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Journal



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Volume Nineteen, Issue Four  
July-August 2013

UPSTATE GARDENERS' JOURNAL - 1140 RIDGE CREST DRIVE - VICTOR, NEW YORK 14564

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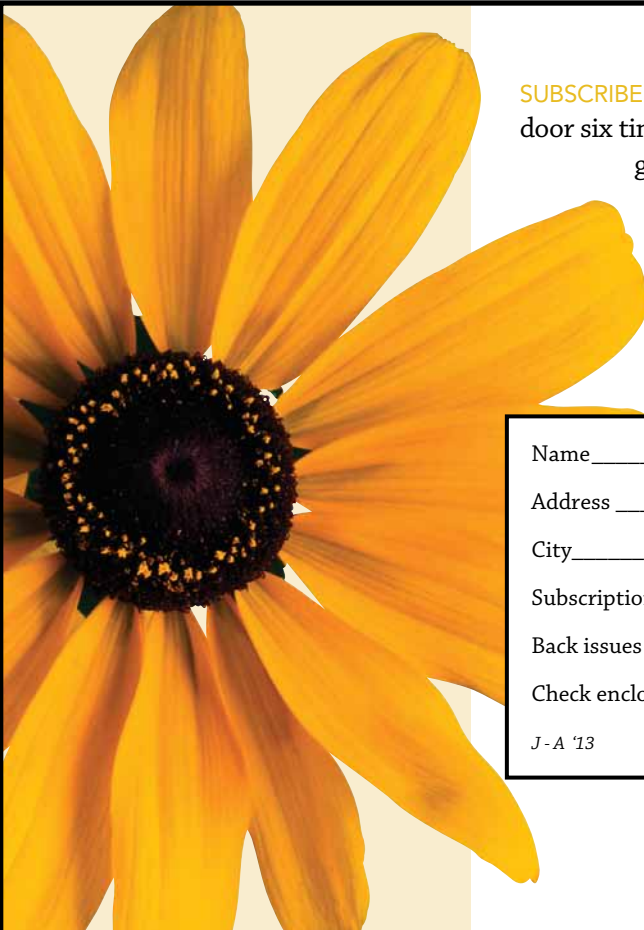
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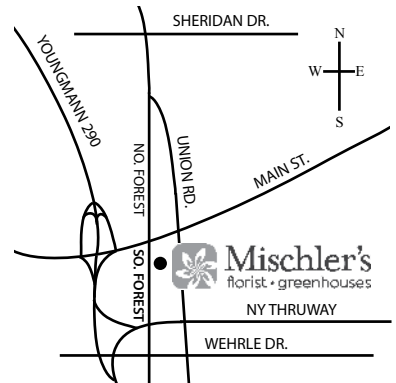
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# What to do in the garden in July and August

Oh those sultry dog days of summer!

In the garden we can find either feast or famine depending on Mother Nature's whim. Will we have rain or will it be dry? We can't say, but whether the garden is still growing in full throttle or in a lull, there is plenty we can do.

If you took Holly Wise's advice in the last issue and started a compost system you'll find that in the dry heat of summer, it might need a little moisture to keep cooking. A soil thermometer inserted in the pile will help you determine if there is any composting action going on. If the temp is below 120 degrees, it is time to do some sleuthing to see if it needs more moisture, more air or if the center is actually finished compost.

If you also took her advice and set up a rain barrel, you might have some free water for your compost bin. If not, a garden hose can be employed to add moisture to your pile when you turn it.

## LAWN CARE

Scout for sod webworms and chinch bugs at this time. Treat only if necessary.

Renovate small areas or the whole lawn if needed. The best time of the year to establish lawn from seed is mid-August through October 1st. The soil is still warm enough for the seed to germinate and rain will be more frequent to help keep the seedlings going.

Keep mowing at 3.5 inches and keep that blade sharp.

## ANNUALS

Continue to fertilize annuals (unless you used a slow-release at planting) and dead-head to keep the colorful show going. Some, like alyssum and lobelia can be sheared quite severely. They will reward you with a new flush of color.

## PERENNIALS

Deadhead just about everything to keep

blooms coming. Collect seeds from your favorites to try starting in the spring.

Delphiniums are heavy feeders, so give them a little nudge of fertilizer in July. Cut back after flowering to encourage fall blooms.

Side-dress your herbaceous peonies with bone meal and in mid-August, divide and replant the crowns only 2 inches deep for bounteous blooms next year.

Iris can be lifted and divided in July and August. Replant only healthy rhizomes, each bearing a set of leaves. Label them so you remember what colors you are putting in which location.

Prune climbing roses after bloom. Remove old canes to the ground or cut back to vigorous new wood.

In August, start dreaming and making out your perennial and bulb orders for fall planting.

## VEGETABLES

Weed, weed, weed and mulch to keep the weed seeds from germinating. Replant areas vacated by early crops or let vine crops fill in the spaces.

Scout for pests including flea beetles, aphids, tomato hornworms, squash vine borer and Colorado potato beetles. Keep an eye out for tomato early blight.

Harvest garlic when half the lower leaves are yellow and dry and the bulbs are of good size. Pull plants and let them dry for two to three weeks.

In August, plant beans, beets, peas, lettuce and spinach for fall harvest. Cut out old raspberry canes after harvest.

## TREES AND SHRUBS

Early July is the preferred time to perform major thinning operations on crab apples, callery pear, ornamental cherries and plums, honey locust, spruce, willow, and poplars to reduce susceptibility to trunk cankers. It's a good time to rework the interiors of

tree-form dogwoods to remove overly shaded, crisscrossed, or weak branches. Hedges can be rejuvenated in early July.

STOP pruning mid-July to avoid the stimulation of new shoots that may not properly harden before winter. Pruning can resume safely for most shrubs and trees in the late fall.

Transplanting of most types of shrubbery can be done now. (Exceptions: spice-bush, buddleia, Japanese snowball and althea)

## HOUSEPLANTS

If your houseplants spent their summer vacation under a tree in your backyard, keep an eye on the forecast and bring them back in the house when the night temps are consistently in the 50's. This will eliminate the 'shock' of the indoor environment. Wash off the leaves and inspect to be sure there are no pests before re-introducing them to the house. Put them in a bright window for a few weeks before putting them back in their usual locations.

—Karen Klingenberg, Consumer Horticulture Educator, Cornell Cooperative Extension of Monroe County

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# Growing Lavender in upstate New York

Story by Helen Margaret Griffiths

Lavender brings to mind lovely aromas, English country gardens and idyllic settings in France, but can it be grown in upstate New York? The answer is possibly yes, although it does depend on a number of factors that include where you live and the actual location within the garden itself (microclimate).

For centuries lavender has been an integral part of gardens around the globe. It was probably domesticated by the Arabians and then spread to France about 600BC. The commercially important species are native to the mountainous regions of the countries bordering the western half of the Mediterranean. Traditional uses for lavender range from perfume to an antimicrobial product. Commercial lavender production began in North America in Washington State about 1924, and

Sequim in Washington State's Dungeness valley is now considered the "lavender capital of the US." For 16 years they have held a very popular lavender festival during the third weekend of July that attracts around 30,000 people from all over the world.

The *Lavandula* genus is large, but the only species hardy to Zone 5 (possibly 4) are *Lavandula angustifolia*, sometimes called English or the true, common lavender, and the interspecific hybrid between *L. angustifolia* and *L. latifolia* (spiked lavender) which is sterile and known as *Lavandula x intermedia* or lavandins. As has been the case with many plants with long and difficult to pronounce scientific names, the use of nicknames for lavender has resulted in a lot of confusion. For clarity, in this article the names *L. angustifolia* and lavandins will be used.

The *L. angustifolia* cultivars are desired for culinary use due to the low levels of camphor. The fragrance is very distinctly floral and the oil, which is produced in very small quantities, is used in pricey cosmetics. There are many cultivars available ranging in flower color from the traditionally dark purple to white. Some start flowering early in the season and will flower up to three times if the flowers are removed after each flush. *L. angustifolia* cultivars tend to have 6-12" stems making them suitable for cut flowers.

Lavandins grow larger, bloom later, and produce more spikes than *L. angustifolia*. The fragrance has a much stronger camphor aroma so it's less suitable for culinary use. They are the most widely distilled lavender, since the oil yield can be up to five times that of *L. angustifolia*. They make a beautiful display in a garden, and taller cultivars can be used as short (up to about four feet) hedges.

Lavender farming is in its infancy in North America compared with other parts of the world. However in New York State, there are a number of farms growing lavender, some as a small portion of their production, others devoted entirely to lavender. In central NY and the Finger Lakes region there are a number of growers, including Lavender Crest, Lockwood Lavender Farm and Ol'Factory Soaps & Scents. All three farms are in Zone 5, or possibly 4 (old USDA zone maps), but are all also situated close to bodies of water. This proximity to water results in moderation of temperature thus creating ideal microclimates for lavender. All three farms started growing lavender within the last 10 years and two started after visits to the lavender festival in Sequim Washington.

David and Sharon Sweet, owners of Lavender Crest farm near Penn Yan, NY purchased the property when it was a vineyard, but the timing of the high maintenance and their day jobs did not mesh. Their daughter moved to the Pacific Northwest and during a visit they went to Sequim where they were introduced to lavender farming. They realized that many of the features that made their property good for grape production were also good for growing lavender. They have operated as a lavender farm for about seven years, opening to the public in 2011. Currently, the farm focuses on growing the lavandins, with 'Provence', 'Grosso' and 'Super' being the predominant cultivars, but they plan to evaluate *L. angustifolia* cultivars since they are interested in exploring the regional culinary market. The Sweets sell many lavender related products from the farm and work with a local soap maker to produce a number of lavender soaps. In addition to putting in a distillation system on the farm the Sweets are adding a shop. "Our location is great for tourism. We are on the Finger Lakes wine trail [Keuka Lake trail] and we hope to hook up with them. In addition we are close to the very popular Windmill farm and Craft market," said David Sweet. The farm is only open during the growing season, but products are



available year around through their website (lavender-crestfarm.com).

About an hour and a half drive north is Ol'Factory Soaps & Scents at Red Creek, where Sue Chmielecki has been growing lavender on about 1.5 acres for nine years. Sue and her husband Scott moved to the farm in 1996 and soon after Sue started a home-based soap making company. "I wanted to figure out a way to incorporate my love of gardening into my business," she said. She tried a number of herbs including lavender, although she wasn't sure the lavender would survive the winter. Even though they are in zone 5 or 6 "winter can be very harsh," she said, but to her surprise and joy, spring came and the lavender had survived! They now grow both *L. angustifolia* ('Hidcote', 'Munstead', 'Twickel Purple' and 'Rosea', also sold as 'Jean Davis') and lavandins ('Grosso', 'Provence', 'Fred Boutin', and 'Seal'). Since 2008, they have held a lavender festival on the farm. Chmielecki makes most of the lavender products herself. They market the products during the lavender festival (second weekend in July), at a booth at the Sterling Renaissance Festival, at various establishments and through their website (olfactorysoaps.com). Expansion plans include putting in more lavender and, like the Sweets, wants to do her own distillation. In addition, she would like to see the lavender farms in the region work together. She thinks that since it appears that certain areas of New York State are well suited for growing lavender, more farms and festivals such as theirs will start appearing across the region. "I believe that lavender farming is definitely on the rise."

On West Lake Road, just 8 miles south of the center of Skaneateles, is Lockwood Lavender Farm (lockwood-farm.blogspot.com), a fifth generation, 120 acre farm established in 1854 that grows wheat, corn, soybeans, annual and perennial flowers, and keeps sheep and honey bees. "Our goal is deeply rooted in our commitment to preserving the agricultural heritage of the

**ABOVE:** Controlling weeds within a lavender field can be difficult, and here at the Lockwood Farm they use landscape cloth. The barn in the background is a much needed addition to the farm for drying the lavender, and providing space for classes and functions. Photo courtesy: Helen Griffiths

**LEFT:** Lavender splendor  
Photo courtesy: Lockwood Lavender Farm



**INSET:** Bundles of lavender from Ol'factory Soaps & Scents ready for sale. Photo courtesy: Sue Chmielewski

Finger Lakes region," said co-owner Karen Wheeler-Lockwood, who works alongside her husband Gary Lockwood. The lavender portion of the farm started 10 years ago. "I had a lavender wedding bouquet and then we visited Sequim," said Wheeler-Lockwood. On weekends from May to September, the lavender garden and shop is open to the public, and the farm's products, which range from soap to lavender fudge sauce, are available at various nearby retailers. There are currently about 20 cultivars of lavender on the farm, totaling over 2,000 plants. The field to the north of the current lavender area was in buckwheat in 2012, an excellent crop choice prior to planting lavender. Buckwheat helps with weed suppression and improves soil structure, particularly drainage, which is extremely important for lavender survival. Wheeler-Lockwood said they buy their plants from the Pacific Northwest, which with the shipping costs makes them expensive, but with all the work involved with planting and growing it is worth the cost. "We want to make sure of the identity and quality," she said.

The farm is the site of the Finger Lakes Lavender festival, which has been running since 2007. It's very popular and even though the weather for the 2012 festival was not perfect, about 3,000 people attended. "We

were absolutely amazed," said Wheeler-Lockwood, "It is hard to know how to plan for 2013."

Anyone considering growing lavender on any scale should check the potential growing area carefully to look for the best location. Where the snow first melts is a good indicator for location, particularly if the soil drains well and there is at least six hours of full sun a day.



Lavender tolerates too little water rather than too much and root rot is a common cause of death. Cultivars are chosen to some extent by the desired end use. Visiting a lavender farm or festival would provide inspiration, information and probably some beautiful plants. There is a lot of helpful literature available in print and on-line. A relatively

new book, *The Lavender Lover's Handbook* by Sarah Berringer Badger (Timber Press, Inc., 2012) is a good resource with information on 100 lavender varieties, care and cultivation, recipes and incorporating lavender into craft projects and aromatherapy. The United States Lavender Growers Association ([uslavender.org](http://uslavender.org)) aims to support, promote, educate, assist with the research, marketing and networking of lavender production. Even though the organization is primarily for growers, and to obtain full access one needs to become a member (\$75 annual fee), the web site has some good information for the home grower.

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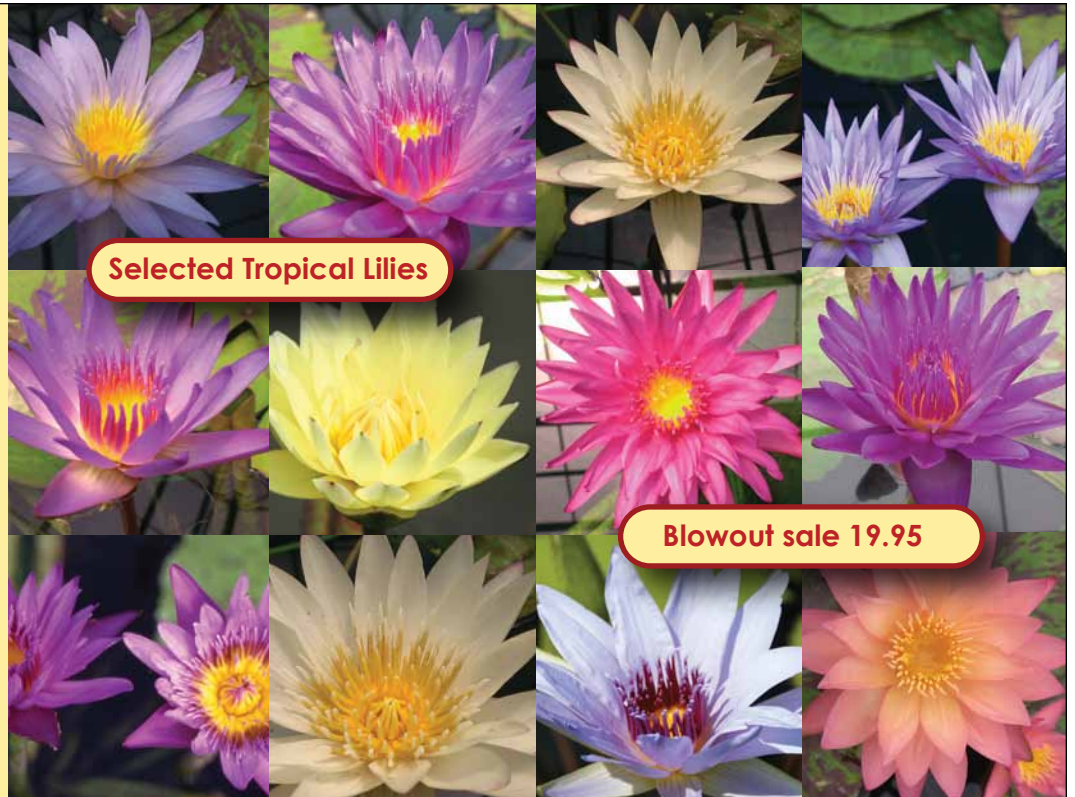
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# Upstate's Community Tree Planting Movement

## *(and How to Join It)*

by Michelle Sutton

**W**hen you read about ambitious and successful volunteer tree planting collaborations in upstate New York, Ed Dore wants you to say not, "Isn't that great they do that?" but rather, "Hey, we can do this here, too!"

Dore owns Dore Landscape Associates, founded in 1982, in Pendleton, about half an hour northeast of Buffalo and one mile east of the Erie Canal. Though he eschews recognition, Ed Dore is highly regarded for his talent in helping volunteer communities of all kinds to work in partnership with one another to plant trees in public spaces.

He and his industry colleagues have been involved in community tree planting efforts in earnest since 1999, but Dore tracks the movement back to 1974 when the Western NY State Nursery and Landscape Association (WNYSNLA) planted its first Arbor Day tree. The inaugural tree was planted on Goat Island in the Niagara River, near Niagara Falls.

### ENVISIONING AT THE MILLENNIUM

In 1999, the NYS Nursery and Landscape Association (NYSNLA) executive committee—then made up of Dore, Greg Frank of Rochester, Dave Ryan of Syracuse, and Vinnie Drzewucki of Long Island—decided to create a program to plant 2000 trees across the state. They wanted to both commemorate the new millennium and to more generally promote the idea of using trees as an iconic symbol for honoring events. With funding for the trees coming from Niagara Mohawk and HSBC, and labor offered pro bono by

its members, the NYSNLA launched the 2000Tree Program.

Dore says, "In the first week of January, 2000, NYSNLA members planted 100 trees along the waterways of NYS, starting with trees planted on Goat Island, and each day we moved east to the Hudson River, and then south along the Hudson. It worked out nicely that we embarked on our one-year goal by setting out from Goat Island, where 26 years earlier we'd planted our first Arbor Day tree."

Later in 2000, the WNYSNLA found funds to match earmarks from the 2000Tree Program to make it possible to plant 900 B&B (balled-and-burlapped) trees in Buffalo's Delaware Park in partnership with the Buffalo Olmsted Parks Conservancy. (Frederick Law Olmsted was the legendary American landscape architect who designed the city's park system.)

At the same time, tractor trailer loads of different species of trees for the 2000Tree Program were delivered to Dore's business. His sons Andrew, Matthew, and Danny would unload the trees, sort them to fulfill requests from various NYSNLA Regions, reload the trees on trailers, and send them across the state. NYSNLA members organized volunteers or installed the trees themselves and in some cases, the Dore boys would travel to various locations to assist in the effort.

"The idea was to use these trees as a way to get involved in community groups already working to beautify their neighborhoods," Dore says. "NYSNLA got funding to continue into 2001, and with volunteers, we planted about 1800 trees by September of 2001." The

**RIGHT:** Buffalo's west side community tree farm

**LEFT:** Mulching McKinley Parkway in May (Neil Stern)





project went on hiatus after the events of September 11, 2001.

A personal tragedy befell the Dore family as well. In fall of 2001, Dore's son Andrew, age 20, was hit by a car and did not survive. Barb and Ed Dore founded the Andrew Dore Fund (an endowment fund within the NYS Nurserymen's Foundation), seeding it with \$20,000, to help fund the kinds of tree planting projects that Andrew had so earnestly helped with. In late 2001, within weeks of Andrew's passing, the NYSNLA planted over 100 trees along the North Amherst Bike Path, where the Dore family likes to run.

Starting in 2002, more of the eight Regions of the NYSNLA got involved in community tree planting, often with trees funded by Andrew's Fund. Dore says, "These were planted by community volunteers and block clubs—with training and supervision provided by NYSNLA members—looking to make their neighborhood a better place using their sweat equity."

Dale Tuttle is current president of the NYSNLA and manages the Cicero branch of Northern Nurseries. He says, "In Region IV-Syracuse, we reached out to our members, offering three to five trees to each member so long as they would be planted in a public area, like a park or school. We've averaged 50-60 trees a year going to 15-20 different areas and members." Since 2002, members of Region 4-Syracuse have planted over 500 trees, and Rochester-area members, over 300.

Meantime, members of the WNYSNLA jumped headlong into partnership with a number of community gardening groups.

### COLLABORATIONS IN THE WEST

In 2003-4, the WNYSNLA used funds to help with restoration of the interior portion of the Buffalo and Erie County Botanical Garden, a public institution. All the work was done by volunteers, and Ed's oldest son Matthew, who was teaching an evening horticulture course at McKinley High School, brought over students to assist.

In 2005, the WNYSNLA successfully applied for a NYS DEC Community Tree Grant and, with monies from Andrew's Fund, planted about 117 trees in Buffalo's South Park. For many Buffalonians, South Park is regarded as the jewel in the crown of the City's



Olmsted-designed park system.

On October 12, 2006, a surprise snow storm damaged an estimated 90% of Buffalo's trees. A visionary man named Paul Mauer, sitting at home in the dark (as all power was out in the area), hatched a plan strikingly similar to the 2000Tree Program to find funding from outside sources while energizing a volunteer base to fulfill a community need.

Mauer contacted two men long active in the tree community, Jim Pavel and David Colligan, and ReTreeWNY was born. WNYSNLA has played a supporting role since ReTreeWNY's inception, helping plant over 35,000 trees in Western New York—many in Buffalo.

In 2009, Andrew's Fund helped create, in conjunction with many partners, a community tree farm on 14<sup>th</sup> Street on Buffalo's west side. Dore says, "We lined out 300 trees in containers and grew them on, and when they got to 1.5" caliper, they were planted in Buffalo. After five years this garden was converted to a community vegetable garden. This would supply more immediate 'fruits' to the community, but in the meantime, the children of the area got to see how trees are grown in a nursery situation."

This project was undertaken in conjunction with Buffalo nonprofit 'Grassroots Gardens', a group that leases vacant lots from the city for \$1 for 10 years; they leased three lots for the tree farm. A second nonprofit collaborator was PUSH (People for United Sustainable Housing), who supplied the part-time crew that oversaw and worked with the volunteers at the community tree farm. Another group, the Buffalo Green Fund, assisted in funding the original tree crop of trees and continues to buy stock from a local tree farm for planting each year on public property in Buffalo.

### A TALE OF TWO TECHNOLOGIES

Something new and revolutionary since the millennial founding of the 2000Tree Program is the way in which community tree planting efforts have been assisted by the development of the bare root method out of Cornell's Urban Horticulture Institute, headed by Nina Bassuk. The simple technique involves dipping freshly harvested bare root tree roots into a vat of hydrogel and water; the hydrogel slurry coats the

LEFT: The tree farm

RIGHT: Planting at Central Terminal





**ABOVE:** Dipping Day  
(Paul Maurer)

**INSET:** Central Terminal

tree roots and prevents desiccation while the trees are stored, transported, and planted. (Hydrogel is a polymer that holds several hundred times its weight in water).

Dore says that the bare method has allowed volunteer groups in Buffalo to plant many more trees on city streets at a fraction of the cost of B&B trees. “Bare root trees are much more volunteer friendly, too,” he says, “because without all that soil, they are lighter to carry around.” The trees for Dore and colleagues come from Schichtel’s Nursery in Orchard Park, south-east of Buffalo; Schichtel’s has made itself known both for the quality of its bare root trees and for the hydrogel-dipping services they can provide or set up for volunteers.

Nina Bassuk has advised the NYSNLA and community groups internationally on the bare root technique. “I’m so pleased that so many communities have picked up on this method,” she says. “We started doing it in Ithaca in the ‘90s when budget cuts forced us to move away from B&B trees, which are more expensive to purchase, ship, and plant. With bare root, volunteer groups can dip, ship, and plant the trees themselves with just shovels—no costly machinery.”

The most recent large-scale planting in Buffalo took place in April, when 1,300 bare root trees were dipped and bagged by volunteers in the City’s old central terminal railroad station. “By having volunteers do the dipping (which normally costs \$3/tree),” Dore says, “That freed up almost \$4,000 to buy more bare root trees.” Volunteer groups then came from all over the City to the centrally located railroad station to pick up their trees for planting.

Bare root is a boon to community forestry, but balled and burlapped (B&B) still has its place; for instance, when planting needs to take place in windows of time that aren’t conducive to bare root planting. (The harvesting and planting of bare root trees should be done in fall or spring during the dormant season for your area. For more info on the technique, please see [www.hort.cornell.edu/uhi/outreach/pdfs/bareroot.pdf](http://www.hort.cornell.edu/uhi/outreach/pdfs/bareroot.pdf)).



B&B is a better bet for larger caliper trees of most species. Last March as part of the National Garden Festival, the Buffalo Olmsted Parks Conservancy, ReTreeWNY, Buffalo Green Fund, WNY Nurseryman’s Foundation, and McKinley Parkway Homeowners decided to plant 112 trees of 3” caliper in McKinley Circle in South Buffalo, B&B was the appropriate technology.

Dubbed “Extreme Makeover: Traffic Circle Edition” by the organizers, the project brought four varieties of street trees—Washington hawthorns (*Crataegus phaenopyrum*), seedless horsechestnuts (*Aesculus hippocastanum*), bur oaks (*Quercus macrocarpa*), and Princeton elms (*Ulmus ‘Princeton’*)—to McKinley Circle. (Concentric rings of four varieties had been Olmsted’s vision for the site.) Dore Landscape Associates donated equipment, manpower, and expertise, and monies from Andrew’s Fund helped purchase the trees.

Speaking of Dore Landscape Associates, Ed Dore wants to recognize his daughter, Colleen, 30, for her leadership of his family’s company. “She is VP of our corporation, she runs the company, and she makes sure all this community giving works while we survive in the business world,” he says.

## LOSSES AND HOPE

Sadly, this past April, right as the big spring bare root planting was taking place in Buffalo, Dore’s wife Barb passed away after battling a disease called myotonic dystrophy. Dore himself gave the eulogy for Barb, to whom he’d been married 40 years.

The Dores are private about these losses, preferring to channel grief into furthering community service work. The Dore family asked that donations in Barb’s memory go to the Community Tree Fund of the NYS

Nurseryman’s Foundation to further community tree planting work. (Andrew’s Fund is an endowment from which only interest income can be spent. The Community Tree Fund is a non-endowment-restricted fund, which means that if \$10,000 in donations are taken in, they can be expended in the same year.)

Ed Dore has many more stories to tell about community tree planting projects.

“At some point, though,” he says, “I really just hope that this piece activates in you, the reader, the spark of an idea you can put into action, through horticulture or any other field that weaves a thread of service in your community’s tapestry. Lack of money should not inhibit you—seek partners for your idea, collaborate with existing groups—they are out there.”

To donate to the Community Tree Fund and/or to start getting connected to existing community tree planting and related nonprofit groups, please go to the NYSNLA website: [www.nysnla.com](http://www.nysnla.com).

# You ask...the experts answer

## Q: Is the tomato blight still a problem for Upstate Gardeners?

**A:** Unfortunately, tomato (and potato) late blight will always be a potential problem for gardeners in New York as well as the rest of the country. The disease is caused by the same pathogen that caused the 19th Century Irish Potato Famine and is still with us today. Up until 2009, we saw it occasionally and usually only later in the season. 2009 was different. There are three things needed for a plant disease to thrive. First, we need the pathogen to be present. That year, some tomato transplants for sale in the spring were already infected. Second, we need a susceptible host and we have that with tomatoes and potatoes grown everywhere in gardens and farms. Finally, we need the perfect weather conditions. Late blight thrives during wet and mild summers. Day temperatures of 70 to 80F and night temps of 50F to 60F are ideal, but if the season is dry and hot, the spread will be limited. The airborne spores can travel several miles but will only germinate and infect susceptible plants if "free moisture" is present. That means leaves are wet from dew,

fog, rainfall or sprinklers. The spore and disease will have a hard time surviving more than an hour in hot and dry conditions.

The pathogen can only overwinter on living tissue. So if tomato plants were infected last year, it won't survive on those. The plants die with frost and so does the pathogen. Where it can survive is on potato tubers that overwinter in soil and "volunteer" the following spring. As of mid-June, we have not seen the disease exploding throughout the Northeast as we did in 2009, so we won't have that early inoculum. With a hot and dry summer, we should be fine. Gardeners should try watering using trickle irrigation to keep leaves dry and reduce disease spread. If you need to use sprinklers, water in the morning so leaves are dry by evening. In addition, some excellent varieties are being bred with resistance to the disease. Finally, Google "late blight Cornell" and you can find updates on where the disease has been found this season. Cornell, along with other Universities, is tracking the disease so we can sound the alert if it is spreading.



This issue's guest expert is Steve Reiners, who is an Associate Professor in Horticulture at Cornell University, working with vegetables.

## From the Publisher

# Tours galore



We can't think of many things that are more fun and interesting than traipsing through Other People's Gardens. That's why our calendar editor, Debbie Eckerson, came up with a special code to call your attention to the vast selection of garden tours and walks available to you this summer. (Ok, so the "special" code is a capital "T," not rocket science, but still.)

I'd like to draw special attention to the **Rochester Civic Garden Center** tour on

July 13 in Sodus Point, and to **Garden Walk Buffalo**, July 27-28. *The Upstate Gardeners' Journal* is a proud sponsor of both of these events.

Have a great summer!

*Jane*



## Bee in the Garden

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# Chilled Tomato Soup

*Serves 6*



½ lb. day old French bread, crust removed, crumb  
cut into ¼" cubes (3 cups)  
Kosher salt  
1 cup lightly packed fresh basil leaves, plus additional for garnish  
2 lbs. ripe tomatoes, cored and chopped (5 cups)  
1 large garlic clove, roughly chopped  
2 teaspoons sherry vinegar  
¼ cup extra virgin olive oil

1. With rack in center of oven, preheat oven to 350 degrees. Spread bread on rimmed baking sheet and toast until lightly golden and crisp, about 15 minutes.

2. Bring medium pot of well salted water to boil over high heat. Add basil and cook until wilted, about

30 seconds. Drain and run under cold water. Pat leaves dry with paper towels and roughly chop leaves.

3. In blender or food processor, puree basil, tomatoes and garlic and add 2 cups ice cold water for about 45 seconds. Strain through fine sieve to remove solids. Return puree to processor.

4. Add bread, vinegar and 2 teaspoons salt and blend until pureed, about 2 minutes. Soup should be very smooth, if not continue blending.

5. Add olive oil and process a few more seconds to combine.

6. Divide into six bowls and garnish with basil springs or refrigerate until ready to use.

*Note:* Blanching the basil leaves helps preserve its color. Soup may be refrigerated up to 3 days.

Recipe courtesy Marion Morse, Allyn's Creek Garden Club.



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## SUMMER 2013 events & workshops

Check our website and Facebook Events page for more details and registration.

**Emerald Ash Borers: What Can I Do?** with Gary Russell  
of Genesee Tree Service, including demonstration

Saturday, July 13 | 10 - 11am

### BUTTERFLY WEEK ~ JULY 13 - 21

**Design Your Own Butterfly Garden**

Sunday, July 14 | 2 - 4pm

**Midsummer Night's Kids' Fairy  
Gardens Workshop & Treasure Hunt**

Wednesday, July 17 | 7 - 8:30pm

**Adult Miniature Gardens Workshop**

Thursday, July 25 | 7 - 8:30pm



### HYDRANGEA CELEBRATION ~ JULY 26 - AUGUST 4



**Tim Boebel's Hydrangea Update 2013**

Sunday, July 28 | 2pm

**Growing Hydrangeas in Containers,  
with Planting Workshop - Tim Boebel**

Sunday, August 4 | 2 - 4pm

*Many new and interesting varieties this year!*

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**Sonnenberg**  
Gardens & Mansion  
State Historic Park

July 5, 12, 19 & 26, August 2  
**Moonlight Stroll Music Series**

August 9

**Italian Night Featuring Gap  
Mangione & The New Blues Band**

Music & food around the Italian Garden

August 17 & 18

**Arts at the Gardens**

Fine Art Show & Sale

September 14 & 15

**Wine Country Ramble**

Women's bicycle tour to benefit Sonnenberg

September 27 & 28

**Fall Pleasures**

Floral displays and creations on display

For more information on these and other events plus to register for our Natural Gardening Symposium, please call 585.394.4922 or visit [www.sonnenberg.org](http://www.sonnenberg.org).



October 5  
**Natural Gardening  
Symposium featuring  
Ken Druse**

Explore natural gardening techniques with garden expert Ken Druse, Dr. Jana Lamboy, and author Katherine Leiner.

**JEFF KOOPUS**  
Cabinet & Chair Maker

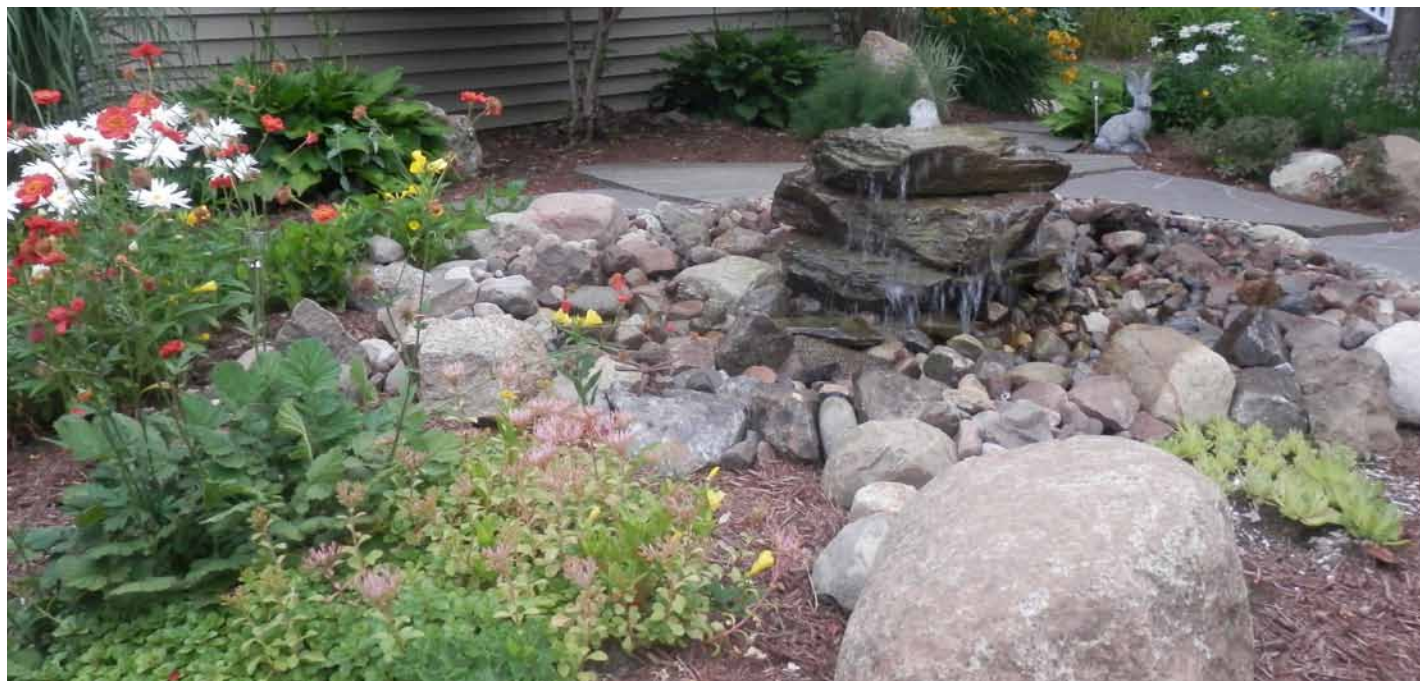


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# Placing Your Garden on a Tour

*Story and photographs by Karen Miranda*



**M**aking a decision to place your garden on a community garden walk is not an easy one. The first one I considered was the Buffalo Garden Walk. Even though the tour was in its early years, the thought was still quite intimidating. I had been gardening for years, and my gardens were designed from scratch. I did not have formal training in landscape or garden design, but I pored over books and magazines, made hundreds of trips to garden centers and nurseries, and was proud of my accomplishments. But that didn't mean I was eager to put it on display. After much prompting, my husband, friends and co-workers who knew my gardens convinced me that they would stand the test. As it turned out, signing up was the easy part. The burden of proof would be on my shoulders.

Months before the actual dates of the walk, there is much excitement in preparation for the event. There are plants to be purchased and planted, new beds to either be designed or re-shaped, watering, weeding, replanting, repositioning and constant evaluation and critique. Then there are the forces beyond one's control: a next-door neighbor moves in and has no interest in gardening or consideration for the view of their

yard from our garden, the rains don't come, the rains do come, a wind storm creates new dimensions in your prized plants. Gardening is a daily test of your confidence and intensifies as the official dates approach. Self-doubt sets in. You wish you'd never signed up. You hope for some reason it is cancelled. Suddenly your self-worth and reputation hinges on two days and the opinions strangers' have of your garden. You love your garden in the spring and early summer, but everything blooms and then is spent. What will be left that will be impressive? You wish the dates were scheduled sooner in the summer. Now I walk every inch of the garden, constantly critiquing it.

My husband says to me, "I bet you know every plant in your garden." He has no idea.

But time marches on and I am committed. Friends and relatives are encouraging but I'm not so sure. The week before the Walk, I work for hours each night, eliminating any stray weeds, watering, and evaluating each plant with a critical eye. This particular year, the Garden Walk committee has decided that the Friday night before the event that participants will be able to view one another's gardens. I'm a nervous wreck but do want to see what I'm up against, and besides, I can't

**ABOVE:** In-ground fountain



back out now. So we venture out. As it turns out, I am encouraged by what I see. I think our garden is in good shape, and I'm even critical of some others. I decide that our garden will not embarrass me.

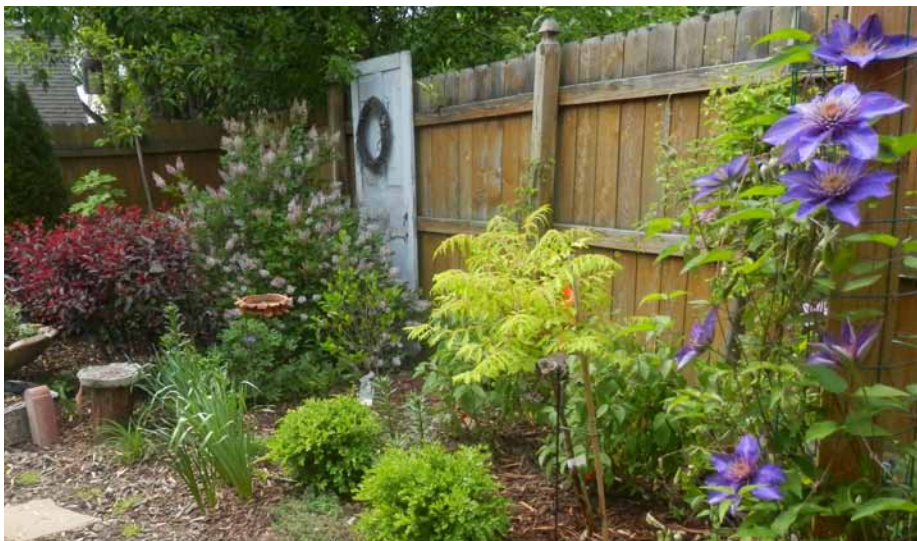
I am up at the crack of dawn. There is much to do before the first people start to arrive (I hope) at 10:00. I've made cookies, lemonade and ice water with blocks of ice that contain mint from the garden. I have pictures of the before and after. I have a guest book for people to sign. I've put soothing music on, opened the windows and adjusted the volume so it's just perfect. I think I'm ready. As the first people round the side of the house and venture into the garden, I can hardly stand it...will they like it? Then there are audible gasps. They had no idea a little oasis like ours could exist in a city. They ask questions and the hours go by. Whenever there is a lull, we take shifts grabbing a bite to eat or simply refresh. Before we know it, the end time is near, but still people come. It's OK though, and we welcome them because they are taking the time to come see our garden. I think most people are pleased with what they see. Some people though don't say a word – just do a quick walk around and leave. I wonder what they think, but it doesn't bother me. The positive comments far outweigh the silent treatment. Some people question if we have to be at home during the walk. Even though it wasn't required I can't imagine a gardener NOT wanting to be home. The satisfaction comes from the "oohs and aahs" or when people ask questions about your design, or where you purchased a plant or an item, or what the name of a plant is or what is required for it to grow.

Day two is much the same, but now we have an idea of what to expect and it is much more relaxing. Doing a garden walk is an exhausting endeavor, however, and not for the faint of heart. After several years of doing the Walk in Buffalo, I learn not to bite off more than I can chew. I don't entertain or even invite too many people for a glass of wine afterward. You need time to recharge and get ready for the next day.

We ultimately decided to downsize and moved from the City of Buffalo to a neighboring suburb. In two years, we totally converted a non-descript backyard with 3 types of fencing and not a shrub or plant in sight into an impressive garden with a floating deck and no green grass at all. Again we were approached to be a part of the town's garden walk. You tend to forget the negatives, so ultimately we decide to do it. I have to say at this point, that for me it isn't enough to have a nice garden with a wide variety of plants. I want to people to be surprised, to have their expectations exceeded, and to embellish my garden with ornamentation. This time around, I not only spend time managing the gardening tasks, but making other items: concrete leaves, miniature fairy gardens, birdhouses and birdbaths. It is a daunting endeavor. My entire summer revolves around the two days of a garden walk.

Last year, the coordinators proposed an additional

See Karen Miranda's garden this summer in the day, night, or both on the Ken-Ton Garden Tour, July 20, 10 am – 4 pm and 8:30 – 10:30 pm, and July 21, 10 am – 4 pm. Free. See [kentongardentour.com](http://kentongardentour.com) for map & descriptions.



option to the two-day walk: We could offer our garden on the Saturday evening for a night viewing. I had absolutely no idea what that would be like. I pictured people's gardens with a back porch light providing illumination. I envisioned questionable strangers "checking out" our garden and house in the dark. So we decided to take a year off and experience other gardens, including the night version. We were surprised. The night gardens we visited were amazing, and where there was more than one garden on the block, it was like a party. People were everywhere with a drink in their hands, having fun talking to strangers, admiring plants and unique lighting options. It was a great experience.

So now our dilemma for this year was this: do we do the walk during the day? Do we do only the night option? Do we do both? One thing I decided months ago is that I am going to do the night walk. I am on a mission to showcase my garden in a unique way at night this year. As with everything you do for the first time, there is an element of self doubt, but I'm pretty confident that our garden will get positive comments. It better not rain!

TOP LEFT: Fairy garden

TOP RIGHT: Bird bath  
accent

BOTTOM: Old door  
décor

## BUFFALO

### REGULAR CLUB MEETINGS

**8th District Federated Garden Clubs of New York State, Inc.** Maryann Jumper, District Director. August 7 – 18: *Erie County Fair*. August 13: *Bus Trip, Niagara on the Lake*. 716/435-3412; mjump50@gmail.com; gardenclubsofwny.com.

**African Violet and Gesneriad Society of WNY** meets the third Tuesday of each month, September – June, at 7:30 pm, LVAC Building, 40 Embury Place, Lancaster. avgswny@verizon.net; gesneriadsociety.org/chapters/wny.

**Alden Garden Club** meets the second Wednesday of the month (except July & August) at 7 pm, Alden Community Center, West Main Street, Alden. New members and guests welcome. Plant sale each May. 716/937-7924.

**Buffalo Area Daylily Society.** East Aurora Senior Center, 101 King Street, East Aurora. 716/ 649-8186; buffaloareadaylily@hotmail.com.

**Garden Club of the Tonawandas** meets the third Thursday of the month at 7 pm, Tonawanda City Hall, Community Room.

**Garden Friends of Clarence** meets the second Wednesday of the month at 7 pm, September – June, Town Park Clubhouse, 10405 Main Street, Clarence. gardenfriendsofclarence@hotmail.com.

**Hamburg Garden Club** meets the second Wednesday of every month at noon, summer garden tours, Hamburg Community Center, 107 Prospect Avenue, Hamburg. 716/648-0275; droman13@verizon.net.

**Niagara Frontier Orchid Society (NFOS)** meets the first Tuesday following the first Sunday (dates sometimes vary due to holidays, etc.), September – June, Botanical Gardens, 2655 South Park Avenue, Buffalo. niagarafrontierorchids.org.

**Orchard Park Garden Club** meets the first Thursday of the month at 12 pm, Orchard Park Presbyterian Church, 4369 South Buffalo Street, Orchard Park. President: Beverly Walsh, 716/662-7279.

**Silver Creek-Hanover Garden Club** meets the second Saturday of the month at 2 pm, First Baptist Church, 32 Main Street, Silver Creek. Sue Duecker, 716/934-7608; duke.sue@roadrunner.com.

**South Town Gardeners** meets the second Friday of the month (except January) at 10:30 am, Charles E. Burchfield Nature & Art Center, 2001 Union Road, West Seneca. New members welcome.

**Western New York Carnivorous Plant Club** meets the first Wednesday of the month at 6:30 pm, Menne Nursery, 3100 Niagara Falls Blvd., Amherst. wnycpclub@aol.com; facebook.com/wnycpclub.

**Western New York Herb Study Group** meets the second Wednesday of the month at 7 pm, Buffalo and Erie County Botanical Gardens, 2655 South Park Avenue, Buffalo.

**Western New York Honey Producers, Inc.** Cornell Cooperative Extension of Erie County, 21 South Grove Street, East Aurora. wnyhpa.org.

**Western New York Hosta Society.** East Aurora Senior Center, corner of Oakwood & King Streets. 716/941-6167; h8staman@aol.com; wnyhosta.com.

**Western New York Hosta Society Breakfast Meetings**, a friendly get-together, first Saturday of the month at 10 am, Gardenview Restaurant, Union Road, West Seneca. August 24: *Hosta Sale* (see Calendar listing below).

**Western New York Iris Society** meets the first Sunday of the month in members' homes and gardens.

Information about growing all types of irises and complementary perennials. Shows. Sale. Guests welcome. Pat Kluczynski: 716/633-9503; patrizia@roadrunner.com.

**Western New York Rose Society** meets the third Wednesday of each month at 7:30 pm, St. Stephens-Bethlehem United Church of Christ, 750 Wehrle Drive, Williamsville. July 17: 4 *Leg Critter Control*, Lyn Chimera. August 21: *Tour Delaware Park Rose Garden*. wnyrosesociety.net.

**Wilson Garden Club** generally meets the second Thursday of each month at 7 pm, Community Room, Wilson Free Library, 265 Young Street, Wilson. Meetings open to all, community floral planting, spring plant sale, local garden tours. 716/751-6334; wilsongardenclub@aol.com.

**Youngstown Garden Club** meets the second Wednesday of every month at 7 pm, First Presbyterian Church, 100 Church Street, Youngstown.

### FREQUENT HOSTS

**BECBG: Buffalo & Erie County Botanical Gardens**, 2655 South Park Avenue, Buffalo, NY 14218. 716/827-1584; buffalogardens.com.

**BMAC: Beaver Meadow Audubon Center**, 1610 Welch Road, North Java, NY 14113. 585/457-3228; 800/377-1520; buffaloaudubon.org.

**COOP: Chicken Coop Originals**, 13245 Clinton Street, Alden. 716/937-7837; chickencooporiginals.com.

**MENNE: Menne Nursery**, 3100 Niagara Falls Blvd., Amherst, NY 14228. 716/693-4444; mennenursery.com.

**REIN: Reinstein Woods Nature Preserve**, 93 Honorine Drive, Depew, NY 14043. 716/683-5959; dec.ny.gov/education/1837.html.

### CLASSES / EVENTS

• Indicates activities especially appropriate for children and families.

S- Indicates plant sales.

T- Indicates garden tours.

• **Ongoing: Family Walk at Beaver Meadow**, Sundays, 2 pm. Naturalist led walk. Donations appreciated. **BMAC**

**Ongoing through September: Trail Tuesdays**, 6:30 – 7:30 pm. Volunteer to assist with projects to help maintain and improve ecosystems and trails throughout the preserve. Refreshments provided. Registration required. **REIN**

• **Ongoing: After-School Escape**, Thursdays, 4:30 – 5:30 pm. A different, fun, outdoor activity each week. Grades K-5. No registration required. **REIN**

**Ongoing through November 27: East Aurora Farmers' Market**, Wednesday & Saturday, 7 am – 1 pm. Local vendor produced/grown products. Aurora Village (Tops) Plaza, Grey Street, East Aurora.

**T- July 6 – 7: Grand Island Garden Tour**, 10 am – 6 pm. **NGF**

**July 10: Ten Plants that Rocked History**, 6:30 – 8 pm. An evening of fun with David Clark. Learn the real reason why the Pilgrims landed at Plymouth Rock instead of their original destination of Virginia. Includes beer, wine and light refreshments. \$20 members; \$24 non-members. Registration required. **BECBG**

**July 11: English Garden Trough Workshop**, 6:30 pm.

Make your own hypertufa container and plant it up the following week. Refreshments. Includes materials and plants. \$35. Registration required. **COOP**

**July 13: Allenberg Bog Walk**, 9 am – 2 pm. Casual hike in search of summertime flora and other interesting facets of this unique environment. Meet: Walmart parking lot, Springville. \$3 members; \$5 non-members. **BMAC**

**July 13: Ornamental Grasses**, 10 am. Join Sharon Webber as she discusses the merits of these adaptable plants, which varieties to choose and how to maintain them for summer, fall and winter interest. Registration required. **MENNE**

**July 13: English Garden Trough Workshop**, 10 am. See description under July 11. \$35. Registration required. **COOP**

**July 13: Master Gardeners at the Gardens**, 10 am – 1 pm. Master Gardeners of Erie County will be available to answer questions. Soil testing done while you wait, \$5 for up to 3 samples. **BECBG**

**T- July 13: Historic Niagara Falls Garden Walk**, 10 am – 2 pm. **NGF**

**T- July 13: Samuel P. Capen Garden Walk**, 10 am – 4 pm. **NGF**

• **July 13: Growing Garden Summer Series for Kids: Harvesting Vegetables**, 10:30 am. Kids will care for and harvest vegetables from Reinstein Woods' gardens. Part 2 of 3. Ages 6-8. Registration required. **REIN**

**July 13: Pathways to a Useful Garden**, 12 – 3 pm. Topics & presenters: *Easy Pathways and Patios*, Barry Duerr; *Medicinal Herbs*, Richard Price; *Harvesting & Designing w/ Flowers from the Garden*, David Clark & Patti Jablonski-Dopkin. Urban Roots Community Garden Center, 428 Rhode Island Street, Buffalo. 716/362-8982; urban-roots.org. **NGF**

**T- July 13: Lockport in Bloom - Twilight in the Garden**, 6:30 – 9 pm. Enjoy an evening stroll through select gardens. 716/434-2380; Facebook; lockportinbloom.com. **NGF**

**T- July 13 – 14: Lockport in Bloom – City-wide Garden Tour & Vendors' Fair**, 10 am – 4 pm. Self-guided tour featuring more than 40 private gardens. Vendors' Fair: shop a variety of goods of interest to gardeners. Rain or shine. Free. Kenan Center (Taylor Theatre Building), 433 Locust Street, Lockport. 716/434-2380; Facebook; lockportinbloom.com. **NGF**

**T- July 13 – 14: Hamburg Garden Walk**, 10 am – 4 pm. Self-guided. Vendors. Maps: Memorial Park, corner Lake & Union Streets, Hamburg. hamburg-gardenwalk.com. **NGF**

**T- July 14: Snyder-CleveHill Garden View**, 10 am – 4 pm. **NGF**

**July 20: Botanical Hike at Hunters Creek Park**, 10 am – 1 pm. Join Buffalo State grad student Matt Candeias for a hike along the creek. May consist of limited creek walking. Meet: parking lot, Centerline Road. Donations appreciated. **BMAC**

**T- July 20: Town of Amherst Garden Walk**, 10 am – 4 pm. **NGF**

**T- July 20: Williamsville Garden Tour**, 10 am – 4 pm. **NGF**

**July 20: Canning the Harvest**, 2 – 3:30 pm. Joyce Gallagher will discuss and demonstrate the basics of traditional hot water bath canning including sterilization techniques, recipes and preparing foods for processing. Registration required. **MENNE**

**T- July 20 – 21: Garden Walks**, 10 am – 4 pm Saturday; 12 – 4 pm Sunday. Visit two Orchard



Park gardens, about a mile apart, at your leisure. Enjoy extensive country gardens, a pond filled with fish and water lilies, over 700 registered varieties of daylilies, certain varieties available for purchase. 6047 Seufert Road; 716/648-0094. The second, a four-acre certified Backyard Wildlife Habitat, includes wooded areas, cottage themed gardens, large perennial garden, woods, pines, Japanese maples all connected by flagstone pathways with garden art and antiques. 6346 Ward Road; 716/648-7085.

**T-July 20 – 21: Lancaster Garden Walk**, 10 am–4 pm. **NGF**

**T-July 20 – 21: Ken-Ton Garden Tour**, 10 am – 4 pm. Self-guided tour of gardens in the Village of Kenmore and the Town of Tonawanda. Free. See website for map & descriptions. [kentongardentour.com](http://kentongardentour.com). **NGF**

**T-July 20 – 21: Saturday Night Lights**, 8:30 – 10:30 pm. Part of *Ken-Ton Garden Tour* (above). Self-guided. Free. [kentongardentour.com](http://kentongardentour.com). **NGF**

**T-July 21: South Buffalo Alive**, 9 am – 3 pm. **NGF**

**July 27: Harvesting & Using Herbs**, 10 – 11:30 am. Join Lee Schreiner to learn how to harvest herbs at their peak and preserve them for future flavor and fragrance. Lee will also discuss using herbs in a variety of ways including vinegars, jams, jellies and potpourri. Registration required. **MENNE**

**July 27: Master Gardeners at the Gardens**, 10 am – 1 pm. See description under July 13. **BECBG**

**July 27: Bonsai Workshop**, 2 pm. Peter Martin will discuss the basics of creating and caring for Bonsai and will demonstrate potting, pruning and wiring techniques. Participants will then create their own Bonsai (purchase required). Soil and wire provided. Registration required. **MENNE**

**T-July 27 – 28: GardenWalk Buffalo**, 10 am – 4 pm. Self-guided tour of more than 380 gardens. Free. [gardenwalkbuffalo.com](http://gardenwalkbuffalo.com). **NGF**

**T-August 3: Black Rock & Riverside Tour of Gardens**, 10 am – 4 pm. Self-guided, features more than 60 gardens. See also *Starry Night Garden Tour* (below). Free. 716/851-5116; [brttourofgardens.com](http://brttourofgardens.com). **NGF**

**T-August 3: Starry Night Garden Tour**, 8 – 10 pm. Self-guided, features more than 20 well-lit gardens. Part of *Black Rock & Riverside Tour of Gardens* (above). Free. 716/851-5116; [brttourofgardens.com](http://brttourofgardens.com). **NGF**

**T-August 10: Member Garden Tour**, 10 am. Presented by Silver Creek-Hanover Garden Club. Tour 5 member gardens, refreshment served at each garden. Free members; \$10 non-members. 716/934-7608; [duke.sue@roadrunner.com](mailto:duke.sue@roadrunner.com).

**August 10: Pruning Trees & Shrubs**, 10 am. Sharon Webber will give an overview of techniques and tools to use as she discusses what to prune, what to leave alone and the right time to do so. Registration required. **MENNE**

**August 10: Master Gardeners at the Gardens**, 10 am – 1 pm. See description under July 13. **BECBG**

**August 17: Plants of the Woods**, 2 pm. Learn the native and non-native plants that grow in Reinstein Woods, some might even grow in your backyard. Registration required. **REIN**

**August 21: Plants in Motion Pictures**, 6:30 – 8 pm. Join David Clark for a glimpse into the movement of plants and how plants have been used in the horticulture of Hollywood. Includes beer, wine and light refreshments. \$20 members; \$24 non-members. Registration required. **BECBG**

**S-August 24: Hosta & Daylily Sale**, 9 am – 2 pm. Many colors, sizes & types of each, hundreds

of named varieties, locally grown. Members will be available to answer questions. Presented by WNY Hosta Society & Buffalo Area Daylily Society. Harvey D. Morin VFW Post, 965 Center Road, West Seneca. [wnyhosta.com](http://wnyhosta.com).

**August 24: Herb & Everlasting Wreath or Basket Arrangement Workshop**, 10 am. Refreshments. Materials included. \$35. Registration required. **COOP**

**August 24: Master Gardeners at the Gardens**, 10 am – 1 pm. See description under July 13. **BECBG**

**August 24: Summer Flowers and Berries**, 10:30 am. Search for summer fruits and flowers on a guided walk in the woods. Registration required. **REIN**

• **August 31: Growing Garden Summer Series for Kids: Fork to Fork**, 10:30 am. Kids will use garden forks to care for plants and learn how to make some treats to eat with table forks. Part 3 of 3. Ages 6-8. Registration required. **REIN**

**September 4 – 25: Adult Drawing Classes**, Wednesdays, 8:45 – 10:15 am. Professional artist and teacher Joan Saba will guide participants. All skill levels welcome. Series: \$58 members; \$64 non-members. Single class: \$16 members; \$17 non-members. Registration required. **BECBG**

**September 7: Walk at Knox Farm State Park**, 9 am. Guided walk to search for woodland ferns. Donations appreciated. Knox Farm State Park. **BMAC**

**September 7: Fungi with a Fun Gal**, 10 am. Indoor presentation and guided outdoor fungus foray. Registration required. **REIN**

**September 7: The Challenges of a Perfect Lawn**, 10 am. Jack Bryant will advise how to install, maintain or renovate a lawn as well as how to prepare it for fall and winter. Registration required. **MENNE**

**September 7: Backyard Landscape**, 2 pm. Gary and Kathy Sokolowski will share ideas on creating an outdoor living area by adding new plantings, patios and water features using thoughtful planning to increase usable space while providing privacy, fragrance, color and sound. Registration required. **MENNE**

**September 7 – 8: Fall Garden Fair**. Vendors, garden talks & demos, plants, food. Lockwood's Greenhouses, 4484 Clark Street, Hamburg, 716/649-4684; [weknowplants.com](http://weknowplants.com).

**September 7 – October 6: Succulent Show**, 10 am – 5 pm. Included with admission. **BECBG**

**September 13 – 14: Fall Plant Sale**, 9 am – 7 pm Friday; 9 am – 2 pm Saturday. Perennials, flowering shrubs, bulbs and more. **BECBG**

**September 14: Success with Spring Bulbs**, 10 am. Sharon Webber will share information on how to select, plant and care for some favorite spring blooming bulbs. Registration required. **MENNE**

**September 14: Master Gardeners at the Gardens**, 10 am – 1 pm. See description under July 13. **BECBG**

**September 14: Orchid 101 – The Basics**, 2 pm. Peter Martin will demonstrate potting and pruning while discussing requirements for growing media, light and maintenance. Participants may bring their own orchid specimen for consultation and advice after class. Registration required. **MENNE**

## SAVE THE DATE...

**September 21: Fall Hosta Forum**. *The Edinboro Fringe*. Edinboro University, Edinboro, PA. [wny-hosta.com](http://wny-hosta.com).

**October 12: Bus Trip to Sonnenberg Gardens**. Join the *Upstate Gardeners' Journal* for a trip to see

Sonnenberg Gardens & Mansion in Canandaigua, NY.

## ITHACA

### REGULAR CLUB MEETINGS

**Adirondack Chapter, North American Rock Garden Society (ACNARGS)**. Meets in the Whetzel Room, Room 404, Plant Science Building, Cornell University, Ithaca. Free and open to all. [acnargs.blogspot.com](http://acnargs.blogspot.com); [facebook.com/acnargs](http://facebook.com/acnargs).

**Windsor NY Garden Group** meets the second and fourth Tuesdays of the month at 10 am, members' homes or Windsor Community House, 107 Main Street, Windsor. [windsorgardengroup.suerambo.com](http://windsorgardengroup.suerambo.com).

### FREQUENT HOSTS

**CCE/TOM: Cornell Cooperative Extension, Tompkins County**, 615 Willow Ave., Ithaca, NY 14850. 607/272-2292; [tompkins@cornell.edu](mailto:tompkins@cornell.edu); [cctetompkins.org](http://cctetompkins.org).

**CP: Cornell Plantations**, 1 Plantations Road, Ithaca, NY 14850. Inquire ahead for meeting places. 607/255-2400; [cornellplantations.org](http://cornellplantations.org).

### CLASSES / EVENTS

• Indicates activities especially appropriate for children and families.

S- Indicates plant sales.

T- Indicates garden tours.

**Ongoing through September 28: Botanical Garden Highlights Tour**, Saturdays, 10 – 11 am. Enjoy a guided tour through the Botanical Gardens. Tour content will vary depending on the plants, season, interests of the group and whim of the docent. Meet: Nevin Welcome Center. Free. **CP**

**Ongoing through October 13: Arboretum Highlights Tour**, Sundays, 10 – 11 am; no tour September 22. Enjoy a guided tour through the F.R. Newman Arboretum. Tour content will vary depending on the plants, season, interests of the group and whim of the docent. Meet: Sculpture Garden, Newman Arboretum. Free. **CP**

**July 10: No, Deer! Plants for a Deer-Resistant Garden**, 7 – 8 pm. Tour will focus on plants tested by Dr. Mark Bridgen, director of Cornell's Long Island Horticultural Research and Extension Center, and listed on his list of *Plants that Deer Do Not Like to Eat*. Meet: Nevin Welcome Center. Free. Registration required. **CP**

**July 14: Garden to Table Series – Flavors of Tuscany**, 1 – 4 pm. After a stroll through nearby gardens to look at select herbs and vegetables to be used in class, return to the classroom for a demonstration focusing on hand-made pasta and wholesome dishes made with New York State produce. \$50. Registration required. **CP**

**July 26 – 28: Continuing Education in Herbal Medicine Series**. Kathleen Maier of Sacred Plant Traditions. Heartstone Herbal School, Van Etten. 607/589-4619; [heart-stone.com](http://heart-stone.com).

**July 27: Compost with Confidence – Troubleshooting Your Bin**. Master Composter volunteers provide information and give hands-on demonstrations. Compost Demonstration site, southwest of Ithaca Farmers' Market. Free. **CCE/TOM**

**August 18: Garden to Table Series – Simply Scrumptious Sushi**, 1 – 4 pm. Tour the Robison

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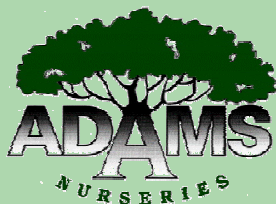
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# Calendar

## ITHACA continued

Herb Garden then use some herbs represented in the garden along with Farmers' Market seasonal ingredients to make wraps, rolls and several dipping sauces (all vegetarian recipes). \$50. Registration required. CP

**August 21: An Evening in the Garden**, 7 pm. Learn about plants reflected in art, literature, and decoration, as well as those useful as groundcovers in sunny and steeply sloping areas, plus see some recent introductions to the horticulture trade. Some stair climbing. Meet: Nevin Welcome Center. Free. CP

**August 31: Compost with Confidence – Is it done? & Compost Uses.** Master Composter volunteers provide information and give hands-on demonstrations. Compost Demonstration site, southwest of Ithaca Farmers' Market. Free. CCE/TOM

### SAVE THE DATE...

• **September 22: Judy's Day - A Fruit-ful Afternoon**, 1 – 5 pm. Educational event for kids of all ages. Free. CP

**September 28: Compost with Confidence – Indoor/Stealth Composting.** Master Composter volunteers provide information and give hands-on demonstrations. Compost Demonstration site, southwest of Ithaca Farmers' Market. Free. CCE/TOM

**October 11 – 13: Continuing Education in Herbal Medicine Series.** Chanchal Cabrera of Boucher Institute & Innisfree Farm. Heartstone Herbal School, Van Etten. 607/589-4619; heart-stone.com.

**October 26: Compost with Confidence – Winter**

**Composting.** Master Composter volunteers provide information and give hands-on demonstrations. Compost Demonstration site, southwest of Ithaca Farmers' Market. Free. CCE/TOM

## ROCHESTER

### REGULAR CLUB MEETINGS

**7th District Federated Garden Clubs New York State, Inc.** meets the first Wednesday of the month. 7thdistrictfgcnys.org.

**African Violet Society of Rochester** meets the first Wednesday of each month, September – May, at 7 pm, St. John's Home, 150 Highland Avenue, Rochester. All are welcome. Bob or Linda Springer: 585/413-0606; blossoms002@yahoo.com.

**Big Springs Garden Club of Caledonia-Mumford** meets the second Monday evening of the following months in the Caledonia-Mumford area: September – November, January – May. New members and guests welcome. 585/314-6292; mdolan3@rochester.rr.com.

**Bonsai Society of Upstate New York** meets the fourth Tuesday of the month at the Brighton Town Park Lodge, Buckland Park, 1341 Westfall Road, Rochester. 585/334-2595; bonsaisocietyofupstatenys.org.

**Fairport Garden Club** meets the third Thursday evening of each month (except August and January). Accepting new members. fairportgc@gmail.com; fairportgardenclub.org. **Garden Club of Brockport** meets the second Wednesday of every month at 7 pm, Clarkson Schoolhouse, Ridge Road, east of Route 19. Speakers, hands-on sessions. Kathy Dixon: 585/431-0509; kadxon@excite.com.

**Garden Path of Penfield** meets the third Wednesday of the month from September through May at 7 pm, Penfield Community Center, 1985 Baird Road, Penfield. Members enjoy all aspects of gardening; new members welcome. gardenpathofpenfield@gmail.com.

**Genesee Region Orchid Society (GROS)** meets every month from September through May at the Jewish Community Center, 1200 Edgewood Avenue, Rochester, on the first Monday following the first Sunday of each month (dates sometimes vary due to holidays, etc.). The GROS is an Affiliate of The American Orchid Society (AOS) and of The Orchid Digest Corporation. geneseeorchid.org.

**Genesee Valley Chapter of the North American Rock Garden Society (GVC NARGS)** meets monthly from March through October. Information: jsamolis@rochester.rr.com; gvnargs.blogspot.com. Newsletter: jhoeffel@aol.com.

**Genesee Valley Hosta Society** meets the second Thursday of the month, April – October, at Monroe County's Cornell Cooperative Extension, 249 Highland Avenue, Rochester. 585/538-2280; sebackner@frontiernet.net.

**Genesee Valley Pond & Koi Club** meets the first Friday of the month at 6:30 pm, Cornell Cooperative Extension, 249 Highland Avenue, Rochester, except in summer when it tours local ponds. bobwheeler58@gmail.com.

**Genesier Society** meets the first Wednesday of each month, September – May, at 6:30 pm, St. John's Home, 150 Highland Avenue, Rochester. All are welcome. Bob or Linda Springer: 585/413-0606; blossoms002@yahoo.com.

**Greater Rochester Iris Society** meets Sundays at 2 pm, dates vary, Cornell Cooperative Extension of



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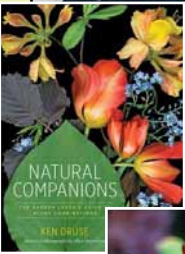
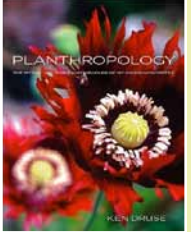


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The symposium will also feature speakers Dr. Jana Lamboy formally of Finger Lakes Community College and Katherine Leiner author of *Growing Roots: The New Generation of Sustainable Farmers, Cooks, and Food Activists*. Book signing to follow lecture and box lunch included. Prepaid reservations required. For tickets, please visit [www.sonnenberg.org](http://www.sonnenberg.org) or call 585-394-4922.

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**National Public Gardens Day - May 10**

**Bonsai Show - May 18-19**

**Great Plant Sale - May 18-19**

**Garden Railway - June 8 - July 7**

**Celebration of Coleus & Color**

**June 15 - July 28**

**Starry Night in the Garden - June 19**

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# Calendar

## ROCHESTER continued

Monroe County, 249 Highland Avenue, Rochester. Public welcome. 585/599-3502; eschnell@rochester.rr.com.

**Greater Rochester Perennial Society (GRPS)** meets the first Thursday of each month at 7 pm, Monroe County Cornell Cooperative Extension, 249 Highland Avenue, Rochester, except in summer when it tours members' gardens. 585/889-4864; laburt@rochester.rr.com; rochesterperennial.com.

**Greater Rochester Rose Society** meets the first Tuesday of the month, April through November, at Cornell Cooperative Extension, 249 Highland Avenue, Rochester. July & August meetings in members' gardens. December meeting at a member's home. 585/377-0892; 585/621-1115; info@rocrose.org; rocrose.org.

**Henrietta Garden Club** meets the third Wednesday of the month (except July & August) at 6:45 pm, Riparian Lecture Hall at Rivers Run, 50 Fairwood Drive, Rochester. Open to all. *September 18: Jane Milliman, columnist for Democrat & Chronicle and publisher of Upstate Gardeners Journal.* henrietta-gardenclub.org; henriettagardenclub@gmail.com.

**Holley Garden Club** meets the second Thursday of the month at 7 pm, Holley Presbyterian Church. 585/638-6973.

**Ikebana International Rochester Chapter 53** meets the third Thursday of each month (except December and February) at 10 am, First Baptist Church, Hubbell Hall, 175 Allens Creek Road, Rochester. 585/872-0678; 585/586-0794.

**Kendall Garden Club** meets the first Wednesday of the month at 7 pm, Kendall Town Hall. 585/659-8289; justdesignabove@hotmail.com.

**Rochester Dahlia Society** meets the second Saturday of most months at 1 pm, Trinity Reformed Church, 909 Landing Road North, Rochester, except in the summer, when it tours members' gardens. Visitors welcome. 585/249-0624; 585/865-2291; gwebster@rochester.rr.com; rochesterdahliasociety.com.

**Rochester Herb Society** meets the first Tuesday of each month (excluding January & February) at 12 pm, Rochester Civic Garden Center, 5 Castle Park, Rochester. June-August garden tours. New members welcome.

**Rochester Permaculture Center**, meets monthly to discuss topics such as edible landscapes, gardening, farming, renewable energy, green building, rainwater harvesting, composting, local food, forest gardening, herbalism, green living, etc. Meeting location and details: meetup.com/rochesterpermaculture.

**Valentown Garden Club** meets the third Tuesday of each month; time alternates between noon and 7 pm. Victor. Kathleen Houser, president: 585/301-6107.

## CLASSES / EVENTS

• Indicates activities especially appropriate for children and families.

S- Indicates plant sales.

T- Indicates garden tours.

**Ongoing through September 7: Garden Makeover.** Enter to win a Master Gardener garden makeover, 200 sq. ft. garden installation (approximate \$1000 value). For Orleans County residents and directly surrounding communities. Drawing to be held September 7 at *Plant Sale* (see below), 11 am. \$10. CCE/ORL

**July 7: Entertaining with Herbs**, 2 – 4 pm. See website & Facebook for details. Registration required. WAY

**July 9: Butterflies and the Plants They Need**, 10 am. *Mendon Area Mystery Tour.* Meet: Visitors Center parking lot, Pond Road. Group will explore the butterfly garden then car pool to other areas. 585/425-2380. RBC

**July 10: Daylily Garden Open House**, 5 – 7 pm. Cobbs Hill Daylily Garden (a National Display Garden), Charlie and Judy Zettek, 1 Hillside Avenue, Rochester. 585/461-3317.

**July 10: Could Farmers' Markets Be Your Future?**, 6:30 – 8 pm. Jarmila Haseler, Market Specialist for Cornell Cooperative Extension, will talk about the science behind successful farmers' markets and how people become active and valid components in their success. Free. Advance registration requested. RCGC

**July 11: July Flower of the Month – the Lily**, 7 – 9 pm. Alana Miller will discuss characteristics and proper handling of lilies in floral design. Students will be guided in exploring the use of natural armatures for support as they create a contemporary arrangement with fresh lilies. Materials included. \$40 members; \$50 non-members. Registration required. RCGC

**July 12: Moonlight Stroll Music Series**, 8 – 10 pm. Tullamore Celtic Band with The Young School of Irish Dance. \$7 members; \$9 non-members; \$4 ages 6-17. SG

**July 13: Container Gardening**, 9 – 11 am. Master Gardener Donna Lowry will share tips and inspiration for various container garden ideas. \$10. Registration required. Cornell Cooperative Extension, Monroe County, 249 Highland Avenue, Rochester. 585/461-1000 x225; ksk8@cornell.edu; counties.cce.cornell.edu/monroe.

**T- July 13: Garden Tour**, 9 am – 3 pm. *Down the Path.* Tour gardens located across Orleans County. Presented by Orleans County Master Gardeners. \$10. CCE/ORL

**July 13: Summer Wildflowers**, 10 am. Led by Carl Hergesell, Frank Crombe, Rick Luli. TAS

**July 13: Summer Habitat Walk**, 10 am – 12 pm. Discover butterflies (some rare in NY), birds, flowers, and dragonflies on this 2 mile walk through a 115 acre farm in the town of Rush that is slowly reverting to wildlife habitat. Wear long pants, hat, sturdy shoes and bring water. Meet: 677 Five Points Road; group will car pool to site. Registration required by July 12 @ 585/533-2333. Genesee Land Trust. info@geneseeandtrust.org; geneseeandtrust.org.

**T- July 13: Summer Garden Tour**, 10 am – 4 pm. *To the Beach and Beyond – Gardens of Sodas Point.* Explore nine gardens including a historic stone lake house with beds of perennials, shrubs and ornamental grasses; an artist's 'Margaritaville'-themed beachfront garden; a 40-acre property with a labyrinth; a perfect view of the lake from the porch of a cottage appropriately surrounded by cottage gardens; the Sodas Point Lighthouse and visitors' center downtown. Advance: \$15 members; \$20 non-members. Day of: \$20 all. RCGC

**S- July 14: Daylily Sale**, 8 am – 12 pm. Over 40 varieties to choose from. Advice on selection and care available. Visit a nationally recognized daylily display garden with over 250 varieties of daylilies including 30 new varieties. Webster Arboretum, 1700 Schlegel Road, Webster. websterarboretum.org.

**July 14: Daylily Garden Open House**, 1 – 5 pm. Cobbs Hill Daylily Garden (a National Display Garden), Charlie and Judy Zettek, 1 Hillside Avenue, Rochester. 585/461-3317.

**July 14: Design Your Own Butterfly Garden**, 2 – 4 pm. See website & Facebook for details. Registration required. WAY

**July 16: Create an Everlasting Wreath Using Fresh Florals**, 7 – 9 pm. Using lemon-leaf and seeded eucalyptus as a base, participants will decorate their wreath with various flowers and botanicals that will dry into an "everlasting" decoration. Materials included. \$35 members; \$45 non-members. Registration required. RCGC

**July 17: Midsummer Night's Kids' Fairy Gardens Workshop**, 7 – 8:30 pm. See website & Facebook for details. Registration required. WAY

**July 18: Gardening with Deer**, 6:30 – 8:30 pm. Naturalist and garden designer Carol Southby will share how she and her husband have created their landscape despite heavy deer pressure as well as some protective measures including deer-repellent sprays, fencing and pokey sticks. \$22 members; \$28 non-members. Registration required. RCGC

**July 19: Moonlight Stroll Music Series**, 8 – 10 pm. Rochester Metropolitan Jazz Orchestra. \$7 members; \$9 non-members; \$4 ages 6-17. SG

**July 20: Daylily Garden Open House**, 10 am – 2 pm. Cobbs Hill Daylily Garden (a National Display Garden), Charlie and Judy Zettek, 1 Hillside Avenue, Rochester. 585/461-3317.

**July 22: Butterflies and the Plants They Need**, 9 am. *Little Lakes Mystery Tour.* Explore areas near Canadice and Hemlock Lakes. Meet: Rush Park & Ride, Routes 15 & 251, I-390 exit 11, Rush. Bring lunch. 585/385-3907. RBC

**July 24: Hypertufa – Beyond the Pot**, 7 – 9 pm. Floral designer Alana Miller will demonstrate how to make hypertufa containers and will share techniques for making decorative mushrooms, birdbaths, pot feet, garden ornaments plus how to paint, plant and display them. Demonstration only. \$18 members; \$25 non-members. Registration required. RCGC

**July 25: Soirée – Jerry Kral's Incredible Landscape**, 6:30 – 8 pm. Enjoy Jerry Kral's urban landscape of small and medium-sized evergreen and deciduous

## FREQUENT HOSTS

**CCE/ORL: Cornell Cooperative Extension, Orleans County**, 12690 Route 31, Albion, NY 14411. 585/798-4265.

**RBC: Rochester Butterfly Club.** Field trips last about 2 hours, some continue into the afternoon, especially those that are further away. Long pants and appropriate footwear strongly recommended. Free and open to the public. rochesterbutterflyclub.org.

**RCGC: Rochester Civic Garden Center**, 5 Castle Park, Rochester, NY 14620. 585/473-5130; rcgc.org.

**SG: Sonnenberg Gardens & Mansion State Historic Park**, 151 Charlotte Street, Canandaigua, NY 14424. 585/394-4922; sonnenberg.org.

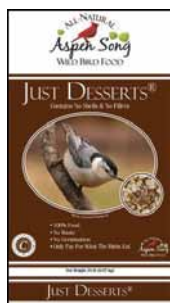
**TAS: Thousand Acre Swamp Sanctuary**, 1581 Jackson Road, Penfield. 585/425-9561; 585/586-6677. facebook.com/thousandacreswamp.

**WAY: Wayside Garden Center**, 124 Pittsford-Palmyra Road (Route 31), Macedon, NY 14502. 585/223-1222 x100; trish@waysidegardencenter.com; Facebook; waysidegardencenter.com.





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# Calendar

## ROCHESTER continued

trees and shrubs, in combinations with perennials and annuals, linked by pathways and stone walls plus rock gardens, including a slab garden, tufa crevice garden, and pumice rock garden. Repeat visitors may notice some changes including removal of trees that have outgrown their practicality, major replanting of some areas, redesign of the hidden garden and some colorful new benches. \$12. Registration required. **RCGC**

**July 25: Adult Miniature Gardens Workshop**, 7 – 8:30 pm. See website & Facebook for details. Registration required. **WAY**

**July 26: Daylily Garden Open House**, 5 – 7 pm. Cobbs Hill Daylily Garden (a National Display Garden), Charlie and Judy Zettek, 1 Hillside Avenue, Rochester. 585/461-3317.

**July 26: Moonlight Stroll Music Series**, 8 – 10 pm. Music Makers Big Band. \$7 members; \$9 non-members; \$4 ages 6-17. **SG**

**July 26 – August 4: Hydrangea Celebration**. **WAY**

**July 28: Butterflies and the Plants They Need**, 10 am. Christine Sevilla Wetlands Preserve. Meet: 3799 Iroquois Road, Caledonia. Wear waterproof boots. 585/425-2380. **RBC**

**S- July 28: Plant Societies Plant Sale**, 10 am. Participating societies include: Greater Rochester Perennial Society, Greater Rochester Iris Society, North American Rock Garden Society. Cornell Cooperative Extension, 249 Highland Avenue, Rochester.

**July 28: Tim Boebel's Hydrangea Update**, 2 pm. **WAY**

**S- July 29: Iris and Daylily Sale**. Greater Rochester Iris Society. Cornell Cooperative Extension Monroe County, 249 Highland Avenue, Rochester. 585/599-3502; eschnell@rochester.rr.com.

**July 29: Cut-Flower Workshop at a Historic Flower Farm**, 6 – 8 pm. Nellie Gardner will give a tour of her small farm and the flowers she grows for her business, including many kinds of annuals, perennials and dahlias. She'll discuss growing and harvesting cut flowers: which varieties work best for cutting as well as landscape use, how to cut and condition your flowers, how to prep the water, arranging and care of bouquets, and how to create a tussie-mussie. Participants will select and cut their own bouquet to take home. \$28 members; \$35 non-members. Registration required. **RCGC**

**July 30: Tour a Historic Garden in Pittsford**, 6:30 – 8 pm. In 1941, landscape architect Fletcher Steele designed gardens on the 3-acre site, former home of Homer and Margaret Woodbury Strong. Current owners David and Bonnie Swinford are in the process of restoring Steele's work. David has created a large formal entrance garden and added several other gardens in tune with his avid gardening interests. Learn more about the background of this historic property and the revitalization of the landscape after years of neglect. \$22 members; \$32 non-members. Registration required. **RCGC**

**July 31: Oh No, Now What – Creative Perennial Garden Maintenance**, 6 – 8:30 pm. Christine Froehlich will share professional methods to keep the garden looking fresh including: proper staking, deadheading, deadleafing, cutting back plants to prevent straggleness and promote a new burst of growth and rebloom, creative pruning of perennials that have gotten too dense, weeding quickly, how to identify problems like low fertility, water

and pests, and what to do about the fear of rearrangement. Hands-on class in a garden setting. \$22 members; \$32 non-members. Registration required. **RCGC**

**August 1: Hydrangeas In All Their Variety, and How to Grow Them Here**, 6:30 – 8:30 pm. Join Tim Boebel at his home to see the approximately 300 blooming hydrangea cultivars growing on his one-acre plot. Tim will discuss the merits of different cultivars and talk about growing hydrangea in patio containers. \$18 members; \$23 non-members. Registration required. **RCGC**

• **August 2: Children's Program – Hansel and Gretel with Friends on the Garden Path**, 6:30 pm. Stroll with Hansel and Gretel along Sonnenberg's pathways to the Pinetum. Includes *Moonlight Stroll Music* (see below). Suggested ages 4-14, with adult. \$7 members; \$9 non-members; \$4 ages 6-17; free age 5 and under. **SG**

**August 2: Moonlight Stroll Music Series**, 8 – 10 pm. Neville Francis and The Riddim Posse (reggae). \$7 members; \$9 non-members; \$4 ages 6-17. **SG**

**S- August 3: Daylily Sale**, 9 am – 1 pm. Presented by Finger Lakes Daylily Society. Choose from nearly 1000 plants from Webster Arboretum as well as member grown. Bristol Farm Market, 7454 Route 96, Victor. dschlossnagle01@yahoo.com; Facebook; flds.weebly.com.

**August 3: Workshop - Botanical Painting with Pastels**, 9:30 am – 12:30 pm. Join Deb Ver Hulst-Norris at her lakefront property in Hilton to learn about the use of pastels in botanical painting. Deb will discuss the work of some accomplished pastelists and guide participants in discovering the medium. Materials included. \$40 members; \$50 non-members. Registration required. **RCGC**

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our website: [www.rcgc.org](http://www.rcgc.org).



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**August 4: Daylily Garden Open House**, 1 – 5 pm. Cobbs Hill Daylily Garden (a National Display Garden), Charlie and Judy Zettek, 1 Hillside Avenue, Rochester. 585/461-3317.

**August 4: Growing Hydrangeas in Containers**, 2 – 4 pm. Tim Boebel will share his methods for growing hydrangeas in containers. Bring your own container or purchase before class. \$4 per container plus plants. Registration required. **WAY**

**August 6: August Flower of the Month – Bird of Paradise**, 7 – 9 pm. Learn the characteristics and proper handling of bird of paradise in floral design. Participants will create a vertical arrangement using this exotic flower and a variety of textural greens and embellishments. Materials included. \$40 members; \$50 non-members. Registration required. **RCGC**

**August 7: Summer Blooms Stroll in the Gardens at Michael Hannen's Nursery**, 6 – 7:30 pm. Michael grows over 800 varieties of plants at his urban home-based nursery. See the gardens at their peak of color with blooms that attract butterflies, hummingbirds and bees. Arrive early to shop or preview the gardens. \$10 members; \$15 non-members. Registration required. **RCGC**

**August 8: Soirée –The Essence of Summer**, 6:30 – 8 pm. Enjoy refreshments on a visit to Teddy Carr and Mark Regan's property in Penfield where visitors can see a waterfall only visible from the front steps, a butterfly bush border, meander paths that wind through summer shrubs, grasses, perennials, garden art, bridges, birdbaths and birdhouses and take in a large koi pond with four fountains and a bio-filter stream. \$12. Registration required. **RCGC**

**August 9: Italian Night**, 5 – 9 pm. Featuring Gap Mangione and The New Blues Band. Enjoy an eve-

ning of music beside the Italian Garden and stroll along lighted paths. Italian foods will be available for purchase. \$12 members; \$15 non-members. **SG**

• **August 12 – 16: Camp SustainAgility**. Day camp, ages 11-14. Empowering campers with the will and skill to reshape the future. Registration required by July 12. [campsustainagility.org](http://campsustainagility.org).

**August 20 – 21: Designing with Permanent Botanicals**, four sessions, August 12, 14, 19 & 21, 7 – 9 pm. Participants will learn to create silk floral arrangements, including a table arrangement, wreath, wall hanging and an arrangement designed specifically for the home or as a gift. Instructor Charlie Lytle is a professional floral designer with over 30 years of experience. Materials included. \$150 members; \$175 non-members. Registration required. **RCGC**

**August 13: Gardening with Shade**, 6:30 – 8 pm. Master Gardener Cindy Cali will lead a tour of a large property in Pittsford that she has been maintaining for several years as she has watched the garden grow and transition to more and more shade. She will discuss the plants and strategies that have worked well here, including the use of big plants and lots of texture to create a look that doesn't require a lot of maintenance. \$18 members; \$25 non-members. Registration required. **RCGC**

**August 17 – 18: Arts at the Gardens**, 10 am – 5 pm. Juried fine art and craft show & sale featuring 100 artists from across the US. Rain or shine. \$6. **SG**

**August 20: Visit a Garden of Traditional Textile, Fragrance and Tea Plants**, 6:30 – 8 pm. Inspired by an interest in the historical uses of plants, textile artist Evelyn Kitson has filled her rural Genesee garden with plants for dyes, fiber, fragrance and

tea. Enjoy an evening walk through the garden and learn about the historical and contemporary uses of these plants. \$18 members; \$25 non-members. Registration required. **RCGC**

**August 24: Ferns**, 10 am. Led by Rick Iuli, Frank Crombe, Carl Herrgesell. Hand lens helpful. **TAS**

**August 24: Butterflies and the Plants They Need**, 10 am. Ganargua Creek Meadow Preserve. In conjunction with Genesee Land Trust. Meet: creek-side entrance, near intersection Wilkinson & Victor Roads, Wayne County. Wear long pants and appropriate footwear as there is poison ivy. 585/383-8168. **RBC**

**S- September 7: Plant Sale**, 8:30 – 11:30 am. Garden Makeover (see above) drawing, 11 am. Presented by Orleans County Master Gardeners. **CCE/ORL**

**September 8: Computer-Enhanced Garden Management**, 2 – 4 pm. Presented by Neil Houghton. Hosted by Greater Rochester Iris Society. Free. Cornell Cooperative Extension of Monroe County, 249 Highland Avenue, Rochester. 585/266-0302; [thehutchings@mac.com](mailto:thehutchings@mac.com).

**September 14: Gathering of Gardeners**, 8 am – 4 pm. *Smart Garden Choices! Grow it, Admire it, and Sometimes Eat it!* Featuring Barry Glick and Karen Bussolini. Presented by Master Gardeners of Monroe County. Cornell Cooperative Extension, Monroe County. 585/461-1000 x225; [gatheringof-gardeners.com](http://gatheringof-gardeners.com).

**September 14: Dahlia Show**, 12 – 6 pm. Hundreds of specimens of many varieties on display as well as arrangements for sale. Presented by Rochester Dahlia Society. Perinton Square Mall. [rochester-dahliaociety.com](http://rochester-dahliaociety.com).



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# Calendar

## ROCHESTER continued

**September 15: Fungi with Fun Guys**, 2 pm. Led by Dave Wolf, Carl Wolf, Don Wolf. Enjoy a leisurely afternoon walk while discovering and identifying mushrooms and other fungi. **TAS**

### SAVE THE DATE...

**September 17: September Stroll in the Garden at Michael Hannen's Nursery**, 5:30 – 7 pm. See description under August 7. \$10 members; \$15 non-members. Registration required. **RCGC**

**September 17 – October 3: Basic Professional Floral Design Certificate**, six sessions, Tuesdays & Thursdays, 6:30 – 9 pm. Instructor Alana Miller has over 30 years experience in the floral industry. This 15-20 hour comprehensive program will guide students through the basic principles and techniques of floral design. Each intensive class will include a lecture and hands-on workshop. Students will create one or two arrangements to take home at each class. Flowers and materials included. \$395 members; \$495 non-members. Registration required. **RCGC**

**September 18: Visit Rochester's Castle**, 6 – 7:30 pm. Enjoy refreshments and guided tours of the interior of Warner Castle, built in 1854 by Horatio Gates Warner to resemble his ancestral castle in Scotland, and of its grounds, including the Alling DeForest-designed courtyard and sunken garden. Learn about planned projects for the gardens and see the progress. \$12. Registration requested. **RCGC**

**September 27 – 28: Flower Show**, 1 – 5:30 pm Friday; 9:30 am – 4 pm Saturday. *Fall Pleasures*, featuring floral designs, horticulture and floral crafts displayed throughout the Mansion, Carriage House, & grounds. Presented by 10 neighboring garden clubs. \$8. **SG**

**October 5: Natural Gardening Symposium**, 10 am – 5 pm. Featuring keynote speaker Ken Druse. Additional speakers include retired FLCC horticulture professor, Dr. Jana Lamboy, and Katherine Leiner, author of *Growing Roots: The New Generation of Sustainable Farmers, Cooks and Food Activists*. Book signings. Includes boxed lunch. \$75 members; \$85 non-members. **SG**

## SYRACUSE

### REGULAR CLUB MEETINGS:

**African Violet Society of Syracuse** meets the second Thursday of the month, September – May, Pitcher Hill Community Church, 605 Bailey Road, North Syracuse. 315/492-2562; kgarb@twcny.rr.com; avsofsyracuse.org.

**Central New York Orchid Society** meets the first Sunday of the month, September – May, St. Augustine's Church, 7333 O'Brien Road, Baldwinsville. Dates may vary due to holidays. 315/633-2437; cnyos.org.

**Gardeners of Syracuse** meets the third Thursday of each month at 7:30 pm, Reformed Church of Syracuse, 1228 Teall Avenue, Syracuse. Enter from Melrose Avenue. 315/464-0051.

**Gardeners in Thyme** (a women's herb club) meets the second Thursday of the month at 7 pm, Beaver Lake Nature Center, Baldwinsville. 315/635-6481; hbaker@twcny.rr.com.

**Habitat Gardening Club of CNY (HGCNY)** meets the last Sunday of most months at 2 pm, Liverpool Public Library. HGCNY is a chapter of Wild Ones:

Native Plants, Natural Landscapes; for-wild.org. Meetings are free and open to the public. 315/487-5742; hgcny.org.

**Koi and Water Garden Society of Central New York** usually meets the third Monday of each month at 7 pm. See web site for meeting locations. 315/458-3199; cnykoi.com.

**Syracuse Rose Society** meets the second Thursday of every month (except December and February) at 7 pm. Public welcome. Reformed Church of Syracuse, 1228 Teall Avenue, Syracuse. Enter from Melrose Avenue. Club members maintain the E. M. Mills Memorial Rose Garden, Thornden Park, Syracuse. crbau@aol.com; syracuserosesociety.org.

**Williamson Garden Club**. On-going community projects; free monthly lectures to educate the community about gardening. Open to all. 315/524-4204. grow14589@gmail.com; grow-thewilliamsongardenclub.blogspot.com.

### FREQUENT HOSTS

**CCE/ONE: Cornell Cooperative Extension, Oneida County**, 121 Second Street, Oriskany. 736/3394 x125; counties.cce.cornell.edu/Oneida.

### CLASSES / EVENTS

• Indicates activities especially appropriate for children and families.

S- Indicates plant sales.

T- Indicates garden tours.

**Ongoing through end of August: Pick Your Own Lavender**, 10 am – 5 pm. Over 2000 plants, 20 different varieties. Lockwood Lavender Farm, 1682 West Lake Road, Skaneateles. 315/685-5369; lockwoodfarm@aol.com; lockwoodfarm.blogspot.com.

**July 13 – 14: Finger Lakes Lavender Festival**. Lockwood Lavender Farm, 1682 West Lake Road, Skaneateles. 315/685-5369; lockwoodfarm@aol.com; lockwoodfarm.blogspot.com.

**July 22: Daylilies in the Garden and Kitchen**, 6:30 – 7:30 pm. Enjoy a tour of daylilies in the Parker Scripture Gardens with Master Gardeners Deborah Ouderkerk and Mary Ann Lorenz as they discuss the basics of growing daylilies and using the flowers for snacks, salads and sautés. \$5. Registration required. **CCE/ONE**

• **August 7: Carnivorous Plants**, 6:30 – 7:30 pm. Learn about sundews, pitcher plants and Venus Flytrap and the plants' mechanisms for luring, trapping and digesting insects. Obtain tips to grow your own windowsill companions. \$5; children free. Registration required. **CCE/ONE**

**August 21: Grill those Veggies**, 6 – 8 pm. Learn from master gardener volunteers about vegetable varieties. Susan Sady from Susan's Cooking School will demonstrate how to grill vegetables. She will make a grilled veggie whole wheat pasta salad for sampling using fresh vegetables from the gardens. Susan will answer questions and provide recipes. \$10. Registration required. **CCE/ONE**

### SAVE THE DATE...

**October 2: Pruning Tips & Getting Your Garden Ready for Winter**, 6:30 – 7:30 pm. Learn what to prune in the fall and proper techniques to get the job done along with how to winterize shrubs and trees. Learn tips on putting the garden to bed for the season and how to properly care for garden equipment. \$5. Registration required. **CCE/ONE**

## & BEYOND

### FREQUENT HOSTS

**KING: The King's Garden at Fort Ticonderoga**, Ticonderoga, NY. 518/585-2821; forticonderoga.org.

**PINE: Albany Pine Bush Discovery Center**, the best remaining example in the world of an inland pine barrens. 195 New Karner Road, Albany, NY. 518/456-0655; albanypinebush.org.

### CLASSES / EVENTS

• Indicates activities especially appropriate for children and families.

S- Indicates plant sales.

T- Indicates garden tours.

• **Ongoing July – August: Hands-on Horticulture**, Weekdays, 1:30 – 3:30 pm. Learn hands-on about lavender, iris division, how to be a citizen scientist and drying flowers for arrangements and crafts. For adults and children. **KING**

**Ongoing July – September: Herb Harvesting Demonstration**, Fridays, 10:30 am. **KING**

• **July 9: Growing up with Gardening – Sky High Hollyhocks**, 10:30 – 11:30 am. Ages 3-8. Kids learn how to grow hollyhocks and fashion dolls from the flowers. Includes seeds and instructions for growing at home. **KING**

**July 14: Garden Party**, 5:30 – 7 pm. See the garden in full bloom while enjoying food and music. Benefit to support preservation and education efforts in the King's Garden. Reservations required. **KING**

• **July 23: Growing up with Gardening – Know Me by My Leaf**, 10:30 – 11:30 am. Ages 3-8. Kids will learn how to distinguish the differences in a variety of leaves. A favorite will be made into a keepsake to take home. **KING**

• **July 28: Discover the Pine Bush**, 1 – 2 pm. Discover the natural history, seasonal surprises and transformations of this inland pine barrens. One-mile guided hike over rolling sand dunes. \$3 individual; \$5 family; children under 5 years free. Registration required. **PINE**

**August 5: Wildflower Stroll**, 11 am – 12 pm. Guided walk, less than 0.5 mile, to identify and observe some of the wildflowers of summer. Best suited for older children and adults. \$3; \$5 family; children under 5 years free. Registration required. **PINE**

• **August 6: Growing up with Gardening – All About Butterflies**, 10:30 – 11:30 am. Ages 3-8. Kids will learn the life cycle of butterflies and the types of plants they prefer. Includes project. **KING**

• **August 20: Growing up with Gardening – Sensational Sunflowers**, 10:30 – 11:30 am. Ages 3-8. Kids will learn about the lifecycle of annual plants and how they move in response to the sun. Includes project. **KING**

**August 31: Late Summer Flowers**, 1 – 2:30 pm. Guided walk, approximately 1 mile, to identify and observe some of the wildflowers of late summer. Best suited for older children and adults. \$3; \$5 family; children under 5 years free. Registration required. **PINE**

Deadline for Calendar Listings for the next issue (July-August) is Friday, June 14, 2013.

Please send your submissions to deb@upstategardenersjournal.com.



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# Facing our food

*by Christina Le Beau*



**R**ead any advice on raising good eaters and you'll see some variation of "involve kids in growing food." Conventional wisdom tells us this is because children are more likely to try something they've grown (or picked), enticed by the intimacy and novelty of it all. And it's true, if not an actual guarantee. But there are other reasons we should expose kids to food in its natural state.

Raising good eaters isn't just about getting kids to eat good food. It's also about teaching kids to understand why we make the food choices we do, how those choices affect our bodies and the environment, and, importantly, how that food got on our plates in the first place.

Whether we're planting-tending-harvesting ourselves, or just reaping the bounty (at farmers markets, CSAs, U-pick farms), we're helping kids appreciate the work and care behind every tomato, apple, egg and quart of milk. Today they're picking strawberries straight from the fields. Tomorrow they're shopping for themselves. And if we've done our jobs, then choosing sustainable-organic-local-ethical will be, for them, just the way it is.

For years, my husband and I purposely chose a CSA with a field-work requirement so our daughter

could see a vegetable farm in action. We've made a point of visiting working farms with animals, too. And while I love any farmers' market kid club, I particularly liked the year that Rochester's South Wedge Farmers Market gave kids a "Wedge Veg Passport" on which mini market-goers drew a picture of the fruit or vegetable of the week, then visited the featured farmer for a sample before heading back to the market manager's table for a passport stamp. Not only did the passports encourage kids to learn about and taste the food—they encouraged kids to talk to the farmer.

For me, that's just as important as the food itself—putting a face on our food, in every sense of that word. The farmer, the chicken, the cow, the pig, whoever and whatever made our food possible. Showing children real food comes from somewhere, not just from some place.

*Christina Le Beau lives in Rochester. She writes about raising food-literate kids at [www.spoonfedblog.net](http://www.spoonfedblog.net). This essay originally appeared on Spoonfed and in New York Organic News.*



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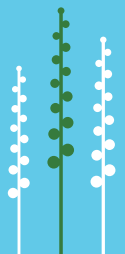
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