal even more achievable, he plans to try this in his geometry class; a class where he likes the teacher and feels confident that he can answer the questions correctly. Jahmere will try to raise his hand a set amount of times each week. An important part of setting goals is thinking about the obstacles that may show up. When thinking about obstacles with Jahmere (possible negative reactions to an incorrect answer) he realizes that the teacher is always helpful and his classmates are too. This makes it a safe space for stepping into his goal. Being able to begin is half of the challenge. I'm excited to check in with Jahmere and see how his first step is going.



Sky'Honor Balkman is a junior at Rochester Prep. Sky'Honor's goal of turning in required schoolwork on time is one that she has consistently worked on her whole life. This goal setter knows her advisors can help, but ultimately the responsibility is hers. Sky'Honor's plan is to continue to set aside a specific time each day to do her schoolwork, leaving time to consult with her advisor if she is confused about the assignment. Sky is even aware of obstacles, such as getting a ride to office hours, so manages her time to allow for this. The smaller, more specific goal of turning in schoolwork is part of a much larger goal. Sky plans to maintain her high scholastic achievements and ultimately be accepted into her college of choice. Her motivation is inspirational.



Eve Hiley is a first-grade student at Cobbles Elementary School. When interviewing Eve, I first ask her what the word "goal" means. She is on it! She says, "A goal is something you want or something you want to get to." Her initial idea, "I want to go to Target tonight!" could be considered a goal, but Eve has other ideas she's excited to share. Eve would like to do more gymnastics, specifically a split. Her why because it would be fun. Eve has a plan in place. She knows, from watching videos, that it is important to stretch, practice and practice again. When I ask how she will know that she's achieved her goal, Eve states that all she must do is look at herself. If her knees are bent, she will stretch and try again. Eve is up for the challenge, practicing every day. As a flip to the interview—Eve asks if I have any goals. I share my goals with our youngest goal setter. I'm sure I can count on her to cheer me on as I work toward them.



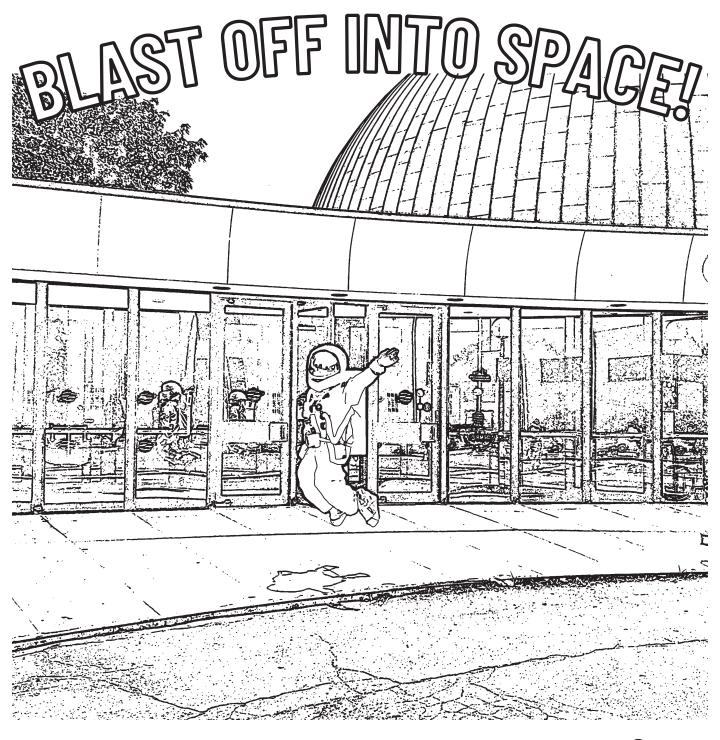
These incredible young people are setting goals, making plans and ready to make their dreams happen! I can only imagine how many more goal setters are out there ready to move forward.

You've got this!

Believe in your dreams.

Put your goals out for others to hear.

You might be surprised by how many cheerleaders you have around you, including ME. Idea





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