2021 Summer Camp Guide





everyone-

p. 15

morep. 34

salad queen-

p. 12

SCIENCE (STEM)

SPORTS CAMP OUTDOOR ACTIVITIES



The RD VI A Choreography by Rebekah von Rathonyi

A virtual event available online from April 23rd to May 24th



COOKING WITH THE WICKED WITCH Saturday, March 20 @ 1:00pm \$10

DANCING WITH GLINDA

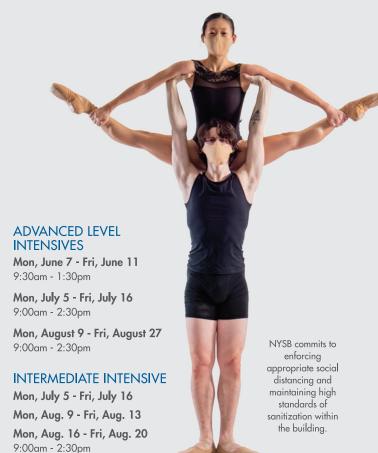
Saturday, March 27 @ 1:00pm \$10

WIZARD THROUGH THE WINDOW

Friday, April 9 @ 6:00 - 6:20 pm FREE

Park in front of our studios and preview the Wizard of Oz ballet at 821 Fairport Rd., Wegmans Plaza, E. Rochester

SUMMER INTENSIVES



YOUNG CHILDREN'S DIVISION July 5 - 31

Pre-Ballet: Saturdays 9:15am - 10am

Level 1A: Wednesdays 4pm - 5pm <u>or</u> **Saturdays** 9am - 10am **Level 1B: Wednesdays** 4pm - 5pm <u>and</u> **Saturdays** 9am - 10am

CHILDREN'S INTENSIVE

July 5 - 16 Monday - Friday Level 2 9am - 12pm Level 3 9am - 1pm



Visit our website for more program details at www.newyorkstateballet.org/trainingacademy



YMCA OF GREATER ROCHESTER

Summer Day Camp held at: Camp Arrowhead Pittsford

Camp Bay View

Webster **Camp Corning**

Corning

Camp Cory Penn Yan

Camp Eastside Penfield

Camp Northpoint Hilton

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RochesterYMCA.org

Hello (585) families

Hello! Thank you for picking up (585) Kids.

Our entire staff has been excitedly preparing for this début issue since we purchased *Roc Parent*, formerly *Genesee Valley* Parent, in November of 2020. Thanks to Dresden Engle and Salley Thornton, former owners, for making the transition smooth and answering a thousand questions; Barbara Melnyk, founding publisher, for reaching out to offer any advice and assistance she could provide; and to Deb Ross of kidsoutandabout.com for simply being awesome. Women helping women has been the name of this game, and I am grateful.

GVP and Roc Parent produced a long and storied run of camp fairs, but the last one was, of course, cancelled. The (585) Kids Summer Camp & Activity Fair is scheduled for Sunday, April 18, from 11 a.m. to 5 p.m., at Eastview Mall in Victor. Mark your calendar!

Before you go, have a look through the Summer Camp & Activity Fair guide in this issue and make note of the ones you're most interested in.

As we go to press things are opening up and we predict the

camp fair will proceed as planned. Check our website (585kids. com) and social media for updates before heading out.

See you soon!



-Jane Milliman, Publisher

PS) Interested in gardening? Check out our sister publication, Upstate Gardeners' Journal (upstagardenersjournal.com).

PPS) Love food, drink, culture, and all the adventure our area has to offer? Pick up (585) magazine (585mag.com).

Publisher & Editor Jane Milliman

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FEEDBACK

We'd love to hear what you think! Write to rwagner@585mag.com or letters to the Editor, (585) Kids, 1501 East Avenue, Rochester, NY 14610.

DEADLINES FOR LISTINGS

Calendar listing deadlines for our upcoming issues are as follows: For Summer 2021 issue: May 10 For Fall 2021 issue: Aug. 10 For Winter 2021 issue: Nov. 10 For Spring 2021 issue: Feb. 10

ADVERTISING

If you'd like to learn about advertising in an upcoming issue of (585) Kids or on our website, please view our advertising rate card and mechanical requirements at 585kids.com or call (585) 413-0040.



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WHAT WE DO:







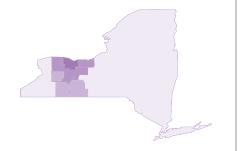


(585) magazine (585) Kids (585) Hot Off the Press **Happy Hours Upstate Gardeners' Journal Custom Publishing**











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Summe Roamp Roamp

Choose your path to summer fun!



15

Whether it's spent running, jumping, swimming, playing, experimenting, dancing, or creating—this summer is one you won't forget. FInd the right camp for you starting on on page 15.



ON THE COVER

Photo by Michael Hanlon Design by Cathy Monrad Special thanks to MTF Models and the Rochester Museum and Science Center



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STAGES SUMMER THEATER CAMPS @ STAGES

Supported by

Rochester Broadway Theatre League (RBTL)

www.MJTStages.com 585-935-7173

875 E. Main St., Aud Ctr., Rochester, NY





July 6 - 10 (Tu-Sa) & July 12 - 16 (M-F) 9 - 4pm Grades 4 - 8



July 19 - 30 (M-F) 9 - 4pm Grades 6 - 10



August 2 - 13 (M-F) 9 - 4pm Grades 7 - 12



August 16 - 27 (M-F) 9 - 4pm Grades 6 - 10

STAGES SUMMER THEATER CAMPS @ JCC

Stages and the JCC are joining together to provide full day camp options for our young performers.

July 6 - 9 (Tu-F) July 12 - 23 (M-F) half days

8:30am - 12:30pm Grades 1 - 6 in fall



July 26 - 30 (M-F) half days

8:30am - 12:30pm Grades 1 - 6 in fall



August 2 - 20 (M-F) half days 8:30am - 12:30pm

Grades 1 - 6 in fall





www.MJTStages.com 585-935-7173

email Stages@MJTStages.com Stages @ JCC - 1200 Edgewood Avenue

Act 2 @ JCC

Afternoon Summer Program Pair w/ Stages @ JCC camp dates above Grades 1 - 6 in fall

Arts, Pool, Summer Camp Activities To enroll in afternoon programs, Email <u>tykes@jccrochester.org</u>



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BY JINELLE VAIANA

GETTING WILD

The Seneca Park Zoo is hosting Afternoon ZooCamps on Wednesdays this spring, including April 28 and May 19. Camps provide children, ages 5 to 9, with the opportunity to learn about animals and participate in related crafts and activities.

"Programs like Afternoon Our ZooCamps ... allow us to share our knowledge of and passion for wildlife and wild places with kids in the community in a fun and practical way," says Donato DiRenzo, communications coordinator at the zoo. "Connecting with kids at a young age can help to foster and grow their love and respect for wildlife, conservation, and the world around us, and that will always be one of our primary goals here at the zoo." It's also a unique opportunity and alternative for kids who have been spending way too many hours in a virtual classroom.

The April session will focus on animals who hunt for their food and how the animals evolved over time to find food and hunt more easily. Students in the May session will learn about our local habitats and the animals that occupy them.

Camp sizes have been reduced in response to COVID-19 so campers can be seated with a safe distance between them. Following state and local guidelines, masks will be worn at all times except when eating or drinking. Classrooms and

surfaces will be disinfected several times per day.

What do campers say is their favorite part of Afternoon ZooCamps? Meeting animals in-person, according to DiRenzo, followed closely by crafts and projects.



SETTING THE STAGE

For the budding young performer, OFC Creations offers a variety of opportunities for theatre education and stage time. The organization, which produces professional plays and musicals, hosts community events, and organizes the largest theatre summer camp in upstate New York, opened a new performing arts center in Brighton last year.

Despite the pandemic, July and August 2020 saw 500 campers performing in fifteen summer camp musical productions, and the fall and winter programs showed similar, heavy interest.

This year, summer camp at Kodak Center and OFC Creations Theatre Center resumes for three age groups: 4 to 7, 7 to 11, and 12 to 18. Students can choose which program they'd like to participate in, including Cinderella, Beauty and the Beast Ir., and more.

In an effort to safeguard its performers, executive director Eric Vaughn Johnson says, "students are separated into smaller cast sizes, all students wear cloth face masks, and they also wear an additional face shield on top while singing. We do temperature checks, cleaning, and more. Knock on wood, [we've had] no COVIDrelated issues since reopening!"

If your child has no interest in pursuing the stage, they can still catch an entertaining performance of The Spongebob Musical on April 30, as well as May 1, 2, 21, and 22.

The hope is to hold these performances in person—state and local guidelines permitting. Visit ofccreations.com to sign up for classes and camps, and for additional information on live performances.

FINGERS CROSSED FOR FOOD TRUCK RODEO

It's a Rochester tradition, complete with good food, local music, dancing, and merriment. The Food Truck Rodeo at the City of Rochester Public Market always draws a healthy crowd downtown, usually 5,000 to 7,000 attendees and thirty to forty food trucks pre-COVID, which is why organizers decided to postpone the events last year.

The market is a difficult venue to monitor, an open space with multiple entrances where it's easy for crowds to convene. It's uncertain what spring and summer 2021 holds for these events, but organizers are staying hopeful and have released tentative dates, including April 28, May 26, and June 30.

The Rodeos are a great chance to get the kids out of the house, support local food vendors, dance to live entertainment, and more. Before you go, be sure to wear your best stretchy pants to make room for all that good grub and comfy shoes for walking and dancing on the bricks. Some lawn chairs and even a folding table are good ideas as well. Masks are required.

The Market will be offering a free shuttle from the East End Parking Garage at the corner of East Main and Scio Streets, which will run in twenty- to thirty-minute



loops. The first shuttle leaves at $5:00~\rm p.m.$ and the last one leaves the market at $9:15~\rm p.m.$

The City of Rochester Public Market will continue to seek guidance from New York State and the City of Rochester Office of Special Events pertaining to this and other special events at the Public Market during the COVID-19 pandemic. Dates are tentative, so check with the Market office at 428-6907 to confirm before heading out the door.

WELL-READ IN MENDON

What organization or business hasn't had to pivot its operations in the past year? Just like many others, the Mendon Public Library has had to get creative around alternatives for its programming.

Kelly Paganelli, assistant children's librarian at Mendon Public Library—better known to local kids as "Miss Kelly"—has transitioned her usual Preschool Story Time to take place outdoors in the Gazebo at Harry Allen Park, across the street from the library.

Story Time at the Gazebo began at the start of the school year and will run through June 8, taking place on most Tuesdays (excluding school breaks).

Miss Kelly begins and ends each session with a song to engage the kids. There is usually a craft to take home as well, like a pinecone bird feeder kit or a hat-making craft with paper.

"It's a blast to work with the kids, and it's been super fun to carry on outside despite COVID," says Paganelli. "The kids don't mind the snow or rain. Sometimes Miss Kelly's fingers get cold, but the kids are patient with my page-turning abilities."

Don't forget to bring a mask and dress appropriately for the weather.



The MT Ed difference:

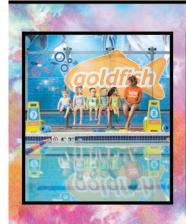
- -Education programs delivered by trained teachers in a nurturing, safe environment.
- -Focus on the whole child, scheduled outdoor time, life skills.
- -A family atmosphere.

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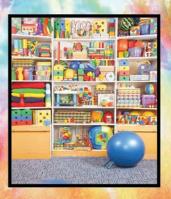


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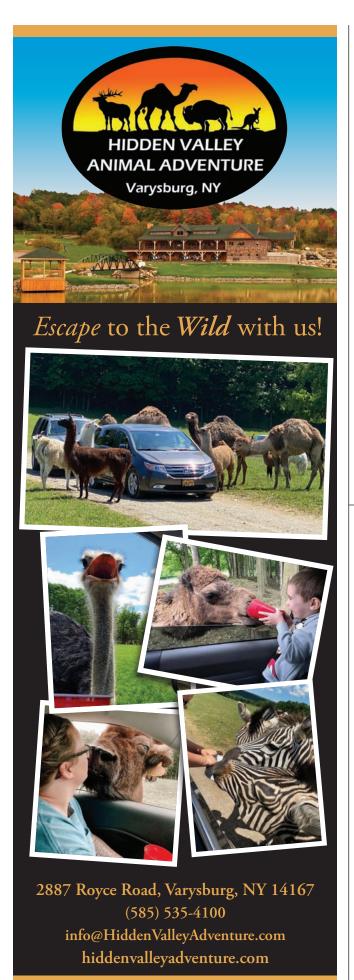


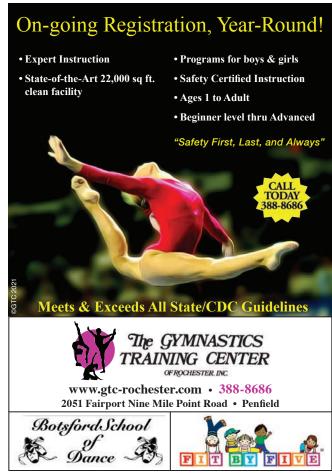




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Meal planning: a little goes a long way

BY EMILY DICESARE

"Enjoy every minute!" they say.

"Don't you wish they would stay little forever?" they ask. The people that say these things to parents have clearly never tried (or forgotten what it's like) to plan for feeding a family, particularly one with babies or toddlers.

Feeding a family is time-consuming and stressful. There are many demands on the meal planner. It needs to be healthy, it needs to be affordable, and, most importantly, it needs to be delicious.

Before beginning to plan meals, decide what you like and are good at. Be realistic in these decisions. Do you enjoy planning meals? Are you interested in finding new recipes or sharing recipes with friends? Do you like grocery shopping? Do you need fast and easy meals? How much time do you have to cook each night? Are you on a budget?

Not enjoying this does not make you a failure or a bad parent. Setting yourself up for success relies on being honest and realistic. Perhaps your partner enjoys some of these tasks. In our house we cook together many nights. I always do the planning, the shopping, and a majority of the prep and cooking, and my husband always does the dishes. Dividing and conquering is key to success in many homes. What tasks can the children help with? Including children in meal preparations and the cooking process makes them more invested. Since the pandemic started, I began ordering groceries through Instacart instead of grocery shopping myself. I don't feel guilty about not having enough time to get all the tasks done. I can "grocery shop"

from anywhere, and my husband or babysitter can pick up the groceries. One person does not need to do this alone, and in fact trying to do it alone will likely lead to failure.

In our house the rules are clear:

- I am not a short order cook.
- You must eat what is served for dinner.
- You have to try some of everything.

There are a few choices if you are still hungry after dinner—fruit, cheese sticks, or yogurt. My children know this and so their expectations are set accordingly.

Have a formula:
Meatless Monday
Taco Tuesday
Waffle Wednesday, etc...

Don't be afraid to fail—not every dinner will be perfect.

Thai Curry Chickpea Noodle Soup



1 cup yellow onions, fine dice 2 tablespoons minced garlic 2 teaspoons minced ginger 3 tablespoons red curry paste 2 cups vegetable broth 1½ cups water (or broth) 1 tablespoon soy sauce 2 teaspoons lime juice 2 tablespoons white miso

SPICE/HERB INGREDIENTS

1 teaspoon garlic powder1 teaspoon onion powder2 tablespoons dried minced onions½ teaspoon sea salt

OTHER INGREDIENTS

16 oz. chopped vegetables (fresh or frozen & thawed)

1 cup + 2 tablespoons light unsweetened coconut milk

- 2 15 oz. cans chickpeas, drained a nd rinsed
- 4 oz. brown rice Mai Fun noodles (or noodle of choice) Block of tofu, chopped into 1 inch pieces

OPTIONAL INGREDIENT

1 teaspoon chili garlic sauce

OPTIONAL TOPPINGS

Chopped cilantro
Thai basil
Microgreens
Sriracha or chili garlic paste
Lime wedges
Sliced green onions
Sliced jalapeños

INSTRUCTIONS

- 1. Cook the noodles according to package directions, then drain and set aside until ready in step 5.
- In the meantime, place the spice/ herb ingredients in a small bowl, mix well, and set aside.

3. In a large ceramic/enamel lined Dutch oven or stock pot (or similarly large stockpot/skillet) add the diced onions and sauté over medium-high heat until the onions start to soften, about 5 minutes. Add a splash of water (or broth) if needed, if the onions start to burn.

Cooking time: 20 minutes | Serves 4–5

- 4. Add the minced garlic, ginger, and red curry paste, and stir constantly for several minutes. Then add all the remaining base ingredients and spice/herb mix, bring to a boil, then immediately lower the heat and simmer for 3 minutes.
- 5. After 3 minutes, add the stir fry vegetables, light coconut milk, chickpeas, and chili garlic sauce, stir to incorporate. Bring to a boil, then immediately lower to a simmer; simmer for 5 minutes. Taste test and add any additional spices/ingredients to suit your personal preferences, then add the cooked noodles.
- 6. Top and serve!

Adapted from monkeyandmekitchenadventures.com.

Or perhaps serve the same thing each week. My husband's grandmother did just that:

Sunday—macaroni and sauce

Monday—soup or stew

Tuesday—pork chops (which nobody liked, I'm told)

Wednesday—macaroni and sauce

Thursday—meatloaf

Friday—leftovers

Saturday—roast chicken

There were no questions—everyone knew what was for dinner each night. It also must have made her grocery shopping very easy each week. My husband's aunt tells me that this rarely changed. She still remembers the few nights that her Italian mother would make something different, like turning leftover chicken into a chicken chow mein of sorts, that she recalls was unexpected and one of her favorite meals.

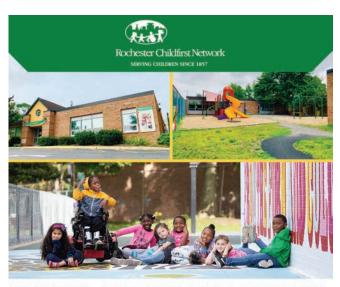
If it works in your budget and expectations, plan for takeout or a pre-made meal one night a week. In our house Trader Joe's frozen orange chicken and veggie fried rice is a favorite that can be on the table in less than fifteen minutes. We might add some sliced raw veggies or roasted broccoli on the side for a more balanced meal.

Another option is meal prep services. While I haven't personally used any of these, I have many friends that swear by them. Services like Hello Fresh, Blue Apron and RadDish Kids send ingredients to your home that you then prepare.

Locally, companies like Project Lean Nation and Sweet Pea Plant-Based Kitchen offer healthy prepared foods that you reheat at home.

Don't be afraid to fail—not every dinner will be perfect. Some don't come out as planned, some get burned; some are just gross. It happens to everyone, even professional chefs. Another thing that I think is important is telling your family to be honest. My husband and kids know that it's ok to say they don't like something that I made. I would prefer they tell me the truth, as opposed to saying, "thanks Mom, dinner was great!". If I think everyone liked it, I will make it again. If I know that it wasn't a hit, I can take it off our list, or tweak something to make better the next time. This also means that the whole family really thinks about what they are eating, and what they like (or dislike) about something, whether it's a texture, a specific spice, or the actual food that didn't work for them.

Find a formula that works for your family—then don't be afraid to deviate from it. Demands on time change, tastes change, children grow up. Be flexible, and continue to evaluate what is working and what is not. Kids



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A one-stop look at the summer camps and activities featured in this issue

ACTIVE AND SPORTS

THE GYMNASTICS TRAINING CENTER OF ROCHESTER

2051 Fairport Nine Mile Point Rd., Penfield • 388-8686 gtc-rochester.com

Summer programs run June 24 to Aug. 17, with half-day and full-day camps. GTC offers structured and progressive instruction for boys and girls, age preschool through teen, plus tumbling, custom field trips, and programs for students with special needs.

LAKESHORE HOCKEY ACADEMY

123 Ling Rd., Rochester • 865-2800 • Ishaice.com
Offers three camps focusing on skill development for a variety of ages. Each clinic meets once a week, for eight weeks.

MASTER KIM'S TAEKWONDO

Locations in Penfield, Greece, and Irondequoit • 377-2000 masterkims.com

Help your child develop self-confidence, self-esteem, and leadership skills. Master Kim's Taekwondo is a landmark of Rochester martial arts. Weekly camps June 25–August 31 include Taekwondo classes, games, arts and crafts, and weekly field trips.

MIDTOWN ATHLETIC CLUB

200 E. Highland Dr., Brighton • 461-2300 • midtown.com Camp Midtown kids enjoy a variety of games, crafts, and weekly themed sessions, from the pool to the tennis courts and everything in between. For ages 3–13.

ROCHESTER FENCING CLUB

3335 Brighton-Henrietta Town Line Rd., Rochester • 654-6047 rocfencing.com

Offers a variety of camps for children of all skill levels. Students grouped by age and level of experience. All equipment is provided.

ROCHESTER YACHT CLUB

5555 St. Paul Blvd., Rochester • 342-5511 • rochesteryc.com For ages 6–17, summer programs teach and promote an interest in yachts and yachting and the principles of seamanship and navigation.

ROCVENTURES

1044 University Ave., Rochester • 442-5462 rocventuresclimbing.com

Every week during the summer there is a climbing camp for ages 6–14, with daily climbing instruction, arts and crafts, games, and high ropes course. Full-day and half-day options are available.

SODUS BAY JUNIOR SAILING ASSOCIATION

7433 Clover St. P.O. Box 117, Sodus Point • (315) 333-2079 sbjsa.org

This association's sailing curriculum is designed to provide all levels of instruction from beginner to advanced. Each camper

spends most of their time on the water learning how to sail. Some days will be split between land classes and water activities. Campers will also learn instruction in the care and use of canoes, stand-up paddle boards, and kayaks. All classes will be offered as a one-week session, Monday through Friday, 9:30 a.m.—4 p.m. starting on June 28. Participants can sign up for as many sessions as they would like and should follow the camp curriculum progression to optimize their experience. For ages 8–18.

SPORT INTERNATIONAL HOCKEY ACADEMY (SIHA)

80 Lyndon Rd., Fairport • (800) 724-6658 or julie.napieralski@gmail.com
123 Ling Rd., Rochester • (800) 724-6658 or grizzlap@yahoo.com

Forty hours of hockey for ages 6–17! SIHA is a fast-paced program perfect for any level of hockey player. The Fairport camp will be held at the Rochester Ice Center July 12–July 16. The Rochester camp will be held at the Lakeshore Hockey Arena Aug. 9–Aug. 13.

TENNIS CLUB OF ROCHESTER

570 Kreag Rd., Pittsford • 381-2529 • tcr1886.com

For ages 5–13, a week-long camp is designed to create an interest in tennis, golf, and swimming, while promoting an active lifestyle. Instruction daily includes field activities, other sports, and arts and crafts projects. Half-day and full-day options available.

TOTAL SPORTS EXPERIENCE

880 Elmgrove Rd., Rochester • 458-4263 totalsports-experience.com

435 West Commercial St., East Rochester 203-0367

A variety of camps for kids interested in sports such as soccer, basketball, baseball, lacrosse, and more. Sessions vary in length and programs are available for ages 2–18 plus.

YMCA OF GREATER ROCHESTER

YMCARochester.org

The largest summer camp provider in our region, the YMCA of Greater Rochester offers a wide range of experiences at various locations, in an active, safe, and nurturing environment.

DAY CAMPS:

Camp Arrowhead (Pittsford) 383-4590
Camp Bay View (Webster/Penfield) 341-4001
Camp Corning (Corning) (607) 936-4638
Camp Eastside (Penfield) 341-4000
Camp Northpoint (Hilton/Greece) 723-5489

Camp Thunderbird (Genesee Valley Park) 263-4283

OVERNIGHT CAMPS:

Camps Cory and **Gorham** are detailed in the "Overnight Camps" section on page 20.



ANIMALS AND NATURE

SENECA PARK ZOO

2222 St. Paul St., Rochester • 336-7213 • senecaparkzoo.org
Summer ZooCamp is a week-long session where campers ages
3–12 explore nature and animals. Every camp includes daily animal experiences, nature hikes, outdoor play, hands-on creative exploration, citizen science, real-world conservation projects, and in-depth thematic inquiry.

LOLLYPOP FARM

99 Victor Rd., Fairport • 223-1330 • lollypop.org

Lollypop Farm offers a variety of summer camps for kids interested in learning more about animals and the animal welfare community. Make new friends, learn together, play games, and hang out with amazing animals. Fun for ages 4–11.

MEADOWS OF MENDON

1536 West Bloomfield Rd., Honeoye Falls • 582-1437

Community-based pleasure-riding stables with instruction in horseback riding inluding safety in the saddle and in the stables. Riders also will learn about animal nutrition, grooming, nursing care, and bathing horses.

ARTS (*Please note: theater camps are on page 22*)

THE ART STOP

1822 Penfield Rd., Penfield • 872-5710 • artstopllc.com

Campers age 5–12 will work on a variety of art projects using different mediums such as acrylics, clay, gouache, watercolor, marker, pastels, colored pencils, and more. Full-day, half-day (morning or afternoon), and extended care offered.

BACH TO ROCK

2160 Penfield Rd., Penfield • 364-3766 • penfieldb2music.com Half-day and full-day camps for spring break and in summer. As students develop their skills through music instruction, they can go any place their musical interests take them. Experiences include performing before audiences.

BEST FOOT FORWARD

100 Cobblestone Ct., Victor • 402-8186 • bestfootforwardkids.com More than thirty years of experience offering quality arts classes to the community. Summer sessions and private lessons in voice, guitar, piano, and percussion, plus the production of *Lion King Jr.* for ages 4–12 from July 9 to 26 (performance on July 26).

CREATED BY US POTTERY SUMMER CAMP

3 Railroad St., Fairport • 223-8210 • createdbyuspottery.com Half-day or full-day camps July 8–Aug. 16 (9 a.m.–noon or 9 a.m.–4 p.m.). For ages 5–9: weekly themed camps/painting pottery and canvas, plus crafts and games. For ages 10–15: learn a variety of painting techniques on pottery, canvas, and wood.

DRAPER CENTER

1326 University Ave., Rochester • 461-2100 • drapercenter.com All levels of study and intensity for children wishing to improve their abilities or train to become a professional dancer. Summer programs: Creative Movement (ages 3–4) and Pre-Ballet (ages 5–6) July 2–24: two-week programs July 8–19; and four-week intensive July 29–Aug. 23.

EASTMAN COMMUNITY MUSIC SCHOOL

26 Gibbs St., Rochester • 274-1000 • esm.rochester.edu

Spend a week at Eastman July 29—Aug. 2 making music with people just like you—who love playing, learning, and creating music, all in a supportive and fun environment. A full-day program for those in grades 5 to 9—all instruments, all ages, all abilities.

ELITE STUDIO OF DANCE

1387 Fairport Rd., suite 900, Fairoprt • 425-7975 elitestudioofdance.com

Registration is underway for summer classes including tumbling, hip hop, themed camp weeks, and competition-level classes for boys and girls from tots to teens.

HOCHSTEIN SCHOOL OF MUSIC AND DANCE

50 N. Plymouth Ave., Rochester • 454-4596 • hochstein.org
Hochstein has a wide range of summer offerings for all ages, including Arts In Action camps, musical theater vocals and dancing, and an array of instrumental instruction, including rock, jazz, percussion, and composition.

KANACK SCHOOL OF MUSICAL ARTISTRY

2077 South Clinton Ave., Rochester • 244-6910 • kanak.org Kanack hosts multiple summer camps for kids ages 5–17, centered around piano, chamber music, vocal technique, musical theater, orchestra, and Suzuki.

NEW YORK STATE BALLET TRAINING ACADEMY

821 Fairport Rd., E. Rochester • 203-1763 or 704-1903 newyorkstateballet.org

The New York State Ballet Training Academy offers certified professional dance instruction in a welcoming and nurturing environment. The brand-new, spacious studios feature state-of-the-art dance floors that reduce the potential for injury. Many performance opportunities are available for your child to showcase the skills learned and joy experienced while dancing alongside the professional dancers of the New York State Ballet.

MODELING AND ETIQUETTE

ETIQUETTE CHICS

Jefferson Park Lodge • 413-7206 or etiquettchics@gmail.com, susanvernick@yahoo.com

Offers classes on a variety of topics such as Mealtime Manners, Out of this World Etiquette (*Star Wars*—themed), *Frozen*-themed tea party, and Making a Good First Impression. Classes are available for ages 5–14.

MARY THERESE FRIEL, LLC

1251 Pittsford Mendon Rd., Mendon • 625-5510 • mtfmodels.com Mary Therese Friel's fun-filled modeling camp is available for girls ages 9–19. Camp includes instruction in runway modeling, print modeling, hair and makeup, self-presentation and speaking, your child's own photo shoot, and more!



MODELING AND ETIQUETTE CONT.

THE REFINEMENT STUDIO

494 East Ave., Rochester • 244-2228 • therefinementstudio.com Offers youth etiquette programs focusing on the principles of common courtesy and basic social etiquette. They also include age specific lessons and coaching. For children ages 5–17.

OVERNIGHT CAMPS

CAMP CORY

140 East Lake Rd., Penn Yan • 325-2889 • campcory.org

A branch of the YMCA of Greater Rochester, Camp Cory has been serving families for more than ninety years. Situated on the shores of Keuka Lake, Corey offers campers a variety of land and water activities and experiences.

CAMP GORHAM

265 Darts Lake Rd., Eagle Bay (The Adirondacks) • (315) 357-6401 campgorham.org

A branch of the YMCA of Greater Rochester, Camp Gorham has welcomed campers for more than fifty years to overnight camp experiences in a picturesque Adirondack Mountains setting with a private lake.

CAMP STELLA MARIS

4395 East Lake Rd., Livonia • 346-2243

For more than ninety years, Camp Stella Maris has been a home away from home for campers to try new and exciting things, challenge themselves, and make friends that will last a lifetime.

CAMP WHITMAN

150 Whitman Rd., Penn Yan • 315) 536-775 • campwhitman.org A traditional overnight summer camp experience focused on exploring the outdoors, developing friendships, and growing in connection to Jesus Christ.

SCIENCE AND NATURE

ADIRONDACK WOODCRAFT CAMPS

285 Woodcraft Rd., Old Forge • (315) 369-6031 woodcraftcamps.org

Adirondack Woodcraft Camps' mission is to help young people grow in courage, build resilience, and see the natural world with caring eyes. Ages 6–17 for two to seven weeks.

CORNING MUSEUM OF GLASS

One Museum Way, Corning • (607) 937-5371

Activities for children, including free evening Family Nights, to introduce little ones to the museum.

MAD SCIENCE OF WESTERN NEW YORK

333 Metro Pk., Rochester • 732-2799

Camp is a daily combination of in-class discovery and exploration, outdoor games and physical activities, and hands-on applications of the scientific principles presented.

MARVELOUS MIND ACADEMY

274 N. Goodman St., Rochester • 210-8554

Marvelous Mind Academy is an educational cooperative for exploratory learning that uses the world as its classroom.

ROCHESTER MUSEUM AND SCIENCE CENTER

657 East Ave., Rochester • 271-4320

Discover science as a fun and creative way to explore the wonders of our world with Summer Curiosity Camps for ages 2–15—with experienced educators at a museum filled with hundreds of interactive exhibits to explore.

SPECIAL NEEDS

AUTISMUP

855 Publishers Pkwy., Webster • 248-9011 • autismup.org

Innovative social clubs, sensory exploration classes, personal fitness, and recreation programs for individuals of all ages and abilities. Plus, Social Skills Summer Camp and the Summer Speech Boot Camp.

CAMP EAGR

Presented by Epilepsy-Pralid, Inc. • 442-4430 • epiny.org

Camp EAGR is a week-long, overnight camp for youth with epilepsy, who gather for a week of swimming, horseback riding, rock wall climbing, and laughing and fun. For ages eight—seventeen.

CAMP PUZZLE PEACE

10 Rockhurst Dr., Penfield • 371-5018 • familyautismcenter.com

The Family Autism Center's family camp is a place that families with children on the Autism Spectrum can go to relax and spend quality time together in the beautiful and peaceful setting of the Adirondack wilderness. The camp provides an understanding and accommodating environment so that families can feel comfortable and supported on a vacation with other families experiencing similar challenges. The program targets families with school aged children, but can accommodate preschoolers and young adults as well.

VARIETY OF OFFERINGS (from arts to STEM to sports)

ALFRED UNIVERSITY

1 Saxon Dr., Alfred, NY • (607) 871-2111 • alfred.edu

Each summer Alfred welcomes high school students from all over the country to participate in academics and sports, to learn more about their fields of interest, to sample life on a college campus, and to meet other students with similar interests and academic ability.

CAMP GOOD DAYS

Branchport, Rochester, Buffalo, Syracuse 624-5555 or (800) 785-2135 • campgooddays.org

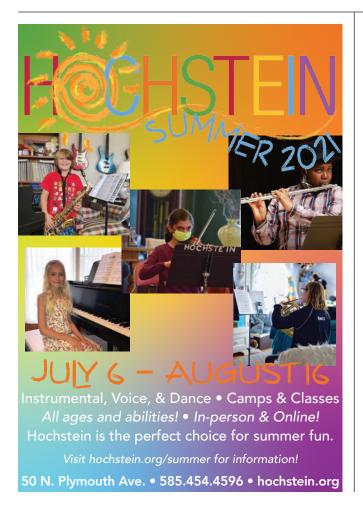
Programs for children with cancer or sickle cell anemia and their families. Activities range from sporting and concert events to fishing, laser tag, theme parks, and everything in between! All of the programs and services are offered free of charge for the participants. Camp Good Days has no geographical boundaries and accepts children from all fifty states and all over the world. No child with cancer is ever turned away.



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J.McMurtry@Friendshipchildrenscenter.com



VARIETY OF OFFERINGS CONT.

CHALLENGE ATHLETICS

25 Parce Ave., Fairport • 678-9434 • challengerochester.com
Offers a variety of camps Monday—Friday throughout the summer for ages 6 and up. Martial Arts Camp runs 9:30–11:30 a.m., tumbling camp 9:30–11:30 a.m., 11:30 a.m., 130 p.m., and 1:30–3:30 p.m., and dance camp 1:30–3:30 p.m. A mini camp is also available for children ages 4–7, and is offered 9:30 a.m.–12 p.m.

THE CHARLES FINNEY SCHOOL

2070 Five Mile Line Rd., Penfield • 387-3770 • finneyschool.org Learn the fundamentals or refine your skills in volleyball (June 24–27, grades 7–12), basketball (July 15–19, grades 3–6), soccer (July 22–26, grades 3–6), and musical theater (Aug. 5–9, grades 3–12).

CITY OF ROCHESTER

Genesee Valley Park Field House • 428-8820 • cityofrochester.gov Summer adventures await at Rochester Community Centers, including field trips to local parks and cultural sites, arts and crafts, and STEM activities and experiments. For ages 6–13.

CODE NINJAS

3040 Monroe Ave., Rochester • 900-2633 • codeninjas.com
Offers a variety of programs for ages five—fourteen focusing on
technology and STEM skills. Programs include A Bit of Micro:bit
Magic, Adventures in 3D Printing, Building the Beat: A Music
Coding Camp, Stop Motion Animation, Code Your Own Arcade
from Scratch, and much more.

COURAGEOUS EVOLUTION

5 South Main St., Pittsford, NY • 425-0338 • courageousevolution.com Programs for adults and camps for teens! Have fun with role playing, journaling, and artistic expression while making new friends, building self-confidence, developing leadership skills, letting go of being cool, releasing perfectionism, becoming more assertive, and more you!

GENERATIONS CHILDCARE

Fairport, Gates, Rochester, Irondequoit • generations-care.com Generations Summer Adventure for Kids provides a great way to learn new skills and experience exciting summer fun, all in a nurturing environment during the ten weeks of summer. A new theme every week, plus summer reading, music, art, science, and fun. For ages 5–10.

GIRL SCOUTS

100 Elmwood Ave., Rochester • 888) 837-6410 • gswny.org
Girl Scouts offers a summer camp for girls to explore leadership,
build skills, and develop a deep appreciation for nature. There
are day and week-long camp options, with swimming, hiking,
horseback riding, archery, and ropes course.

GREECE COMMUNITY EDUCATION

200 Alcott Rd. #3, Rochester • 865-1010

Play-learn-discover during the Just 4 Kids summer camp for

grades K–5, from July 8 through Aug. 16 (open to all, not just Greece residents).

HARLEY SCHOOL

1981 Clover St., Brighton • 442-1770 • harleyschool.org
Summers at Harley include Harley Day Camp for ages 4–12,
Summer Nursery Program for 3-year-olds, and Summer Academy
for all ages, including sessions in academics, art, dance and sports.

JCC DAY CAMP

1200 Edgewood Ave., Brighton • 461-2000 • jccdaycamp.com
The purpose of the Day Camp at the Louis S. Wolk JCC of Greater
Rochester is to build a formative and fun day camp for grades K–6
that welcomes all campers into a safe community of respect and
inclusion. Activities include nature, sports, arts and crafts, and
theater.

OUR LADY OF MERCY

1437 Blossom Rd., Rochester • 288-7120 • mercyhs.com Summer camps for girls focused on friendship, challenges, and growing their talents.

R-CENTER SUPER CAMPS

57 St. Paul St., Rochester • 428-9777 • cityofrochester.gov Sign your child up for a fun and active summer at the City of Rochester's ArtSmart East & West and Youth Sports Camps. Offers a diverse group of friends, caring staff, affordable prices, and convenient locations.

RIT CAMP TIGER

300 Lomb Memorial Dr., Rochester • 496-4562 • rit.edu Camp Tiger—formerly known as Kids on Campus—is a summer day camp based on science, technology, engineering, art, and mathematics (STEAM). For kids in grades K–12.

WRITERS & BOOKS

740 University Ave., Rochester • 442-9333 • wab.org

If your children enjoy reading, writing, acting, Harry Potter, Shakespeare, poetry, social justice, storytelling and more, then there is certainly something for them at the Writers & Books SummerWrite 2021. Full camp listings are located at wab.org/youth-programs/summerwrite-2021.

WEBSTER PARKS & RECREATION

1350 Chioyda • 872-7103 • ci.webster.ny.us/212/summer-camps Thrilling themes, aumsing activities, fun field trips, great games, and plenty of play away your kids age 3–14 during multiple sessions options from June 28 through August 20. Earlybird and multiple-child discounts available.

THEATER

A MAGICAL JOURNEY THRU STAGES

875 East Main St., Auditorium Center, Third Floor, Rochester 935-7173 • mjtstages.com

Be in a show this summer—all experience levels and each session culminates in a full performance.



BEST FOOT FORWARD

100 Cobblestone Ct. Dr., Victor • 727-2438

Participants will work on learning dance in the musical theater style and group choreography. They will also be introduced to proper vocal technique while learning music from each show. Participants will engage in acting exercises and memorize dialogue. This summer's productions include *Aladdin* and *Beauty and the Beast.* For ages 5–15; all levels of experience welcome.

MT ED (MUSICAL THEATRE EDUCATION)

4785 Lake Ave., Rochester • 802-1902

Campers will spend their days rehearsing for their chosen show, playing theater games, and participating in vocal, acting, and dance rehearsals. Runs 9 a.m.—4 p.m. to provide time for a longer lunch, in which campers will walk to Ontario Beach State Park to play on the beach or playground, or just unwind. Before and after care is offered from 8 a.m.—6 p.m. at no additional charge. Musicals offered for age 4 up through 10th grade. Productions include *Snow White and the Seven Dwarfs* (August 2—6), *Peter Pan Jr.* (July 5—16), *Night At The Wax Museum* (July 19—30), *Mary Poppins Jr.* (August 2—13), *The Little Mermaid Jr.* (August 16—27), and *13 TheMusical* (July 12—August 6).

ROC SUMMER THEATRE EXPERIENCE / OFC CREATIONS

Kodak Center Studio Theater 200 West Ridge Rd., Rochester 667-0954 • ofccreations.com

Offers pint-sized camps for ages 4–7, focusing on skills in acting, singing, and dance. Instructors will lead campers in learning a short, full-stage production. Campers will be introduced to costumes, sets, props, and more, all while having fun on stage! Summer productions include *Little Red Riding Hood Pint Sized* (July 5–10), *The Ugly Duckling Pint Sized* (July 19–24), *Jack and the Beanstalk Pint Sized* (August 2–7), and *The Princess and the Pea Pint Sized* (August 16–21).

Also offers camps for kids ages 7–12. Children will be introduced to every aspect of theater. Productions include *James and the Giant Peach Jr.* (July 5–17), *Cinderella* (July 12–24), *Oliver Jr.* (July 19–31), *Seussical Jr.* (July 26–August 7), *Elf Jr.* (August 2–14), *Beauty and the Beast Jr.* (August 9–21), and *Tinker Bell* (August 3–27).

Teen Camps offered for ages 13–18. Campers work alongside professional directors and designers while learning different styles of dance and new genres of vocal selections. Productions include *Rent: School Edition* (July 12–24), *Jekyll and Hyde: The Musical* (July 26–August 7), *Disney's Newsies* (August 9–21), and *Disney's Freaky Friday* (August 16–28).







Amy Fisher's students' animal art

Kids who love art

Three MAG Creative Workshop instructors on teaching art to kids

BY DONNA DE PALMA

here's nothing like a visit to a local art museum for a kid who likes, even loves, art. I know because I was that kid, then a teen, who'd walk through the museum in awe of the paintings on those walls hoping one day to paint something of significance.

To be escorted around the Memorial Art Gallery by instructors who want to communicate their unique love of art is a singular opportunity. Kids in and around Rochester who take classes at MAG's Creative Workshop have that chance.

I spoke to three MAG Creative Workshop instructors—**Amy Jarnagin Fisher**, **Faith Gruver**, and **Ben Leyer**—to ask them how they turn kids on to art.

Their answer was, in each case, the same. Kids who take classes at MAG's Creative Workshop are already turned on to art. Some develop an interest in art because there is an artist or art lover in the family.

Amy Jarnagin Fisher instructs the summer camp program

at MAG. "Art Day School is an art teacher's dream come true. During day school, the museum's entire collection is accessible. Each year, we explore different themes. One year, we looked at mythology from around the world. We learned about dragons, Norse beasts, maritime lore, and gargoyles seen in French architecture. For another theme, we explored humor in art: the use of irony, juxtaposition, scale."

Fisher says she is amazed at the passion and focus of the kids she instructs.

"These kids are enlivened by history and culture when they view works in the museum. They look forward to museum visits then are equally engaged when they return to the studio," she says.

Her younger students' imaginations are sparked by suits of armor, mummies, an ancient piece of bread, and musical instruments in the museum's collection. Teens are enamored with a painting entitled, "The Collector," depicting a curiosity shop painted in *trompe-l'oeil* effect.

"The museum provides inspiration that opens kids' minds to thinking more creatively," she says.

Fisher teaches kids six to twelve years old. Creating a safe space where students can be creative is her key to keeping kids involved.

"I try to establish a warm environment by being friendly and outgoing toward everyone. Most of these kids are excited that they've found a place to explore their art. A gifted kid will usually ask you what they can do to make their work better," she says.

Fisher prefers to teach students classical techniques of observational drawing. She believes this method allows her students to fine-tune drawing skills.

"With careful observation, they will be able to draw anything even when they are no longer in my class," she says.

Instructors like **Faith Gruver** remember coming to the museum when they were kids. And that experience left a lasting impression.

"I have wanted to teach drawing and painting at MAG since I was a child. I loved coming to the museum when I was young. When the opportunity to intern, assistant teach, and then teach here arose, I was thrilled," she says.

A freelance illustrator and instructor of both kids and adults, Gruver—who teaches drawing and painting—believes that once a kid begins creating art, intuition takes over.

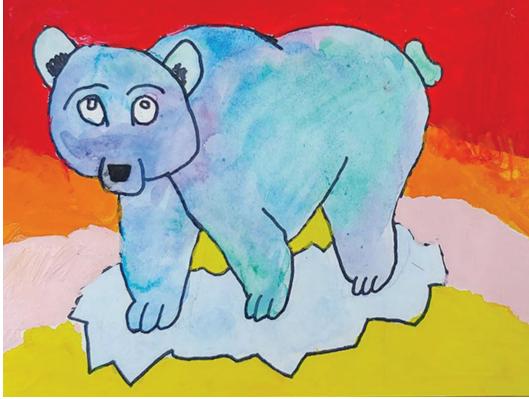
"I sit down and ask my students what interests them. They often answer either sports, animals, or nature. I remind them, 'We're not real school, this is supposed to be fun.' When discussing a student's work, I always ask what they like about something they've drawn or painted. Only then do we talk about what they want to change or improve upon," she says.

According to Gruver, her students gravitate toward modern and pop art because of each style's bright, bold and colorful approach.

"Kids are smarter than we give them credit for. They know what they like. There's a hallway at MAG filled with modern art that the kids love. The museum allows them to see how art morphs and changes," Gruver says.

Ben Leyer, instructor of cartooning, drawing skills, and a drawing and painting studio for teens, wanted to be an animator when he was young.

"Drawing Saturday morning cartoons



Faith Gruver's student's bear painting

was all I ever wanted to do," he says. After studying illustration, he discovered that commercial illustration was not quite what he'd expected.

It's his love of cartooning that Leyer communicates to his students, ages seven to nine, in Cartoon Basics.

"Most of cartooning students have been exposed to art. They love to draw at home but haven't had much formal training. The point of cartooning is to tell a story with characters that are expressive, in an environment advances the story. Some kids would rather create the story, others love to create characters," he

"We tell stories out loud in class. I ask them to make silly faces in a mirror to explore different expressions. I tell my students to put away their No. 2 pencils. We introduce kids to drawing pencils: 2H, HB, 2B, 4B. When a cartoon is fully developed, some students

go on to use marker, Sharpie, or ink."

According to Leyer, by the end of each class, he runs out of wall space to display what kids have drawn.

Leyer's Drawing Basics class begins with an exploration of simple shapes.

"I tell my kids, 'We all knew how to draw when we were young,' a house was a rectangle with a triangle for a roof. We eventually move on to larger forms, then explore shadow and texture," he says.

Leyer insists that teens, in his drawing and painting studio, stand at easels so they can step back from their paintings.

"Once a student is comfortable with the basics of drawing, I begin to teach composition, warm

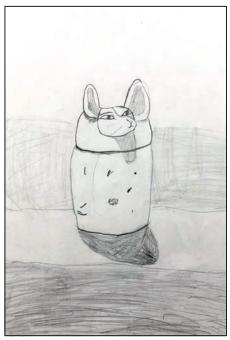
and cool colors, and some of the principles of painting. We start with a dialogue. I place the materials in front of them, and say, for example, paint a landscape. They are free to interpret what that means to them."

66

When it comes down to it, art is for everyone. If no one gives a kid the tools, they may not realize that art is accessible.







Ben Leyer's student's Jackal-headed pot

"For the most part, our students are here for specialized instruction with the idea that they will be pursuing art as a profession," notes Leyer, on the faculty at MAG for two years. "I try to meet a student at their level."

The museum plays an integral part in Leyer's instruction. "These kids love the museum and always want to stay longer. The older students go to the Impressionist Room and also appreciate American art. Younger kids are drawn to the Egyptian collection. The youngest gravitate toward a multi-media robot made of rectangles and circles.

When asked why they teach art to kids, all three instructors expressed a desire to share their love of art.

According to Amy Fisher, it's about sharing joy. "The art world brings me so much joy. I'm a great art advocate. I want to share that joy with others. Art is for all of us."

Faith Gruver likes watching kids discover that they can make art. "It's so rewarding to watch someone learn to love and enjoy art. Art can have this ethereal, elusive guise to it. When it comes down to it, art is for everyone. If no one gives a kid the tools, they may not realize that art is accessible."

Ben Leyer says teaching kids is refreshing. "I've found that when I spend time with people my own age, they're jaded; the world has already gotten to them. Kids have a different outlook on life. They ask questions like: 'Why can't I paint a gigantic drawing even though I have an inch of crayon left?' I guess I teach to bring some of that excitement and magic back into the world."



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CAMP PUZZLE PEACE:

A Sanctuary in the Adirondacks



Adirondacks. About eight years ago she realized that some of her students' families were finding it

difficult or impossible to go on vacation, and the idea for Camp Puzzle Peace was born. She wanted families to be able get away together and enjoy the outdoors in a fun, supportive environment in her beloved Adirondack mountains. Hackett and some fellow teachers and therapists hosted the first family camp at Beaver Camp in Lowville in 2013 with five families. Since then, programs have been fine-tuned, additional staff has come onboard, and bonds between families have grown. There are two sessions of camp this summer, and "quite a few families have signed up for both," Hackett says. One of the most rewarding things about running the camp is watching all the families come together again. "Parents always say they feel comfortable around other families who 'get it,' she says. The camp is a place where families find compassion. "Nobody judges a meltdown." Meltdowns happen, the camper's needs are met, and there's plenty of time and space for people to be themselves. Unsurprisingly, many parents and kids have formed treasured friendships after meeting at camp.

Beaver Camp-three hours from Rochester and a world away—sits on a pristine Adirondack lake. Camp Puzzle Peace offers all the traditional fun of summer camp—swimming and canoeing, crafts, games, camp songs, and s'mores—with specialized assistance for families who need it. The camp provides around-the-clock behavioral support as needed, a binder for each camper with visuals to help transition through their day and see what comes next, as well as communication tools such as social stories. The program can accommodate specific dietary needs and preferences to keep campers within their comfort zones for meals. Staff also provides respite opportunities for families—parents can take a moment to relax knowing that their children are in the care of trained staff. The most popular activities among campers are the waterfront and the large water trampoline. Campers also enjoy arts and crafts, sensory activities, hikes, lawn games, music, and scavenger hunts. "Everyone loves the parachute games," Hackett says. This wide range of activities and the flexible staff help ensure time for each camper's individual preferences and interests. Most campers are school age, but campers have ranged in age from toddlers to young adults.

Things have, of course, been different since the beginning of the pandemic. The camp was closed entirely last year, and this year the staff is excited to re-open with some modifications. The camp will be run at fifty percent capacity and social distancing will be observed during activities, extra cleaning and sanitizing will take place, and meals may be grab-and-go instead of communal in the dining hall this year. "We're just adapting," Hackett says. "We're taking social distancing seriously." Since so much of camp takes place outside, it will be a welcome change of pace for families who haven't had many places to go for over a year.

In addition to Beaver Camp, Camp Puzzle Peace also offers activities locally in the Rochester area. This summer the camp will offer its Community Connections program in Rochester, a summer program for children with social cognition delays. Hackett will also be providing the programming for the new Autism Nature Trail (ANT) at Letchworth Park, a mile-long attraction that is currently under construction and that will feature sensory stations and offer the opportunity for hikers to explore the outdoors at their own pace. Kids

For more information, visit familyautismcenter.com or autismnaturetrail.com.



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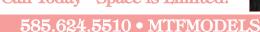
Mary Therese Friel is a Former Miss USA, Ford Model, National Spokesperson & Author.

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Laugh it up

BY DEENA VIVIANI

hether you're traveling this spring break or kicking back at home, bust out a gut-busting book! April is National Humor Month, and who can't use some laughter, in April and beyond? These stories for preschoolers through teens will have you and your family in stitches.



Kitties on Dinosaurs

By Michael Slack Dial, 2020, hardcover, \$17.99

Ages 4-8

Three little cats have climbed everything possible on Kitty Island. So what do they do next? Cross over to Dinosaur Island to climb dinosaurs, of course! The narrator warns against it, but the kitties come up with plan after plan to summit the reptiles. Will they succeed—or end up as dino treats? Anyone familiar with cats and their climbing habits will find this picture book extra humorous. The author-illustrator leaves the results of the kitties' plans to the pictures, and their "litter mobile" adds extra hilarity. The wide-eyed kitty expressions make the reader say "Awww!" and then laugh at their innocence on the treacherous mission. Cute, crazy, and dinodelightful.



Stand Up, Yumi Chung!

By Jessica Kim Kokila Books, 2020, hardcover, \$16.99 Ages 9–12

The summer before seventh grade, Yumi is determined to ditch her perm and raise her stand-up comedic confidence so she won't be bullied anymore. Her parents, however, insist she take an exam prep class. Their Korean barbeque restaurant is failing, and they need the scholarship to keep Yumi in her elite school. When Yumi discovers her favorite online comedian teaching a comedy class nearby, she can't resist popping in-and soon she's part of the camp. But the deceit she must carry out affects relationships with her friends, comic mentor, and family. Will she be able to stand up for herself—and the truth? Yumi is a sweet character who learns the power of her own story. While many plot points are based on coincidences, the heartfelt sentiment and humor are strong (and enhanced by Greta Jung's narration in the audiobook (Listening Library, 2020)). Yumi's family shows personal growth, and the food scenes will leave the reader's mouth watering.



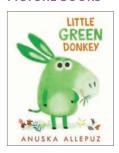
Tweet Cute

By Emma Lord Wednesday Books, 2020, hardcover, \$17.99

Ages 12-18

Pepper's parents own Big League Burger, a successful franchise newly headquartered in NYC. Jack's parents own Girl Cheesing, a struggling NYC neighborhood deli that his grandmother founded. The two have been classmates for three years, but never crossed paths as Pepper is interested in overachieving her way into an Ivy League college, and jokester Jack just wants to create apps. But in their senior year, they get pulled into a Twitter war over a grilled cheese sandwich both families claimed to have originated. Amidst real life flirtations and online secret identities, the two figure out who and what is really important. Told from both Pepper's and Jack's points of view (and aptly narrated by Emily Shaffer and Dan Bittner in the audiobook (Macmillan, 2020)), this romantic comedy is pitch perfect and full of crushes, awkwardness, and social media drama.

PICTURE BOOKS



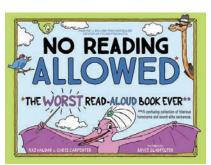
Little Green Donkey
By Anuska Allepuz
Candlewick, 2020, hardcover, \$16.99
Ages 3–6



On Account of the Gum

By Adam Rex
Chronicle, 2020, hardcover, \$17.99

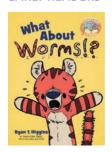
Ages 4–8



No Reading Allowed: The Worst Read-Aloud Book Ever

Written by Raj Haldar and Chris Carpenter, and Illustrated by Bryce Gladfelter Sourcebooks, 2020, hardcover, \$17.99 **Ages 5–8**

EARLY READERS



What About Worms?

By Ryan T. Higgins

Hyperion, 2020, hardcover, \$9.99

Ages 4–8

MIDDLE GRADE

Karen's Worst Day

By Ann M. Martin and Katy Farina Graphix, 2020, paperback, \$10.99 Ages 7–10



Lupe Wong No Baila (Spanish) Lupe Wong Won't Dance (English) By Donna Barba Higuera Levine Querido, 2020, hardcover, \$17.99 Ages 9–12

Class Act

By Jerry Craft Quill Tree Books, 2020, hardcover, \$12.99

Ages 10–14



Squirm

By Carl Hiassen

Yearling, 2020, paperback, \$7.99

Ages 10–14

YOUNG ADULT



10 Things I Hate About Pinky By Sandhya Menon Simon Pulse, 2020, hardcover, \$18.99 Ages 14–18



Frankly in Love By David Yoon Penguin, 2020, paperback, \$10.99 Ages 14–18



Instant Karma
By Marissa Meyer
Feiwel & Friends, 2020, hardcover, \$18.99
Ages 14–18

Kind of a Big Deal



By Shannon Hale
Roaring Brook, 2020, hardcover, \$18.99
Ages 14–18 Kids



arents have been getting creative at answering this question for more than a year now: "How can I keep my family sane while also keeping them COVID-safe?" While many families are grateful for the natural slowing of the pace and additional time spent at home, there remains an immense need to get out and engage with the community in a safe way.

Getting back outside is top-of-mind as Rochester begins to

thaw out and warm up! Luckily for us, Rochester has legions of parks, farms, waterways, and outdoor retreats to escape away to when the Cocomelon, Peppa Pig, or Paw Patrol theme song has officially lost its charm. Need inspiration? Look no further. Here are forty-plus Yelp-recommended hot spots to visit with your family this spring in the (585) region.

PARKS & PLAYGROUNDS

Our region has no shortage of stunning green spaces built specifically with our kiddos in mind. Depending on your neighborhood, you're likely less than two miles away from a gorgeous park or playground ... or both! A reader who lives on the west side of town might check out the trails and water views at Greece Canal Park, the interactive playground and sprinkle park at Pineway Ponds, or the hiking trails at Black Creek Park. Closer to downtown? Plenty of options. Highland Park, designed by the famed Frederick Law Olmsted, is packed with hidden gems to explore and nature to take in. Lamberton Conservatory, a reservoir, walking paths, the natural wood Lilac Play Zone playground, and the Sunken Garden are all housed within Highland's sprawling grounds. The lesser-explored Lower Falls Park and connected Maplewood Rose Garden provide some much needed "serenity" and "enchantment," says reviewer Sara D. East side Yelpers are partial to the playgrounds at Abraham Lincoln County Park, Tinker Nature Park, and the Jack's Place playgrounds in Rothfuss Park.

BEACH WALKS & PICNICS

After a year of mostly missed family beach vacations, you might be in the market for some sand and sunshine closer to home. Classics like Ontario Beach Park and Durand Beach are obvious (and excellent!) choices, but there are a few other spots to check out if you're on the hunt for some "toes in the sand" realness. The Irondequoit Bay Harbor & Marine Park provides a more secluded look in an oftenoverlooked part of town. The Bateau Play Area is an especially secluded park and beach, replete with benches and more.





Top: Tinker Nature Park; bottom: Jack's Place



Kayaking fun

Spring is the perfect time for picnics. Yelpers love setting up a spread overlooking the falls at Corbett's Glen Nature Park, at a grassy spot overlooking the tennis courts at Cobb's Hill, or in one of the many pavilions in Mendon Ponds Park.

ACTIVITIES ON THE WATER

With many waterways comes many options for getting out on the water! Start with the body of water you most want to explore, Irondequoit Bay and Creek, Erie Canal, Genesee River, or Lake Ontario, and pick an activity from there. If you're looking to kayak, paddleboard, or canoe, Bay Creek Paddle Center and Genesee Waterways have tandem and solo options available to rent. How about a family boat ride? The Sam Patch Tour Boat and Harbor Towne Belle both grab five-star reviews for fun and knowledgeable captains.

FARMS & ANIMALS

Many farms in town are open and ready to provide family fun in all four seasons. The spring/summer season at Long Acre Farms opens up on May 1, filled with activity areas for the kiddos and ice cream for the whole family. Lazy Acre Alpacas is a short drive from downtown, with private tours available all year long, and a must-see gift shop filled with stuffed alpacas. While Powers Farm Market is known for its incredible autumnal displays, spring sees the farm showing off fresh cut flowers, hanging baskets, baked goods, and more!

Wherever you decide to roam, picnic, or play, we're wishing you a spring season filled with five-star experiences.

Enjoy writing and looking to spread that (585) love? Nominate yourself for the Yelp Elite Squad at yelp.com/elite.







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A NOTE FROM CRAFTY CAT

May and June means celebrating Mother's Day and Father's Day. Moms and dads love homemade gifts. These two projects are easy and use supplies you probably already have at your house. Make sure you have permission before starting.

Oh!—almost forgot: if you make either of these projects, please send pictures to regan@585kids.com.

Hand scrub for Mom



TOOLS & OTHER SUPPLIES

Fork
Small air-tight jar with lid
Ribbon, string, or yard, 8–12 inches
long
Scissors
Markers, colored pencils, or crayons
Gift tag template (see opposite page)
Glue or tape

INGREDIENTS

½ cup sea salt2 tablespoons olive oil2–3 drops lemon essential oil OR3–4 drops lemon extract

INSTRUCTIONS

- 1. Add all ingredients to the jar.
- **2.** Use fork to stir ingredients together well. Place lid on container.
- **3.** Add a gift tag (see instructions on next page) and give to Mom.

SPICE RUB FOR DAD



TOOLS & OTHER SUPPLIES

Fork

Air-tight jar with lid Ribbon, string, or yard, 8–12 inches long Scissors

Markers, colored pencils, or crayons Gift tag template (see bottom of page) Glue or tape

INGREDIENTS

3 tablespoons brown sugar, packed

2 tablespoons paprika

½ tablespoon sea salt

½ tablespoon fresh ground black pepper

2 teaspoons garlic powder

2 teaspoons onion powder

2 teaspoons dried parsley

½ teaspoon cayenne

INSTRUCTIONS

- **1.** Add the sugar to the jar. Use the fork to break up the sugar.
- **2.** Add the rest of the spices into the jar. Place lid on container and shake to mix ingredients together.
- **3.** Add a gift tag (see instructions on next page) and give to Dad.

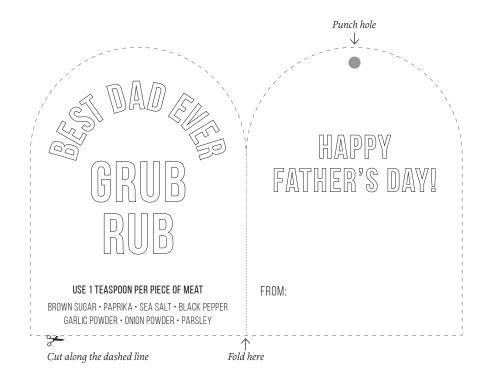
TAG INSTRUCTIONS

- 1. Color and decorate the tag template below. See the idea box for suggestions.
- **2.** Use scissors to cut template along the dashed line.
- **3.** Add glue or double stick tape to the opposite side.
- 4. Fold tag in half along the dotted line.
- **5.** Punch a hole where indicated. Thread string through hole and tie onto jar.

TAG DECORATING IDEAS

- Use stickers, stamps, and/or glitter.
- Draw Mom's favorite flower, Dad's favorite team logo, stars, hearts, or a picture of you.







Helena M., age 12



Laurel, age 11



Mimi M., age 10



Maceo M-F., age 6

Kids spring to-do list ∼

OUTSIDE

- ☐ Find a new park for a picnic
- ☐ Play in the rain; jump in mud puddles
- ☐ Plant a giant bean—or a whole garden
- lacksquare Pick up litter in your neighborhood
- ☐ Fly a kite

INSIDE

- ☐ Read a story to your pet
- ☐ Learn to bake bread
- ☐ Watch a movie that was made the year you were born
- ☐ Make peanut butter play dough (see next page)
- ☐ Start a journal



—(585) Kids staff

Peanut Butter Play Dough

- 1. Take a big jar of peanut butter.
- 2. Spoon out some big globs into a bowl.
- 3. Pour in a few spoonfuls of honey.



4. Add some powdered milk and start mixing with hands, adding more powdered milk as you go, until it makes a good dough. You can make all sorts of shapes and decorate your creations with raisins, chocolate chips ... anything edible.

Adapted from *Kids are Natural Cooks* by Parents' Nursery School (Houghton Mifflin Co., 1972)











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